



Txhawb Nqa Kom Muaj Kev Txhaj Tshuaj Tiv Thaiv Kab Mob Hlab Ua Pa Cuab Yeej rau Cov Kws Muab Kev Saib Xyuas Kho Mob Hauv Xyoo 2023-2024

(Promoting Respiratory Illness Vaccination 2023–2024 Toolkit for Health Care Providers)

Wisconsin Department of Health Services (Lub Tuam Tsev Hauj Lwm ntsig txog Cov Kev Pab Cuam Kev Noj Qab Haus Huv) |
Division of Public Health (Feem Hauj Lwm Ntsig Txog Zej Tsoom Li Kev Noj Qab Haus Huv)

Bureau of Communicable Diseases (Chaw Ua Hauj Lwm Saib Xyuas Tus Kab Mob Sib Kis) | Tshooj Hais Txog Kev Txhaj Tshuaj
Tiv Thaiv Kab Mob

Cov Tshooj Lus

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Kev Qhia Neeg Mob thiab Cov Cuab Yeej Nthuav Tawm

Koj niam thiab txiv ntseeg koj los muab cov ntaub ntawv qhia paub kom raug txog kev nyob kom muaj kev noj qab haus huv thiab tau txais kev pov thaiv rau cov mob hlab ua pa. Kom paub ntaub ntawv tshiab tas li los ntawm kev tshab xyuas tsis tu ncua [kev soj ntsuam tus kab mob vais lav hlab pas thiab ntaub ntawv qhia paub txog kev txhaj tshuaj tiv thaiv kab mob hauv lub xeev](#). Txhawb nqa kev txhaj tshuaj tiv thaiv kab mob khaub thusas los ntawm kev faib qhia tej ntaub ntawv uas muaj kev hloov kho tshiab uas muaj nyob hauv cov cuab yeej thiab Centers for Disease Control and Prevention (Lub Chaw Hauj Lwm Tswj thiab Tiv Thai Kab Mob) (CDC) [HCP Pob Cuab Yeej Tawm Tsam Kab Mob Khaub Thuas, ccov peev txheej kev pab txog kev txhaj tshuaj tiv thaiv COVID-19 rau cov kws muab kev pab cuam kho mob](#), thiab [RSV cov peev txheej kev pab rau cov kws muab kev pab cuam kho mob](#). Ceeb toom qhia koj cov neeg mob tias nws tseem tsis tau lig dhau kom tau kev pov thaiv tawm tsam rau tus mob hlab ua pa nrog kev txhaj tshuaj tiv thaiv kab mob thiab kev tu huv kom raug.

Cov Ntawv Tso Tawm, Cov Ntawv Ua Duab Qhia, thiab Cov Ntawv Qhia Qhov Tseeb

- Luam [cov ntawv tshaj tawm thaib cov ntaub ntawv luam tawm](#) pub dawb, thiab [cov duab qhia txog xwm hauv qhov loj me sib txawv, cov hom ntawv, thiab hom lus rau cov neeg saib sib txawv hais txog kev txhaj tshuaj tiv thaiv kab mob khaub thusas. Siv cov duab piav qhia](#) pub dawb, thiab [cov ntawv tshaj tawm thiab cov ntaub ntawv luam tawm](#) hais txog COVID-19. Siv cov ntawv qhia qhov tseeb, cov duab qhia xwm, thiab cov kev kaw suab xov tooj cua pub dawb hais txog RSV.
- Siv [cov duab txawj txav, cov vib dis aus](#), los sis [cov lus nug tej yam tsis tseem ceeb](#) hauv This Vis hauv cov chaw tos txhaj tshuaj los sis rub lawv nce mus rau koj lub vev xaib hais txog tus mob khaub thusas thiab COVID-19.
- Puas yog tab tom nrhiav lwm cov chaw muaj ntaub ntawv los sis cov ntawv tso tawm rau koj lub chaw ua hauj lwm? Kuaj xyuas hauv phab vev xaib hais txog [DHS Cov Kab Mob Vais Lav Hauv Txoj Hlab Ua Pa](#) kom paub ntau ntxiv txog COVID-19, kab mob khaub thusas, thiab RSV. Cov peev txheej kev pab ntxiv xam muaj Family Fighting Flu (Tsev Neeg Tawm Tsam Nrog Kab Mob Khaub Thuas) [cov peev txheej pub dawb](#) los sis Tsev Kho Mob Me Nyuam Yaus Hauv Philadelphia [cov peev txheej kev pab fab kev kawm txog koob tshuaj tiv thaiv kab mob](#) siv tau zoo heev no.

Nrog Cov Neeg Mob thiab Niam thiab Txiv Tham

Saib hauv [cov kev coj ua zoo tshaj plaws](#) kom cov lej kev txhaj tshuaj tiv thaiv kab mob khaub thusas ntau tuaj hauv koj txoj kev xyaum, kawm paub txog txoj hauv kev ua [lus pab tswv yim txog koob tshuaj tiv thaiv kab mob zoo](#) rau koj cov neeg mob, [nrog koj cov neeg mob tham hais txog COVID-19](#), thiab nrhiav cov lus qhia txog kev teb cov nqe lus nug uas nquag nug hais txog [tus mob khaub thusas](#) thiab [COVID-19](#).

Cov Kev Tso Tawm Xaus Xias Mis Diam

Faib qhia txog cov ntawv xov xwm thiab cov duab piv txwv (uas muaj nyob hauv pob cuab yeej no) hauv koj cov sam thiaj xov xwm rau pej xeem. Tsis tas li ntawd, koj kuj tseem tuaj yeem faib qhia txog cov kev tshaj tawm hauv xov xwm rau pej xeem los ntawm DHS thiab lwm cov koom haum (xws li CDC los sis World Health Organization (Lub Koom Haum Kev Noj Qab Haus Huv Ntiaj Teb)) hauv koj cov tshooj xov xwm zej tsoom ntiag tug. Thov muab cov ntaub ntawv qhia paub rau hauv ua ke hauv cov khoos kas koob tshuaj tiv thaiv kab mob pub dawb los sis muaj tus nqi-qis uas koj muaj rau cov neeg uas tsis muaj ntawv tuav pov hwm/muaj ntawvtuav pov hwm tsawg.

Lub Vev Xaib Cov Ev Ntsaws Rau Ib Sab

Ntxiv CDC [cov ntsiab lus txog kab mob khaub thusas](#) thiab [koob tshuaj tiv thaiv kab mob](#) tau yooj yim rau koj lub vev xaib los pab txhawb siab rau cov neeg nyob hauv lub zej zog kom mus txhaj tshuaj tiv thaiv kab mob los ntawm kev siv [key nthuav qhia txog cov ntsiab lus.](#)

Cov Qauv Kev Ceeb Toom Kev Teem Caij Sib Ntsib

- Tsim [tsab ntawv ceeb toom qhia paub/rov nqua hu](#) los ntawm Wisconsin Immunization Registry (Lub Chaw Teev Txog Kev Txhaj Tshuaj Tiv Thaiv Kab Mob Hauv Wisconsin) (WIR) los pab koj cov neeg mob kom txhaj lawv cov koob tshuaj tiv thaiv kab mob tshiab tas li.
- Siv CDC [daim qauv xa ntawv email](#) uas yus kho tau los ceeb toom rau koj cov neeg mob los teem caij mus txhaj lawv cov koob tshuaj tiv thaiv kab mob khaub thusas.
- Hloov kho tau yooj yim Lub Koom Haum Cov Thawj Tswj Xyuas Kev Txhaj Tshuaj Tiv Thaiv Kab Mob [cov npav tshaj qhia txog kev tshaj tshuaj tiv thaiv kab mob tas li](#) los ceeb toom qhia rau koj cov neeg mob tias lawv tuaj yeem hu rau koj kom teem caij tuaj txhaj tshuaj tau.

Tus Qauv Kev Tshaj Tawm Xov Xwm

Qhov no yog daim qauv kev tso tawm xov xwm piv txwv rau cov kws saib xyuas kev noj qab haus huv zej zog, cov tuam tsev hauj lwm ntsig txog kev noj qab haus huv, thiab cov thawj coj fab kev noj qab haus huv ntawm haiv neeg tsawg hauv Wisconsin siv tau. Peb xav kom koj kho tus qauv kom raug raws li cov kev xav tau ntawm koj lub chaw txiav txim.

Rau Kev Tshaj Xov Xwm Tam Sim

Hnub tim: [xx-xx-xxxx]

Pov Thaiv Koj thiab Koj Tsev Neeg hauv Lub Caij Muaj Kab Mob Hlab Ua Pa no nrog Cov Koob Tshuaj Tiv Thaiv Kab Mob

Nws yeej tsis lig kiag li uas yuav pov thaiv koj tus kheej, tsev neeg, thiab lub zej zog nrog tus mob khaub thusas, COVID-19, thiab cov koob tshuaj tiv thaiv kab mob RSV uas yog cov neeg laus muaj hnub nyoog lawm

Vim tias cov kab mob hlab ua pa yuav sib kis mus ntxiv, cov neeg ua hauj lwm hauv chaw hauj lwm saib xyuas kev noj qab haus huv rau pej xeem xav kom koj los pov thaiv koj tus kheej thiab koj tsev neeg los ntawm kev mus txhaj koob tshuaj tiv thaiv khaub thusas thiab COVID-19 txhua xyoo. Koj tuaj yeem txhaj tau tag nrho ob koob tshuaj tiv thaiv kab mob ua ke kiag tsuav yog tias cov kab mob tseem muaj kev sib kis. Xyoo no, CDC kuj tau pom zoo muab koob tshuaj tiv thaiv kab mob RSV uas muaj ib-koob rau cov neeg laus uas muaj hnub nyoog siab dua 60 xyoo. Cov neeg muaj hnub nyoog 60 xyoo nce mus yuav tsum nrog lawv tus kws kho mob tham los saib seb koob tshuaj tiv thaiv kab mob RSV yuav haum rau lawv li cas. Cov koob tshuaj tiv thaiv kab mob muaj kev nyab xeeb thiab siv tau zoo thiab yog txoj hau kev zoo tshaj plaws los pov thaiv tawm tsam rau tus kab mob hlab ua pa kom txhob mob loj. Nws yeej tsis tau lig kiag uas yuav mus txhaj tshuaj tiv thaiv kab mob li.

"Thaum peb mus txhaj tshuaj tiv thaiv kab mob, peb pov thaiv peb tus kheej thiab cov neeg uas peb hlub kom tsis txhob tau cov mob hlab ua pa, tzo qis kev tau mus pw hauv tsev kho mob thiab kev tag sim neej, thiab pab kom peb cov zej zog muaj kev nyab xeeb dua qub tuaj." [insert health officer name and name of local health department] tau hais. "Thaum mus txhaj cov koob tshuaj tiv thaiv tus mob hlab ua pa lawm, koj pov thaiv tau koj tus kheej thiab koj lub zej zog kom tsis txob muaj tus kab mob loj."

Txhua leej hnub nyoog 6 lub hlis nce mus yuav tsum tau mus txhaj koob tshuaj tiv thaiv kab mob khaub thusas thiab COVID-19 txhua xyoo. Kev mus txhaj koob tshuaj tiv thaiv khaub thusas thiab Tus Kab Mob COVID-19

yeej tseem ceeb tshwj xeeb rau cov neeg uas muaj kev pheej hmoo siab zog yuav muaj cov kev mob tus kab mob loj, suav nrog:

- Cov neeg uas muaj cev xeeb me nyuam
- Cov me nyuam yaus tseem yau
- Cov neeg uas muaj hnub nyoog 65 xyoos nce mus, tshwj xeeb mas yog cov neeg nyob hauv cov chaw uas muaj neeg coob nyob ua ke
- Cov neeg muaj qee cov zwj ceeb fab kev kho mob, xws li mob hawb pob los sis tus kab mob plawv

Txhua tus neeg hnub nyoog 60 xyoo nce mus yuav tsum tau mus tham nrog lawv tus kws kho mob hais txog kev mus txhaj koob tshuaj tiv thaiv kab mob RSV txhua xyoo. Koob tshuaj tiv thaiv kab mob RSV uas tau kev pom zoo no yuav pov thaiv tau cov neeg laus uas muaj hnub nyoog kom tsis txhob muaj mob RSV loj heev, tshwj xeeb mas yog cov neeg nyob hauv cov chaw uas muaj neeg coob nyob ua ke. Niam thiab txiv ntawm cov me nyuam mos thiab cov me nyuam yaus hnub nyoog qis dua ob xyoos kuj xav kom mus tham nrog lawv tus me nyuam tus kws kho mob me nyuam yaus hais txog kev mus txhaj ib koob tshuaj ntawm nirsevimab, cov roj ntsha tiv thaiv kab mob monoclonal, los tiv thaiv kev mob nkeeg loj los ntawm tus kab mob RSV.

Cov kws muab kev pab cuam saib xyuas kev noj qab haus huv hauv [insert your jurisdiction name] tab tom ua kom paub tseeb tias koj tseem yuav mus txhaj tau tshuaj tiv thaiv kab mob hauv ib txoj hau kev muaj kev nyab xeeb thiab yooj yim. Koj yuav mus txhaj tau koob tshuaj tiv thaiv kab mob khaub thuas tau txhua xyoo ntawm [list any known flu vaccine sites in your jurisdiction] thiab koob tshuaj tiv thaiv COVID-19 txhua xyoo ntawm [list any known COVID-19 vaccine sites in your jurisdiction]. Yog tias koj muaj hnub nyoog siab dua 60 xyoo, koj mus txhaj koob tshuaj tiv thaiv tus kab mob RSV tau ntawm koj tus kws kho mob lub chaw ua hauj lwm los sis lub khw muag tshuaj hauv zej zog tau. Thov kuaj xyuas nrog koj txoj phiaj xwm is sas las pov hwm kev noj qab haus huv hais txog cov nqi twg uas cuam tshuam nrog txhua koob tshuaj tiv thaiv kab mob. Yog tias koj tsis muaj daim ntawv tuav pov hwm, kuaj xyuas nrog [insert name of free vaccine clinics in your jurisdiction] thiab [Bridge Access Program \(Lub Khoos Kas Kev Nkag Txog Choj\)](#).

Kev mus txhaj tshuaj tiv thaiv kab mob yog ib txoj ntawm cov hau kev zoo tshaj plaws kom muaj kev noj qab haus huv thiab tiv thaiv kom txhob muaj mob nrog cov kev mob tus kab mob hlab ua pa xws li kab mob khaub thuas, COVID-19, thiab tus kab mob RSV. Nws yeej tsis tau lig kiag uas yuav ua kom muaj kev pov thaiv. Koj tuaj yeem mus txhaj tau koj koob tshuaj tiv thaiv kab mob khaub thuas, koob tshuaj tiv thaiv COVID-19, thiab koob tshuaj tiv thaiv tus kab mob RSV txhua xyoo tau yooj yim (yog tias muaj hnub nyoog 60 xyoo nce mus) hauv lub caij nyog muaj mob hlab pas no. Hu rau koj tus kws kho mob los sis lwm tus kws muab kev pab cuam saib xyuas kev noj qab haus huv hnub no kiag los teem caij mus txhaj koob tshuaj tiv thaiv kab mob rau koj tus kheej thiab koj tsev neeg. Yog tias txhawj xeeb txog tus nqi tshuaj tiv thaiv kab mob, tej zaum koj los sis koj [cov me nyuam](#) yuav muaj cai tau txais [cov tshuaj tiv thaiv kab mob ua tus nqi qis los sis tsis xam nqi](#) [or insert your local vaccine program information].

Daim Duab Qhia Kev Txog Tsab Lus Qhia Txog Koob Tshuaj Tiv Thaiv Tus Mob Hlab Ua Pa

Cov Ntaub Ntawv Feem Dav

- Cov koob tshuaj tiv thaiv kab mob muaj kev nyab xeeb thiab yog txoj hau kev zoo tshaj plaws los pov thaiv koj tus kheej thiab cov neeg yus hlab kom tsis txhob muaj cov mob hlab ua pa.
- Ntau pua lab leej ntawm Cov Neeg Meskas tau mus txhaj cov koob tshuaj tiv thaiv kab mob khaub thuas hauv 50 xyoo dhau los no yam muaj kev nyab xeeb lug, thiab twb tau muaj kev tshawb fawb ntxiv uas qhia meej tias muaj kev nyab xeeb txog cov koob tshuaj tiv thaiv kab mob khaub thuas thiab COVID-19.
- Vim tias tus kab mob khaub thuas, COVID-19, thiab tus kab mob RSV puav leej yog cov kab mob hlab ua pa sib kis tau, lawv sib kis tau los ntawm peb cov kab mob vais lav sib txawv thiab yuav tsum tau txhaj peb cov koob tshuaj tiv thaiv kab mob sib txawv.

- Tiv tauj tus kws kho mob los sis lwm tus kws muab kev pab cuam saib xyuas kev noj qab haus huv yog tias koj muaj cov lus nug hais txog kev txhaj tshuaj tiv thaiv tus kab mob khaub thusas, COVID-19, los sis tus kab mob RSV.

Cov Ntawv Xa Xov Tseem Ceeb	Cov Ntaub Ntawv Pab Txhawb Nqa
1. Nws yeej tsis tau lig kiag uas yuav mus txhaj koj cov koob tshuaj tiv thaiv kab mob khaub thusas, COVID-19, thiab tus kab mob RSV li.	<ul style="list-style-type: none"> • Txhua leej uas muaj hnub nyooog 6 hli nce mus yuav tsum mus txhaj koob tshuaj tiv thaiv kab mob khaub thusas thiab koob tshuaj tiv thaiv COVID-19 raws li pom zoo los ntawm Centers for Disease Control and Prevention (Lub Chaw Hauj Lwm Tswj thiab Tiv Thaiv Kab Mob), Wisconsin Department of Health Services (Lub Tuam Tsev Hauj Lwm ntsig txog Cov Kev Pab Cuam Kev Noj Qab Haus Huv), thiab [insert your organization's name]. • Txhua leej uas muaj hnub nyooog 60 xyoo nce mus yuav tsum nrog lawv tus kws kho mob tham hais txog seb koob tshuaj tiv thaiv kab mob RSV puas tau txais kev pom zoo rau lawv txhaj. • Yuav siv sij hawm ntev li ob lub lim tiام kom koob tshuaj tiv thaiv kab mob khaub thusas thiab COVID-19 kom ua tau hauj lwm tau txhij txhua los ntawm kev pab kom koj lub lab npaav keeb tiv thaiv kab mob hauv koj lub cev los tsim tau cov roj ntsha tiv thaiv kab mob hauv nrog cev uas pov thaiv koj tsis pub tau tus kab mob vais lav. • Txawm tias koj tsis tau mus txhaj tshuaj tiv thaiv kab mob ua ntej lub caij muaj mob hlab ua pa tau pib lawm, nws yeej tseem tsis tau lig uas yuav tau kev pov thaiv los ntawm cov koob tshuaj tiv thaiv kab mob khaub thusas, COVID-19, thiab tus kab mob RSV li.
2. Kev mus txhaj koob tshuaj tiv thaiv kab mob khaub thusas, COVID-19, thiab tus kab mob RSV yuav pov thaiv tau koj thiab cov neeg nyob ib ncig koj.	<ul style="list-style-type: none"> • Cov kab mob hlab ua pa zoo li mob khaub thusas, RSV, thiab COVID-19 yuav sib kis tau yooj yim thaum cov neeg sib sau nyob ua ke coob leej thiab tshwj xeeb mas yog thaum nyob hauv tsev. • Kev mus txhaj koj koob tshuaj tiv thaiv kab mob khaub thusas txhua xyoo thiab kev txhaj koob tshuaj tiv thaiv COVID-19 kom tshiab tas li yuav pov thaiv tau koj kom tsis pub kis tau thiab kis tus kab mob mus rau lwm tus tau thiab. Yog tias koj muaj hnub nyooog 60 xyoo nce mus, kev mus txhaj koob tshuaj tiv thaiv kab mob RSV txhua xyoo yuav pov thaiv tau koj thiab koj lub zej zog kom tsis txhob muaj tus kab mob RSV. • Cov me nyuam mos hnub nyooog 8 hli los sis yau dua ntawd thiab cov me nyuam yaus muaj hnub nyooog 8-19 lub hlis uas muaj kev pheej hmoo ntau tuaj uas yuav muaj tus mob loj los ntawm tus kab mob RSV yuav mus txhaj tau ib koob ntawm koob tshuaj nirsevimab los tiv thaiv kom txhob muaj mob loj los ntawm tus kab mob RSV. • Txhua leej hnub nyooog 6 lub hlis nce mus yuav tsum tau mus txhaj lawv koob tshuaj tiv thaiv kab mob khaub thusas txhua xyoo thiab mus txhaj koob tshuaj tiv thaiv COVID-19 kom tshiab tas li.
3. Hu rau tus kws muab kev pab cuam kho mob los sis lwm tus kws muab kev pab cuam saib xyuas kho mob rau fab kev noj qab haus huv los teem caij txhaj koob tshuaj tiv thaiv tau hnub no kiag!	<ul style="list-style-type: none"> • Koj yuav mus txhaj koob tshuaj tiv thaiv kab mob tau ntawm koj tus kws kho mob lub chaw ua hauj lwm, lub khw muag tshuaj hauv zej zog, lub tuam tsev hauj lwm ntsig txog kev noj qab haus huv hauv zej zos, los sis nrhiav tus kws txhaj tshuaj tiv thaiv kab mob tau ntawm Vaccines.gov. • Yog tias muaj kev txhawj xeeb txog tus nqi ntawm koob tshuaj tiv thaiv kab mob, koj los sis koj cov me nyuam yuav muaj cai tsim nyog tau txais cov koob tshuaj tiv thaiv kab mob pub dawb los sis muaj tus nqi qis los sis muaj cai tsim nyog rau Bridge Access Program (Lub Khoos Kas Kev Nkaq Txog Choi). • Muaj ntau yam koob tshuaj tiv thaiv kab mob uas muab tau rau txhua leej kom mus txhaj koob tshuaj tiv thaiv kab mob tau. • Koj yeej yuav mus txhaj tau tag nrho ob koob tshuaj tiv thaiv kab mob khaub thusas thiab koob tshuaj tiv thaiv COVID-19 tau yam nyab xeeb lug nyob rau tib lub sij hawm uas mus ntsib kws kho mob ntawd.

Tus Qauv Cov Ntawv Xa Xov Xaus Xias Mis Diam

Koj ua lub luag hauj lwm tseem ceeb hauv kev coj koj cov neeg mob mus txhaj tshuaj tiv thaiv kab mob. Txhawb nqa kom muaj kev txhaj tshuaj tiv thaiv tus mob hlab ua pa los ntawm kev faib qhia txog cov tsab lus tseem ceeb no hauv koj cov tshooj xov xwm zej tsoom. Thov siv thiab hloov kho lawv tau ywj siab. Kho kom qhia txog tus yam ntxwv ntawm koj lub koom haum thiab cov kev xav tau txog koj cov neeg caum hauv xov xwm zej tsoom.

Cov duab uas tau txuas nkag kuj yog cov lus qhia. Vim tias qee cov duab no pub siv tau dawb, koj lub koom haum yuav muaj cov cai uas txwv txog txoj kev coj mus siv. Kuaj xyuas nrog koj pab pawg ua hauj lwm txog fab kev cai lij choj hais txog koj cov cai txog kev siv cov duab uas txuas mus rau hauv qab no.

Lub caij nyoog	Cov Ntaub Ntawv Tshaj Tawm	Txoj kab txuas mus rau daim duab
Thaum Pib Lub Caij Nplooj Ntoos Zeeg	Nws pib tau zoo heev mus rau lub xyoo kawm tshiab no! Pab kom koj cov me nyaum kawm paub thiab mus kawm tau ntawv los ntawm kev txhaj cov koob tshuaj tiv thaiv kab mob raws txhua lub caij kom tshiab tas li, suav nrog koob tshuaj tiv thaiv COVID-19 thiab tus kab mob khaub thuas. #PreventionIsProtection	<ul style="list-style-type: none">• https://unsplash.com/photos/fu3RFotmMdE• https://www.pexels.com/photo/girl-getting-vaccinated-3992931/
Thaum Pib Lub Caij Nplooj Ntoos Zeeg	Lub caij mob hlab ua pa los txog lawm! COVID-19, tus kab mob khaub thuas, thiab tus kab mob RSV yuav ua rau koj cov me nyuam muaj mob loj tau. Pab pov thaiv koj cov me nyuam los ntawm kev coj lawv mus txhaj tshuaj tiv thaiv kab mob thiab txhawb rau kom lawv ntxuav tes tas li. Yog tias txhawj xeeb txog tus nqi, kuaj xyuas Wisconsin lub khoos kas Cov Koob Tshuaj Tiv Thaiv Kab Mob rau Cov Me Nyuam Yaus: https://www.dhs.wisconsin.gov/immunization/vfc.htm	<ul style="list-style-type: none">• https://www.pexels.com/photo/red-leaf-trees-near-the-road-33109/• https://www.pexels.com/photo/photo-of-kids-smiling-8087930/
Thaum Yuav Tag Lub Caij Nplooj Ntoos Zeeg	Pab koj tsev neeg kom nquag plias thiab muaj kev noj qab nyob zoo hauv lub caij ntuj no xyoo no los ntawm kev mus txhaj tshuaj tiv thaiv kab mob tiv thaiv COVID-19 thiab tus kab mob khaub thuas. Koj yuav mus txhaj tag nrho ob hom hauv tib lub sij hawm tau! Hu rau tus kws kho mob los sis lub khw muag tshuaj kom teem caij mus txhaj tau hnub no kiag. #TogetherWeAreStrong	<ul style="list-style-type: none">• https://www.pexels.com/photo/women-playing-basketball-2116469/• https://www.pexels.com/photo/a-man-pulling-a-sled-and-snow-tube-6617820/
Hnub Thanksgiving (Tshaj tawm hauv los sis ze rau hnub 11/23)	Hnub Thanksgiving no peb thov ua tsaug rau cov koob tshuaj tiv thaiv kab mob heev li! Cov koob tshuaj tiv thaiv kab mob yog txoj hau kev uas muaj kev nyab xeeb thiab siv tau hauj lwm zoo los pov thaiv kom tsis txhob muaj tus kab mob loj. Nco ntsoov mus txhaj koob tshuaj tiv thaiv COVID-19 thiab tus kab mob khaub thuas ua ntej lub caij so thoob teb chaws no. #TogetherWeAreStrong	https://www.pexels.com/photo/family-preparing-food-in-the-kitchen-4262010/
Lub caij ntuj no	Cov kev mob hlab ua pa yeej tsis yog kev ua si kiag li. Pab koj cov me nyuam kom muaj kev noj qab nyob zoo los ntawm kev txhawb kom lawv ntxuav tes, npog lawv lub qhov ntswg thiab qhov ncauj thaum lawv txham los sis hnoos, thiab mus txhaj koob tshuaj tiv thaiv COVID-19 thiab tus kab mob khaub thuas. #PreventionIsProtection	https://unsplash.com/photos/aeh1dbl_a7I

Cov Hnub So Ntawm Lub Caij Ntuj No	Puas tau npaj txhij rau lub caij so hauv lub caij ntuj no? Nyob kom noj qab nyob zoo nrog cov kauj ruam no kom koj thiab li muaj kev lom zem txuas ntxiv mus tau nrog koj cov kev ua si hauv lub caij ntuj no uas koj nyiam: 1. Mus txhaj koj koob tshuaj tiv thaiv kab mob khaub thusas thiab COVID-19 2. Ntxuav koj ob txhais tes nrog xab npum thiab dej 3. So kom txaus-txaus thiab tawm dag zog. #EnjoyAHealthyBreak	<ul style="list-style-type: none"> https://www.pexels.com/photo/a-young-girl-playing-in-the-snow-6289793/ https://unsplash.com/photos/zqeXZRnW7I4
Cov Hnub So Ntawm Lub Caij Ntuj No	Muab khoom plig uas yog kev noj qab haus huv rau lub caij so thoob teb chaws no! Mus txhaj tshuaj tiv thaiv cov kab mob hlab ua pa yog txoj hau kev zoo tshaj plaws los pov thaiv koj tus kheej thiab cov neeg uas koj hlub. #HealthIsAGift #HappyHealthyHolidays	<ul style="list-style-type: none"> https://www.pexels.com/photo/a-girl-putting-a-christmas-star-on-a-christmas-tree-5727889/ https://www.pexels.com/photo/photo-of-father-kissing-the-forehead-of-his-daughter-6114368/
Lub Ib Hlis Ntuj	Xyoo tshiab, kom muaj kev pov thaiv zoo heev tiv thaiv kab mob! Txoj hauv kev daws teeb meem hauv Lub Xyoo Tshiab no zoo tshaj yog mus txhaj tshuaj tiv thaiv kab mob khaub thusas thiab COVID-19. Nrhiav qhov chaw mus txhaj koob tshuaj tiv thaiv kab mob nyob ze koj: https://www.vaccines.gov/search/	<ul style="list-style-type: none"> https://www.pexels.com/photo/a-cute-boy-wearing-a-black-suit-jacket-and-bow-laughing-under-a-falling-confetti-6363874/ https://www.pexels.com/photo/kids-inside-a-tipi-tent-7600186/
Hnub Sib Hlub (Tshaj tawm hauv los sis ze rau hnub 2/14)	Paj ntshua nplaim liab. Paj Violets xiav. Txhaj tshuaj tiv thaiv kab mob rau koj thiab koj tsev neeg los pov thaiv kom tsis txhob pub mob COVID-19 thiab tus kab mob khaub thusas. #GiftsThatMatter	https://www.pexels.com/photo/medical-stethoscope-and-mask-composed-with-red-foiled-chocolate-hearts-4386466/
Lub Peb Hlis Ntuj/Thaum Pib Lub Caij Nplooj Ntoos Hlav	Caij ntuj tshiab twb yuav los txog! Tab sis cov kab mob tseem muaj zog heev li. Nws yeej tseem tsis tau lig kiag yuav mus txhaj cov koob tshuaj tiv thaiv kab mob khaub thusas thiab COVID-19 thiab pov thiav kom tsis txhob tau tus kab mob loj. #TogetherWeAreStrong	<ul style="list-style-type: none"> https://www.pexels.com/photo/a-happy-family-in-the-park-4543640/ https://www.pexels.com/photo/child-in-red-jacket-and-black-pants-standing-on-water-puddle-5792945/

Yog tias koj siv tej qhov twg ntawm cov qauv kev tso tawm no los sis muaj lus pab tswv yim, thov qhia rau peb paub! Puas muaj lus nug? Puas xav tau kev pab? [Saum email rau peb!](#)

Koj kuj tuaj yeem siv lwm cov peev txheej kev pab txog kev sib txuas lus ntawm CDC pub dawb tau txog [tus kab mob khaub thusas](#) thiab [COVID-19](#) los sis Family Fighting Flu (Tsev Neeg Tawm Tsam Nrog Kab Mob Khaub Thusas) [pob cuab yeej](#). Xav txog kev tshaj tawm hais txog thiab kev faib qhia txog Lub Tsev Kho Mob Rau Me Nyuam Yaus hauv Philadelphia [ghov vib dis aus nkees](#) thiab [tej nkees uas tsis tseem ceeb](#) txog kev txhaj tshuaj tiv thaiv kab mob rau fab kev kawm.