

# KEV TXHAJ TSHUAJ TIV THAIV COVID-19



COVID-19 yuav ua tau rau tib neeg muaj mob thiab qee cov tuag taus.



Qhov tshuaj tiv thaiv COVID-19 yuav pab kom koj tsis txhob muaj mob.



Mus xyuas vaccines.gov los sis hu rau call 844-684-1064 kom paub txog cov chaw mus txhaj tshuaj tiv thaiv COVID-19 nyob ze koj.



Koj yuav muaj feem mus cuag lub chaw kho mob los sis khw muag tshuaj mus txhaj koj qhov tshuaj tiv thaiv kab mob.



Koj yuav qaws koj lub nqaws tsho caj npab. Tus kws tu mob yuav muab ib daim ntaub txias los so koj sab caj npab kom huv si. Tej zaum nws yuav tsw ntshiab txawv.



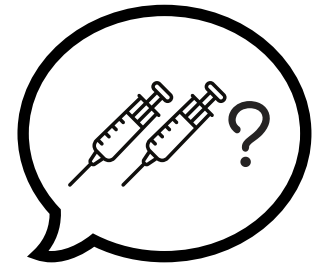
Koj yuav quav koj lub nqaws tsho caj npab. Tus kws tu mob yuav muab ib daim ntaub txias los so ntxuav koj sab caj npab kom huv si.



Koj yuav tau nyob twj ywm tsis nti hlo li. Tus neeg tu mob yuav txhaj qhov tshuaj tiv thaiv kab mob rau koj sab caj npab. Koj yuav hnov zoo li tib de los sis tib chob kiag.



Tus kws tu mob yuav muab ib daim ntaub nplaum Band-Aid lo rau koj sab caj npab.

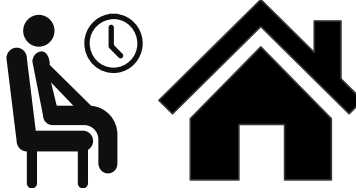


Koj yuav tau nug tias, "Kuv puas yuav tau rov qab tuaj txhaj koob 2 ntawm qhov tshuaj tiv thaiv COVID-19?"

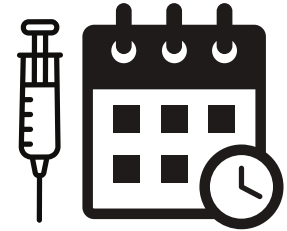
# KEV TXHAJ TSHUAJ TIV THAIV COVID-19 (TXUAS MUS NTXIV)



Yog tias koj yuav tau txhaj koob ob ntawm qhov tshuaj tiv thaiv COVID-19, teem thiab sau tseg koj lub sij hawm teem tom ntej.



Ko yuav tau nyob tos luv kawg li 15 feeb kom paub tseeb tias koj tsis muaj cov kev mob tshwm sim dab tsi txawv. Ces koj mus tsev tau lawm.



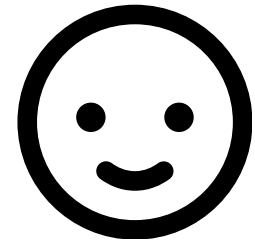
Yog koj yuav tau txhaj koob ob ntawm qhov tshuaj tiv thaiv COVID-19, koj yuav tsum tau rov qab tuaj li ntawm 3-4 lub lim tiam.



Thaum koj rov tuaj, koj yuav ua raws tib co kauj ruam kom txhaj tau koj koob tshuaj tiv thaiv kab mob thib ob.



Tom qab txhaj tshuaj tiv thaiv kab mob tag, tej zaum koj sab caj npab yuav hnov mob. Tej zaum koj yuav mob taub hau thiab hnov nkees.



Nws txhais tau tias yog qhov tshuaj tiv thaiv kab mob ua hauj lwm lawm. Koj yuav tsis ua li cas tom qab ob peb hnuv mus.



Ob lim tiam tom qab koj txhaj koj koob tshuaj tiv thaiv kab mob kawg, koj rov qab mus ua tau tej koj nyiam nyab xeeb dua.



Koj yeej tseem yuav tau looj daim ntaub khwb ntsej muag ntawm cov chaw uas sib kis COVID-19 ntau heev. Pom zoo kom looj cov ntaub khwb ntsej muag hauv cov tsev kawm ntawv, cov chaw kho kab mob kev nkeeg, thiab tshab thauj pej xeem.



Koj tau txhaj koj koob tshuaj tiv thaiv COVID-19 lawm. Koj ua tiav koj feem los ceev kom koj nyob nyab xeeb thiab ceev kom lwm cov nyob nyab xeeb thiab noj qab haus huv lawm!