

# Keep a grip on your meds!

Now that you're away from home and living the college life, it's up to you to protect your prescription meds. Follow a few simple rules to help keep your meds safe!



## Lock 'em up

If you have a lockbox, use it. If you don't, consider getting one. It's the easiest way to ensure that your meds stay your meds.



## Never share

It's dangerous to share prescriptions. So don't share with your friends and never take meds that are not prescribed to you.



## Count 'em up

Keep track of what you've got. You're going to want to know if pills go missing.



## Don't trash or flush

Thrown in the trash or down the drain, meds can contaminate our soil or water supply. Safely dispose of your meds at a drug drop box or Drug Take Back Day.

Scan this QR code to find a safe disposal location near you.

