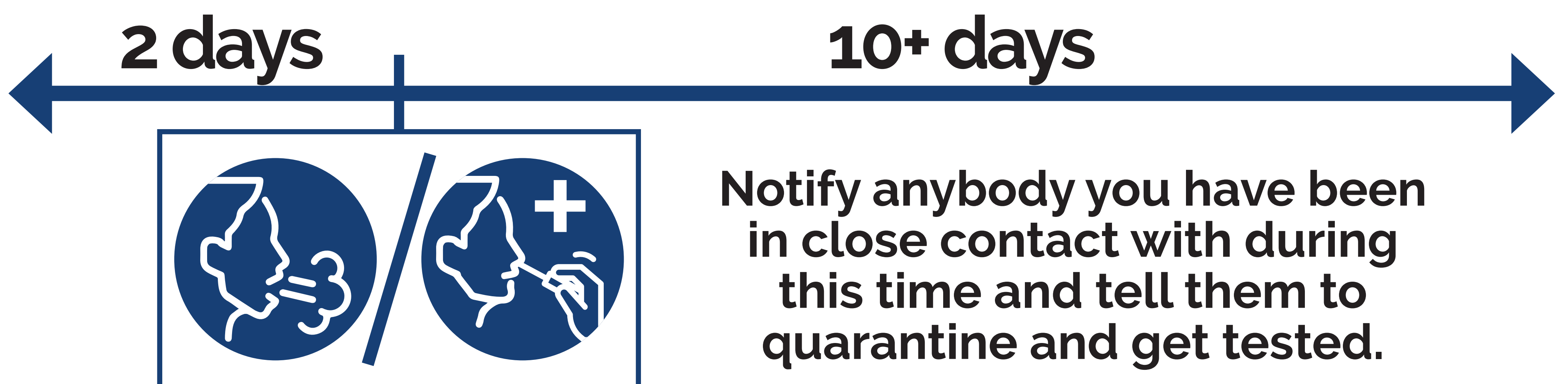


# Let your contacts know.



If you test positive, notify people you've been in close contact with and tell them to get tested.

## How long are you contagious?



You can spread COVID-19 starting **2 days before** you have symptoms or test positive.

If you test positive, you are contagious, even if you never have symptoms, until:



At least 10 days after symptoms started or positive test occurred



No fever for at least 1 day



All other symptoms are improving

## Prefer to remain anonymous?

Notify your close contacts at [tellyourcontacts.org](https://tellyourcontacts.org).



**YOU  
STOP  
THE  
SPREAD**