



SIGNS OF AN OPIOID OVERDOSE

Know when to take action



Unresponsiveness
or unconsciousness



Slowed or stopped
breathing



Snoring or
rattling sounds



Cold or
clammy skin



Discolored lips
or fingernails

Recovery is possible.

Wisconsin Addiction Recovery Helpline

Call: 211 or 833-944-4673

Text your ZIP code to 898211.

Online: www.addictionhelpwi.org

Visit our website for resources at DoseOfRealityWI.gov



WISCONSIN DEPARTMENT
of HEALTH SERVICES



HOW TO ADMINISTER NASAL NALOXONE



Reverse an opioid overdose and prevent death



Call 911 and follow the operator's instructions. Give rescue breaths, if needed. Continue breaths every 5-6 seconds.



Place tip of naloxone nozzle in either nostril until your fingers touch the nose.



Press the plunger firmly to release the dose of naloxone.



If there is no response after 2-3 minutes, give a second dose. Stay with the person until help arrives.

**You are not alone.
Help is available 24/7.**

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