

Every child learns and grows at their own pace, but there are general milestones every child should meet as they develop how they play, learn, speak, act, and move.

Here's how you can understand and support the development of your child or the child in your care:

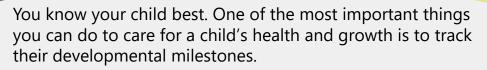
- See your health care provider regularly for wellchild visits.
- Bring any **questions or concerns** you have about your child's development.
- Ask about early intervention programs—acting early is always best. The Wisconsin Birth to 3
 Program may be the right match for your family.

www.dhs.wisconsin.gov/birthto3/index

GOOD START IN THE FIRST 1,000 DAYS



KNOW THE SIGNS



There are a few **resources** to help you do this:

- Your health care provider may ask you fill out a screening tool: one of the Ages & Stages Questionnaires (ASQ). Learn what it is and how it could help at <u>www.agesandstages.com/about-asq/for-parents</u>.
- The Centers for Disease Control and Prevention has a toolkit for parents at <u>www.cdc.gov/ncbddd/actearly</u>.
- The Center on the Developing Child at Harvard University has videos that explain how stress and trauma can affect a child's development. View their playlist at www.youtube.com/c/HarvardCenter.

Find more: www.dhs.wisconsin.gov/birthto3/family/development.

P-02929A (03/2021)