# **Transmission-Based Precautions Reference Guide**

This reference guide may be used for common diseases to prevent transmission of infectious agents in health care settings. This is not an exhaustive list. For a more complete list of infectious diseases and indicated precautions, see <a href="CDC Guideline for Isolation Precautions: Preventing Transmission of Infectious Agents in Healthcare Settings">CDC Guideline for Isolation Precautions: Preventing Transmission of Infectious Agents in Healthcare Settings</a> (2007); Appendix A.

#### **Contact Precautions**

The door may remain open. The patient should clean their hands and wear clean clothes or gown when leaving the room.

| Infection or condition   | Isolation duration  |
|--|---|
| Open draining area on skin that cannot be contained            | Isolate until drainage stops.   |
| Loose stools and diarrhea Rotavirus                            | Isolate until resolution of diarrhea symptoms for at least 24 hours or discharge.   |
| Head lice  | Isolate until 24 hours after initiation of effective therapy.   |
| Multidrug-Resistant Organisms (MDRO)                           | Hospitals and other health care settings should refer to their specific MDRO isolation policy.  Nursing homes should refer to CDC guidance for isolation recommendations. |
| Respiratory syncytial virus (RSV) Human metapneumovirus (hMPV) | Isolate until 24 hours after resolution of fever without the use of fever-reducing medications and without respiratory symptoms.  |
| Scabies  | Isolate until 24 hours after initiation of appropriate therapy.   |

### **Soap and Water Contact**

Avoid using of shared patient equipment. Soap and water is required for hand hygiene.

| Infection or condition                | Isolation duration                   |
|---------------------------------------|--------------------------------------|
| Clostridioides difficile<br>Norovirus | Remain in isolation until discharge. |



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# **Droplet Precautions**

The door may remain open. The patient should wear a mask when leaving the room.

| Infection or condition                                      | Isolation duration  |
|---|---|
| Neisseria meningitidis<br>Haemophilus influenzae meningitis | Isolate until 24 hours after initiation of effective therapy.   |
| Pertussis   | Isolate until five days after initiation of effective therapy.  |
| Influenza   | Isolate for seven days after illness onset or until 24 hours after the resolution of fever and respiratory symptoms, whichever is longer. |
| Mumps   | Isolate until suspected disease is ruled out or if confirmed infection isolate for five days after onset of swelling.                     |

# **Contact Precaution Plus Droplet Precautions**

The door may remain open. The patient should clean hands and wear a mask and clean gown when leaving the room.

| Infection or condition       | Isolation duration  |
|------------------------------|---|
| Group A Strep skin infection | Isolate until 24 hours after initiation of effective therapy. |

### **Airborne Precautions**

The door must remain closed. Use fit tested respirator mask or powered air purifying respiratory (PAPR) while in the room.

| Infection or condition | Isolation duration  |
|------------------------|---|
| Pulmonary Tuberculosis | Isolate until suspected disease is ruled out or if confirmed infection isolate until patient is improving after initiation of effective therapy. Refer to <u>Appendix A</u> for more information on duration. |
| Measles                | Isolate until suspected disease is ruled out or if confirmed infection isolate for four days after onset of rash. Refer to<br>Appendix A for more information on duration.                                    |



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### **Contact Precautions Plus Airborne Precautions**

The room must be under negative pressure if available and the door must remain closed. Limit patient movement. The patient should wear mask when leaving room.

| Infection or condition | Isolation duration   |
|------------------------|--|
| Disseminated shingles  | Isolate until lesions are dry and crusted.                     |
| Chickenpox             | Isolate until lesions are dry and crusted.                     |
| COVID-19               | Refer to health care facility policy and current CDC guidance. |

#### Implement other infection prevention best practices to prevent transmission of infectious agents.

- Use standard precautions at all times.
- Use proper hand hygiene.
- Ensure adequate cleaning and disinfection with an <u>Environmental Protection Agency (EPA)-registered</u> product appropriate for the infectious agent.
- Follow wet contact time for approved disinfectants.

Contact the Wisconsin Healthcare-Associated Infections (HAI) Prevention Program at

<u>DHSWIHAIPreventionProgram@dhs.wisconsin.gov</u> or your <u>regional infection preventionist</u> for additional assistance.



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