

How to make a cloth face covering without sewing

HELPFUL REMINDERS:

- A cloth face covering is not a substitute for physical distancing. The best way to protect yourself and others is by staying **#SaferAtHome**.
- Be careful not to touch your eyes, nose, and mouth when removing your face covering.
- Wash your hands immediately after removing.

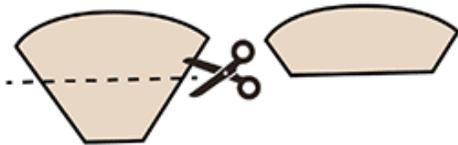
BANDANA METHOD

Materials:

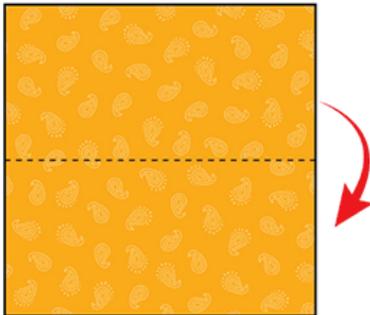
- Coffee filter
- Bandana (or cotton cloth 20" x 20")
- Rubber bands or hair ties
- Scissors

Steps

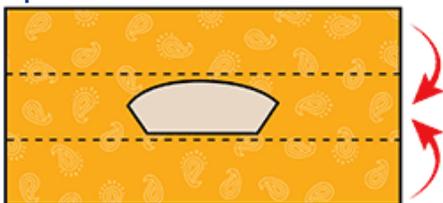
- 1** Cut off the bottom of the coffee filter.



- 2** Fold the bandana in half.



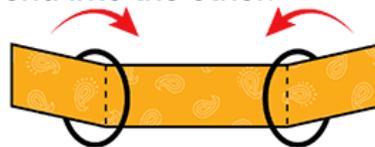
- 3** Place the coffee filter in the center. Fold the top of the bandana down to the center. Fold the bottom of the bandana up to the center.



- 4** Wrap the rubber bands around each end, about 6 inches apart.



- 5** Fold each side in to the center. Tuck one end into the other.



- 6** While holding the folded middle in place, gently tug each rubber band out to create the ear loops.



- 7** Place over mouth and nose and wrap each rubber band over an ear.



- 8** Wash cloth face covering and replace coffee filter, after each use.

