# We make prediabetes a priority

because healthy employees mean a healthy business.



# Offer your employees a lifestyle change program backed by the CDC

Few chronic diseases cost Wisconsin employers as much as prediabetes and type 2 diabetes—around \$6 billion in lost productivity and medical expenses each year. What's worse? 4 out of 5 people with prediabetes don't even know they have it. Your employees could miss their chance to reverse high blood sugar before it becomes type 2 diabetes. If they do, your business may pay the price.

**Don't miss out on the benefits of a healthy workforce.** Encourage your employees to learn more about the National Diabetes Prevention Program (National DPP) lifestyle change program in your community today. Employer sponsorship and support can make all the difference.

# [Program Name]

(XXX) XXX-XXXX/Email

XX Street St. Town, Wisconsin XXXXX

### PreventDiabetesWI.org



WISCONSIN DEPARTMENT of HEALTH SERVICES P-03033 (06/2021) Connecting our employees with lifestyle change coaching and support has been a real boon for our business. We're seeing measurable savings! More importantly, we helped our employees achieve their own personal health goals. They're healthier and happier, and we couldn't be prouder.

> - Ima Person Job Title Wisconsin Company

#### ightarrow How does it work?

Our virtual and in-person programs are a lot more than a quick presentation or a few factsheets. It's a year-long experience that delivers:

- A turnkey curriculum proven to reduce the risk of type 2 diabetes in participants by 58%
- Practical tools and tips for reducing stress, eating well, and getting active
- Regular coaching sessions with a skilled diabetes prevention specialist
- Group-based learning experiences that give participants a community of support

#### ightarrow How do we get started?

Protect your staff's productivity, boost morale, and cut health care coverage costs. To become a corporate program partner:

 Learn more about National DPP's proven, evidence-based program at

#### PreventDiabetesWI.org

- Use the site's interactive map to find a lifestyle change program near you
- Tap the CDC's **Impact** Calculator to estimate your organization's potential savings
- Talk to your insurer about covering the program as part of your company's health benefits
- Download free promotional tools and templates that encourage employees to participate

## Get started at

PreventDiabetesWI.org



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