



Tawm Suab rau Kev Ceev Cov Me Nyuam Nyab Xeeb thiab Nyob Hauv Tsev Kawm Ntawv

(Speak Up for Keeping Kids Safe and In School)

Qhia rau cov thawj koj hauv koj lub tsev kawm ntawv thiab lub zej zog paub tias kev ceev kom peb cov me nyuam noj qab haus huv thiab peb cov tsev kawm ntawv nyab xeeb rau txoj kev mus kawm ntawv yuav tau yog thawj qhov tseem ceeb.

Muaj ntau cov niam txiv, cov neeg saib xyuas thiab cov xib fwb hauv Wisconsin pom zoo tias: tus kab mob kis thoob ntiaj teb COVID-19 tau puas raug peb me nyuam sab heev. Nws tau cuam tshuam lawv txoj kev kawm ntawv thiab kev sib raug zoo tib si. Nws puav leej tseem ceeb yuav tau nco tias txoj kev muab cov tsev kawm ntawv kaw yeej yuab heev rau cov me nyuam uas muaj cov kev tsis taus, cov me nyuam txom nyem thiab cov me nyuam hauv Wisconsin cov zej zog neeg xim nqaij daim tawv txawv. Kev kawm hauv tsev kawm ntawv yuav muab txoj kev kawm tau zuj zus thiab kev kawm nce qib zoo heev rau txhua leej txhua tus zoo sib xws.

Cov me nyuam txhua qib hnuv nyooq yuav tau txais ntau yam tshaj cov kev kawm ntawv xwb. Kev kawm hauv tsev kawm ntawv puav leej muab:

- Txuj ci kawm sib raug zoo thiab sib ncawg
- Kev dhia qoj ib ce
- Kev mus cuag tau cov kev kho txoj kev puas siab puas ntsws thiab lwm cov kev pab txhawb
- Cov kev pab tseem ceeb xws li cov kev pab pluas noj hauv tsev kawm ntawv kom tau cov pluas zoo noj
- Ib qho chaw nyab xeeb thiab txhawb rau txoj kev kawm ntaub ntawv
- Kev mus cuag tau tshuab hluav taws xob thiab xaim iv taws nej
- Kev qhia ntawv tim ntsej tim muag yuav qhia tau zoo dua, tswm xeeb dua



Yam Koj Ua Tau

Kev tham qhia koj cov kev txhawj xeeb rau cov thawj koj hauv koj lub tsev kawm ntawv yuav pab tau ntau heev. Peb xav kom koj txhawb cov kauj ruam uas ua hauj lwm zoo los ceev cov me nyuam, cov xib fwb thiab cov neeg ua hauj lwm kom nyab xeeb thaum nyob rau hauv tsev kawm ntawv. Ntawm no yog qee cov tswv yim ua hauj lwm zoo rau sim:

- Qhia koj txoj kev txhawb txog cov tshuaj tiv thaiv kab mob, cov kev cai looj ntaub khwb ntsej muag thiab kev koom nrog txoj kev ntsuas kab mob nyob rau hauv tsev kawm ntawv.
- Kawm kom paub txog koj lub tsev kawm ntawv cov kev cai thiab cov lawv ua kom muaj kev ceev faj txog tus kab mob COVID-19
- Raus tes nrog PTA
- Mus koom thawj kav xwm kev kawm ntawv lub rooj sib tham - hais lus los sis nthuav lus
- Sau ntawv mus rau thawj kav xwm kev kawm ntawv, tej cov tswv cuab hauv pab thawj kav xwm, los sis chaw tshaj xov xwm hauv zos



Xyuas kom koj lub zej zog paub...

Wisconsin cov tsev neeg paub tias cov tsev kawm ntawv yeej yog qhov chaw nyab xeeb rau cov me nyuam mus kawm thiab loj hlob. Muaj ntau cov kev tshawb kawm pom tias cov qib kev sib kis tus kab mob COVID-19 hauv cov chaw kawm ntawv yeej ib txwm qis dua, los sis sib xws li cov kev sib kis hauv zej zog thaum twg npaj muaj ntau cov tswv yim tiv thaiv. Thaum twg peb ceev cov tsev kawm ntawv nyab xeeb, peb cov me nyuam thiab lawv cov xib fwb yuav nyob nyab xeeb.

Peb lub zej zog yuav tsum tau muaj ntau theem tswv sib tshooj thiaj li yuav muaj tau kev qhia ntawv tim ntsej tim muag. Yog tias txhua tus neeg ua lawv tes dej num, yuav muaj kev qhia ntawv tim ntsej tim muag txuas mus ntxiv, thiab cov me nyuam yuav tau qhov chaw kawm ntawv zoo thiab nyab xeeb tshaj plaws.

Cov thawj koj hauv cov tsev kawm ntawv thiab lub zej zog yeej:

- **Txhawb kev txhaj cov tshuaj tiv thaiv kab mob COVID-19 rau cov muaj hnuab nyoog 5 xyooos thiab loj dua** — Lawv yeej nyab xeeb, ua hauj lwm thiab yog peb lub tswv yim tiv thaiv zoo tshaj plaws los cheem txoj kev sib kis kab mob
- **Txwv kev looj daim khwb ntsej muag haum zoo nyob rau hauv tsev kawm ntawv thiab cov chaw sab hauv tsev muaj pej xeem huab hwm** — Thaum twg tag nrho cov neeg kawm ntawv, neeg ua hauj lwm, cov xib fwb, cov neeg tuaj xyuas thiab lwm cov neeg looj cov ntaub khwb ntsej muag yog, yuav tiv thaiv tau tag nrho cov tib neeg tau txhaj tshuaj tiv thaiv kab mob thiab tsis tau txhaj tshuaj tiv thaiv kab mob
- **Tswj xyuas kom cov tsev neeg paub txog cov kev mob tshwm sim ntawm COVID-19** — Txhawb kom cov niam txiv thiab cov neeg saib xyuas koj cov me nyuam mus ntsuas kab mob yog lawv xav tias tus me nyuam tau mus poo raug thiab cia cov me nyuam nyob twj ywm hauv tsev thaum twg lawv mob los sis muaj feem ntsib taus teeb meem
- **Siv lwm cov tswv yim ntxiv** — Cov kev taug muaj xws li tswj xyuas kom muaj kev dim pa zoo, nyob sib nrug deb thiab kev ntxuav tes

Cov niam txiv thiab cov neeg saib xyuas yeej:

- **Coj koj tus me nyuam mus txhaj tshuaj tiv thaiv kab mob COVID-19** thiab txhaj txhawb ntxiv thaum twg lawv tsim nyog tau tshuaj txhaj
- **Sib tham qhia koj tus me nyuam** txog qhov tseem ceeb tshaj plaws ntawm kev looj daim ntaub khwb ntsej muag twj ywm thaum nyob rau hauv tsev kawm ntawv thiab hauv lawv cov kev kawm
- **Muab kev tso cai** rau koj tus me nyuam mus ntsuas kab mob yog tias koj lub tsev kawm ntawv koom nrog txoj kev ntsuas kab mob
- **Coj raws kev qhia cais ntsuas ib ntus** thiab cia koj tus me nyuam nyob twj ywm rau tom tsev yog lawv hnov muaj mob

Tsev kawm ntawv nyab xeeb tseem ceeb rau txoj kev noj qab nyob zoo ntawm peb lub zej zog. Thaum twg cov tsev kawm ntawv nyab xeeb thiab qhib, cov niam txiv thiab cov neeg saib xyuas yuav mus ua tau hauj lwm — yog kev ntxiv zog rau lub lag luam kev khwv noj khwv haus. Thiab cov zej zog uas tsi ntsees xyuas txog tsev kawm ntawv nyab xeeb yeej pom muaj cov qib kev sib kis kab mob tsawg dua — ua kev dim pa rau cov chaw kho kab mob kev nkeeg thiab cov chaw muaj kev pab hauv zej zog.

Kev tiv thaiv txoj kev poo raug tus kab mob COVID-19 thiab cov kab mob txia tseem ceeb heev. Cov tsev kawm ntawv yuav tsum tau ua hauj lwm nrog cov thawj ceev pej xeem huab hwm kev noj qab haus huv kom soj xyuas tau txog kev sib kis kab mob hauv zej zog thiab lwm cov kev ntsuas uas yuav pab cov kev txiav txim txog kev tiv thaiv zoo tshaj plaws cov neeg kawm ntawv, cov neeg ua hauj lwm, cov neeg pab dag zog dawb thiab lwm cov neeg tuaj saib tsev kawm ntawv.

Kawm Ntxiv

Qhia kom koj lub tsev neeg thiab lub zej zog ras paub. Nrhiav cov ntaub ntawv tshiab tshaj plaws txog COVID-19, cov tswv yim koj kom nyab xeeb, thiab ntau yam ntxiv ntawm

<http://dhs.wisconsin.gov/covid19>.



**WISCONSIN DEPARTMENT
of HEALTH SERVICES**

P-03176H (01/2022)