

A man with a beard, wearing a black t-shirt and blue jeans, is sitting on a metal chair in a brightly lit hospital hallway. He is wearing black sneakers with white soles. On the back pocket of his jeans, a white price tag is attached, showing a price of \$24.99. The hallway has a polished floor and green chairs in the background.

**Prediabetes
is a lot like**

leaving the tags on.

**If you
just knew**

you'd change it.

If you have prediabetes, making a few small changes now can fix the high blood sugar that's damaging your health—before you develop type 2 diabetes. Take the 1-minute risk test.

[PreventDiabetesWI.org](https://www.PreventDiabetesWI.org)



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