CHRONIC OBSTRUCTIVE PULMONARY DISEASE (COPD)

Ideas for Taking Action
Wisconsin Environmental Public Health Tracking Program

INDIVIDUAL LEVEL | Knowledge, Attitudes, Skills
- Inform community members of the common signs and symptoms of COPD.
- Encourage those who use tobacco products to join cessation support groups.
- Create educational materials that are culturally appropriate and written in plain language.

INTERPERSONAL LEVEL | Family, Friends, Social Networks
- Encourage people living with COPD, family, and friends to join or create a circle of support.
- Encourage doctors to collaborate with patients to develop a written, patient-centered COPD management plan.
- Promote participation in smoking cessation initiatives to community members living with and without COPD.

ORGANIZATIONAL LEVEL | Organizations, Schools, Workplaces
- Engage adolescents to not start smoking or to stop smoking through anti-smoking promotion programs.
- Ensure workers in occupations at high-risk for COPD, such as mining, steelwork, rolling and finishing mills, and indoor/house cleaning, are informed of signs and symptoms, and are aware of prevention strategies.
- Arrange vaccine clinics for workers in high-risk occupations for COPD to prevent worsening illness.

COMMUNITY LEVEL | Design, Access, Connectedness, Spaces
- Promote non-smoking environments and smoking cessation options for community members.
- Identify workplace exposures associated with COPD and ensure prevention efforts are put in place.

POLICY LEVEL | National or Local Laws and Policies
- Advocate for stronger tobacco product regulation and taxes.
- Encourage property owners and operators to adopt smoke-free policies in apartment buildings.

Find more strategies and explore COPD data at dhs.wisconsin.gov/epht