



# Lub Tsev Kawm Ntawv thiab Kev Saib Xyuas Me Nyuam Yaus

## LUS QHIA RAU COV NIAM TXIV THIAB COV SAIB XYUAS ME NYUAM TXOG

### TUS KAB MOB COVID-19

(SCHOOL AND CHILD CARE COVID-19 INFORMATION FOR PARENTS AND GUARDIANS)

#### Kuv yuav tiv thaiv kuv tus me nyuam tawm tsam rau COVID-19 tau li cas?

- **Ua kom paub tseeb tias koj tsev neeg tau txhaj cov koob tshuaj tiv thaiv tus kab mob COVID-19 kom raws sij hawm.** Cov kev hloov kho tshiab ntawm cov tshuaj tiv thaiv tus kab mob COVID-19 muaj rau yuav luag txhua tus neeg muaj hnuv nyoog 6 hli nce mus. Nws yog ib qho tseem ceeb kom tau txhaj cov koob tshuaj tiv thaiv tus kab mob COVID-19 kom raws sij hawm kom tiv thaiv tau zoo tshaj plaws.
- **Ua kom paub tseeb tias koj tus me nyuam looj daim ntaub npog qhov ncauj qhov ntswg los sis lub tshuab pab ua pa** hauv lub cheeb tsam nroog uas muaj tus kab mob COVID-19 Siab Heev Hauv Qib Zej Zog yog tias lawv muaj hnuv nyoog 2 xyoos nce mus. Lawv kuj tuaj yeem looj tau ib daim yog tias nws ua rau lawv hnov tias muaj kev nyab xeeb dua, uas tsis tas xav txog Qib Zej Zog Ntawm tus kab mob COVID-19 li.
- **Coj koj tus me nyuam mus kuaj txog tus kab mob COVID-19.** Yog tias lawv tshwm sim muaj cov tsos mob, yuav tsum coj lawv mus kuaj kiag tam sim ntawd. Yog tias koj tus me nyuam tau chww rau tus kab mob COVID-19 lawm, lawv yuav tsum tau mus kuaj yam tsawg kawg li 5 hnuv tom qab kis tau tus kab mob.
- **Ua kom paub tseeb tias koj tus me nyuam ntxuav lawv ob txhais tes tas li** nrog xab npum thiab dej huv li yam tsawg kawg 20 vib nas this los sis kom lawv siv tshuaj tua kab mob ntxuav tes uas muaj cawv yam tsawg kawg 60%.
- **Kuaj xyuas Qib Zej Zog Txog tus kab mob COVID-19 ntawm koj cheeb tsam zej zog** thaum txiav txim siab rau koj tsev neeg. Koj tuaj yeem kuaj saib qib zej zog ntawm koj cheeb tsam zej zog tau ntawm [www.dhs.wi.gov/covid-19/data.htm](http://www.dhs.wi.gov/covid-19/data.htm).

#### Kuv tus me nyuam puas yuav tsum looj daim ntaub npog qhov ncauj qhov ntswg?

- **Xeev Wisconsin Department of Health Services (Lub Chaw Hauj Lwm Saib Xyuas Cov Kev Pab Cuam Kev Noj Qab Haus Huv) pom zoo tias txhua leej yuav tsum looj daim ntaub npog qhov ncauj qhov ntswg kom haum zoo hauv cov xwm txheej thiab cov chaw nram qab no:**
  - Hauv tag nrho cov chaw sab hauv tsev hauv cov cheeb tsam zej zog uas muaj Qib Zej Zog Txog tus kab mob COVID-19 siab heev
  - Hauv cov chaw saib xyuas kev noj qab haus huv, suav nrog cov chaw lis hauj lwm ntawm cov kws tu neeg mob hauv tsev kawm ntawv, tsis hais txog Qib Zej Zog Txog tus kab mob COVID-19 li
  - Li 10 hnuv tom qab tau kis rau tus kab mob COVID-19
  - Li yam tsawg kawg 10 hnuv tom qab tshwm sim muaj cov tsos mob los sis kuaj pom tias muaj tus kab mob COVID-19. Cov tib neeg tuaj yeem siv kev kuaj xyuas kab mob kom txo qis lub ncuaj sij hawm uas lawv yuav tsum tau looj daim ntaub npog qhov ncauj qhov ntswg tom qab cais tus kheej tawm nyob ib leeg. Kawm paub ntau ntawm [www.dhs.wi.gov/covid-19/diagnosed.htm](http://www.dhs.wi.gov/covid-19/diagnosed.htm).
- **Tsis pom zoo kom siv cov ntaub npov qhov ncauj qhov ntswg rau cov me nyuam yaus hnuv nyoog qis dua 2 xyoos thiab rau qee cov tib neeg uas muaj cov kev xiam oob qhab.** Hauv cov xwm txheej no, ua lwm cov kauj ruam xws li kev txhim kho kev lim cua thiab nyob sib nrug deb ntawm cov tib neeg kom tiv thaiv tau kev sib kis rau

- **Yog tias koj tus me nyuam muaj teeb meem txog qhov keeb tiv thaiv kab mob hauv lub cev los sis muaj kev xiam oob qhab uas ntxiv rau lawv txoj kev pheej hmoo yuav ua rau lawv mob hanyav tuaj nrog tus kab mob COVID-19, nug tus kws kho mob seb lawv puas yuav tsum tau looj daim ntaub npog qhov ncauj qhov ntswg hauv tsev kawm ntawv.**
- **Cov tsev kawm ntawv yuav xav kom rau daim ntaub npog qhov ncauj qhov ntswg hauv cov chav kawm ntawv los sis hauv lub sij hawm muaj qee cov kev ua ub ua no los pov thaiv cov tub ntxhais kawm uas muaj cov tsos mob uas ntxiv rau lawv txoj kev pheej hmoo yuav ua kom muaj mob hanyav tuaj nrog tus kab mob COVID-19.** Cov tub ntxhais kawm ntawv ua muaj cov tsos mob no yuav tsum tsis txhob muab tso rau hauv cov chav kawm ntawv sib cais los sis tsis li ntawd muab cais tawm ntawm lwm cov tub ntxhais kawm. Nrhaiv cov ntaub ntawv qhia thiab kev txhawb nqa tau ntawm [sites.edu.gov/idea/](https://sites.edu.gov/idea/).

## Yuav ua li cas yog tias kuv tus me nyuam kis tau tus kab mob COVID-19?

- **Koj tus me nyuam puas looj daim ntaub npov qhov ncauj qhov ntswg haum zoo thaum nyob ib ncig ntawm lwm cov neeg tom tsev,** hauv chaw rau pej xeem huab hwm, thiab hauv tsev kawm ntawv li 10 hnuv tom qab lawv kis tau tus kab mob.
- **Saib ntsoov seb puas muaj cov tsos mob** xws li hnoos, ua npaws, thiab lwm cov tsos mob ntawm tus kab mob COVID-19. Yog tias koj tus me nyuam tshwm sim muaj cov tsos mob, lawv yuav tsum cais tawm ntawm lwm tus neeg kom ntau li ntau tau thiab mus kuaj txog tus kab mob COVID-19.
- **Coj koj tus me nyuam mus kuaj yam tsawg kawg li 5 hnuv tom qab lawv kis tau tus kab mob COVID-19.** Yog tias lawv kuaj pom tias muaj mob, lawv yuav tsum cais tus kheej tawm tom tsev.
- **Mus saib hauv [www.dhs.wi.gov/covid-19/close-contacts.htm](https://www.dhs.wi.gov/covid-19/close-contacts.htm)** txhawm rau los mus kawm paub ntxiv txog yam yuav tau ua tom qab chwv tau tus kab mob COVID-19.

## Yuav ua li cas yog tias kuv tus me nyuam muaj mob?

- **Yog tias koj tus me nyuam muaj cov tsos mob ntawm tus kab mob COVID-19, lawv yuav tsum pib looj daim ntaub npog qhov ncauj qhov ntswg kom haum zoo, nyob twj ywm tom tsev, thiab mus kuaj mob.** Yog tias lawv kuaj pom tias muaj mob, lawv yuav tsum nyob twj ywm tom tsev rau yam tsawg li ntawm 5 hnuv thiab tom qab ntawd looj daim ntaub npog qhov ncauj qhov ntswg kom haum zoo thaum nyob ib ncig ntawm lwm tus neeg li ntawm 5 hnuv ntxiv.
- **Yog tias koj tus me nyuam kuaj pom tias tsis muaj tus kab mob COVID-19,** lawv yuav tsum nyob twj ywm tom tsev kom txog thaum lawv tsis muaj npaws lawm li 24 teev uas tsis tau noj tshuaj txo kev ua npaws thiab tsis muaj lwm cov tsos mob xws li kev ntuav thiab raws plab lawm. Yog tias ua ntej ntawd koj tus me nyuam tau kuaj pom tias tsis muaj mob, nws txhais tau tias qhov kev kuaj ntawd kuaj tsis pom tus kab mob COVID-19 thaum ntawd, tab sis tsis tau txiav txim siab tias lawv tuaj yeem muaj mob. Yog tias lawv tseem muaj cov tsos mob ntawm tus kab mob COVID-19, rov kuaj dua li ntawm 48 teev tom qab lawv kev kuaj uas tsis pom muaj kab mob thawj zaug ntawd.
- **Mus saib hauv [www.dhs.wi.gov/covid-19/diagnosed.htm](https://www.dhs.wi.gov/covid-19/diagnosed.htm)** yog xav paub ntxiv txog yam yuav tau ua yog tias koj tus me nyuam muaj cov tsos mob los sis kuaj pom muaj tus kab mob COVID-19.

