How to make a cloth face covering without sewing

HELPFUL REMINDERS:

- A cloth face covering is not a substitute for physical distancing. The best way to protect yourself and others is by staying #SaferAtHome.
- Be careful not to touch your eyes, nose, and mouth when removing your face covering.
- Wash your hands immediately after removing.

BANDANA METHOD

**Materials:**
- Coffee filter
- Bandana (or cotton cloth 20" x 20")
- Rubber bands or hair ties
- Scissors

**Steps**

1. Cut off the bottom of the coffee filter.

2. Fold the bandana in half.

3. Place the coffee filter in the center. Fold the top of the bandana down to the center. Fold the bottom of the bandanna up to the center.

4. Wrap the rubber bands around each end, about 6 inches apart.

5. Fold each side in to the center. Tuck one end into the other.

6. While holding the folded middle in place, gently tug each rubber band out to create the ear loops.

7. Place over mouth and nose and wrap each rubber band over an ear.

8. Wash cloth face covering and replace coffee filter, after each use.