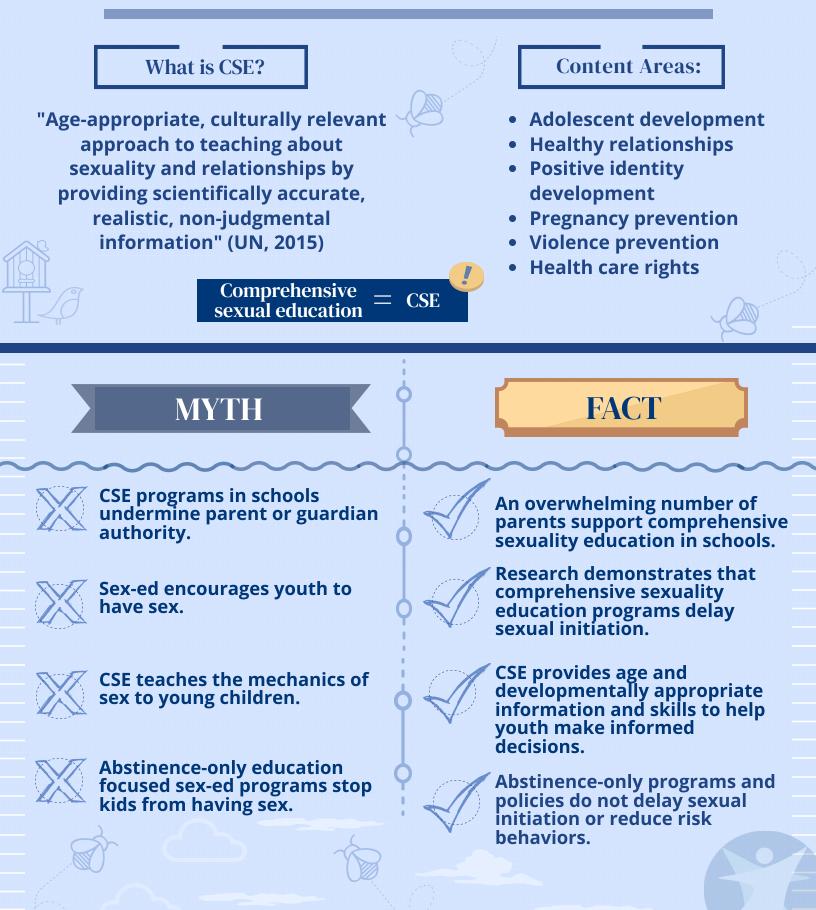
Supporting Inclusive Human Growth and Development



Violence Prevention

CSE:

- Builds a culture of consent and promotes healthy relationships.
- Includes skill-building around respectful communication, conflict negotiation, and effective decisionmaking strategies.
- Promotes the respectful and dignified treatment of others.
- Contributes to reducing racial, sexual orientation and gender identity discrimination

Suicide Prevention

1 in 6 Wisconsin

Risk Factors: Bullying

for identity

high school students reported • suicidal ideations

LGBTQ+ individuals are...

2x as likely to feel suicidal.

4x more likely to attempt suicide.

Citations:

development CSE reduces these risk factors by creating stronger connections with peers and trusted

Lack of social support

Stigma of services

Lack of safe spaces

adults, using inclusive language, supporting identity development, and connection to resources.

STI Prevention

Adolescents have high rates of sexually transmitted infections (STI).

In 2018, there were a total of 68 million infections. meaning 1 in 5 people in the US have an STI

Almost half of the new STI infections were youth aged 15-24

Youth learn about...

- Prevention, transmission, and treatment of STIs.
- Barrier and contraception methods.
- Abstinence.

Civic Engagement and Leadership

CSE takes a rights-based approach; it does not promote any particular lifestyle.

It promotes health and well-being for each young person.

Youth will...

- Learn personal advocacy and leadership skills.
- Engage with decision makers.
- Gain skills and knowledge to make informed decisions.

What can you do?

Starting steps:

- Understand school and state policies related Human Growth and Development.
- Implement developmentally appropriate content.
- Create inclusive learning environments.
- Promote youth-friendly health care resources.

Prioritize the standards of CSE:

- Medically-accurate Shame-free
 - Culturally inclusive Values-neutral
- Age- and developmentally appropriate

- Honest



WISCONSIN DEPARTMENT of HEALTH SERVICES

What Works: Sexual Health Education | CDC Preventing intimate partner violence.pdf (alignplatform.org) <u>Cse-myths-and-facts.pdf (advocatesforyouth.org)</u> <u>Prevent Suicide Wisconsin - Youth Suicide</u> <u>Sexually Transmitted Infections in Wisconsin: Persons 15-19 Years of Age</u>

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