# **Enteral Nutrition Access**



ForwardHealth (Wisconsin's Medicaid Program) covers enteral nutrition.

#### What is enteral nutrition?

Some people aren't able to eat or can't get everything they need from food. Enteral nutrition is a special formula ordered by a doctor that can help. Some people take the formula through a feeding tube and others drink it.

#### What isn't enteral nutrition?

Enteral nutrition is **not**:

- Protein drinks for building muscle such as Muscle Milk.
- Special food such as gluten-free pancake mix.
- Lactose-free products such as almond milk.

### What should you do...

## ...if your doctor thinks you or your child needs special formula?

- **1** Your doctor will send you to an expert on diet and nutrition. This expert is called a dietician.
- 2 When you meet with the dietician, they will take notes about your or your child's health. The dietician will talk to you and your doctor, and your doctor will write a prescription for the formula.
- **3** You give the prescription to a supplier of formula, such as a home health agency, a pharmacy, or a medical equipment supply company.

The supplier will either have you pick up the formula or send it to you.

If you have any problems, you can call your doctor or your dietician and they can help you.



**MYTH:** ForwardHealth only covers formula given through a feeding tube.

**FACT:** ForwardHealth covers formula for members who may have to drink it, if they have certain health problems.

**MYTH:** ForwardHealth does not cover formula for people born with digestive problems.

**FACT:** ForwardHealth covers formula for people born with health problems that make them unable to digest normal food.



