

This calendar is brought to you by the Children and Youth with Special Health Care Needs Network of programs devoted to supporting you living your best life. Learn more about the resource network and related partners each month's network spotlight.

This has been a collaborative project between the Division of Medicaid Services and the Division of Public Health, Bureau of Community Health Promotion, Children and Youth with Special Health Care Needs.

The project is supported by American Rescue Plan Act (ARPA) funding and Maternal and the Child Health Title V Services Block Grant, Maternal and Child Health Bureau, Health Resources and Services Administration, U.S. Department of Health and Human Services.

Learn more and get in touch at <a href="https://dhs.wisconsin.gov/cyshcn">dhs.wisconsin.gov/cyshcn</a>

## January dates of interest



National Birth Defects Prevention Month
January 4, World Braille Day
January 20, International Day of Acceptance
January 24, Moebius Syndrome Day
January 30, Stop Chronic Traumatic
Encephalopathy Awareness Day



January 21, Day with Experts, Autism.

Waisman Center. (Free). For more information search the web using the event title.

January 4–25, Aquapals: Children with Disabilities, Menomonee Falls. For more information search the web using the event title.



January 15, Open Enrollment in the ACA Marketplace ends.



What can you do for self care this month?



## JANUARY

NOTES

Your children
need your
presence
more than
your presents.

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### **NETWORK SPOTLIGHT**

Northern Region 866-640-6041 Western Region 800-400-3678 Northeast Region 877-568-5205 **Wisconsin Regional Centers** Children and Youth with Southeast Region Special Health Care Needs 800-234-5437 Southern Region

**Meet the Wisconsin's Regional Centers** who help families get answers, find services, and connect to community resources.

The regional centers provide families with children and youth with special needs and their providers with free and confidential referral information, parent support, transition planning, and connections to community resources.



Have a question or looking for help? Call your Regional Center for Children and Youth with Special Health Care Needs or connect online at <a href="mailto:dhs.wisconsin.gov/cyshc">dhs.wisconsin.gov/cyshc</a> n/regionalcenters.

### **February dates of interest**



February 2, Rheumatoid Arthritis Awareness Day

800-532-3321

February 15, Childhood Cancer Day and Angelman Awareness Days

February 17: Random Acts of Kindness Day

February 7–14, Congenital Heart Defect Awareness Week



February 16–17, Wisconsin Transition Conference, (\$). EdEvent hosted by CESA 11. For more information search the web using the event title.

February 21–22: Fulfilling the Promise: Restoring Hope, (\$). hosted by the Wisconsin Child Welfare Professional Development. For more information search the web using the event title.



Summer camp is around the corner.
Time to register!





## FEBRUARY

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The Children's Long-Term Support (CLTS) Program is a <u>Home</u> and <u>Community-Based Service (HCBS)</u> waiver that funds community supports and services for children with disabilities.

Families interested in applying for the Children's Long-Term Support (CLTS) Waiver Program can contact their county health and human services department.

Find them at dhs.wisconsin.gov/clts





### **Waisman Center Day with Experts**

Throughout the year, the Waisman Center presents multiple, free, community "Day with the Experts" educational events focused on autism, augmentative and alternative communication (AAC), cerebral palsy, cochlear implants, fragile X syndrome, and Down syndrome.

The series features presentations by researchers and clinicians, as well as a panel discussion with individuals and family members who share their experiences and expertise.

Visit them on the web to learn more at waisman.wisc.edu/outreach/waisman-center-day-with-experts.

### March dates of interest



Developmental Disabilities Awareness Month March 1, International Wheelchair Day March 6, World Lymphedema Day March 18, Trisomy 18 Awareness Day March 21, World Down Syndrome Day March 26, Purple Day for Epilepsy



March 11, Day with the Experts: Down Syndrome. Waisman Center, (Free). For more information search the web using the event title.

March 20, International Day of Happiness



Do things that make you laugh!



# MARCH

NOTES

The only disability in life is a bad attitude.

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**Family Voices of Wisconsin** promotes a system of comprehensive health and community supports based on fundamental principles that assure the health and well-being of children and youth with special health care needs and/or disabilities and their families.

Their role is to advocate for the inclusion of these principles in the design, implementation and

delivery of supports and services throughout Wisconsin.

Connect with them on the web and social media to stay up-to-date on policy issues that concern families, for information and opportunities, and advocacy events.

Find them at familyvoiceswi.org.



### **April dates of interest**



Limb Loss Awareness Month
April 2, World Autism Awareness Day
April 4, Auditory Processing Disorder Awareness Day
April 10, Youth HIV and AIDS Awareness Day
April 17, World Hemophilia Day
April 27: Show Your Mettle Day (in honor of limb loss awareness)

April 29, World Make-A-Wish Day



April 12–15: Together for Children Conference, (\$). For more information search the web using the event title.

April 20–22: Autism Society Statewide Conference, (\$). For more information search the web using the event title.



Write down 3 things you are looking forward to this month.





## APRIL

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Disability rights are human rights.

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Comprehensive Community Services (CCS) is a program that helps individuals of all ages live their best life by providing supports that address their unique needs related to mental health and substance use.

CCS is intended to assist individuals who are in need of care outside of inpatient settings, but who may have ongoing needs that, if left unaddressed, could result in hospitalizations during times of crisis.

Learn more at <a href="mailto:dhs.wisconsin.gov/ccs">dhs.wisconsin.gov/ccs</a>.





**The 988 Suicide & Crisis Lifeline** provides free and confidential support for anyone experiencing a suicidal, mental health, and/or substance use crisis.

It is available 24/7 by calling 988, sending a text message to 988, or through the chat feature at 988lifeline.org.

For more information, go to <a href="mailto:dhs.wisconsin.gov/988">dhs.wisconsin.gov/988</a>.

## May dates of interest



Lupus Awareness Month
National Cystic Fibrosis Awareness Month
Mobility Awareness Month
May 6, Pediatric Stroke Awareness Day and
Awareness Day for Osteogenesis Imperfecta
May 14, Apraxia Awareness Day
May 17, Neurofibromatosis Awareness Day
May 18, Accessibility Awareness Day

May 19, Schizencephaly Awareness Day



May 7–9, Association of Maternal Child Health (AMCHP) Conference, (\$). For more information search the web using the event title.

May 11–12: Circle of Life Conference, (\$). For more information search the web using the event title.

May 19–20, Fishing Has No Boundaries in Hayward, (free). For more information and related events search the web using the event title.



Save time for you!



## MAY

NOTES

By loving our
children for more
than their abilities
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we show them they
Me SHOW and
are more than the
alc IIIe
sum of their
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accomplishments.

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Advocacy & Benefits Counseling for Health, Inc. (ABC for Health), is a Wisconsin-based, nonprofit, public-based law firm that ensures health care access for children and families with special needs or who are at risk.

ABC for Health is dedicated to ensuring health care access for children and families with a mission to provide health care consumers with the services and support they need to navigate a complex health care financing system.



Contact them today at 1-608-261-6939 or visit them on the web at <u>safetyweb.org</u>.

## June dates of interest



National Aphasia Awareness Month June 1, Universal Children's Day June 8, Brain Tumor Awareness Day June 17, CDKL5 Awareness Day June 18, Autistic Pride Day June 23, Dravet Syndrome Awareness Day June 30, Arthrogryposis Awareness Day



June 2–4, Fishing Has No Boundaries in Eagle River. For more information search the web using the event title.



Spend time outdoors!

## NUNE

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Self-care is a priority!	

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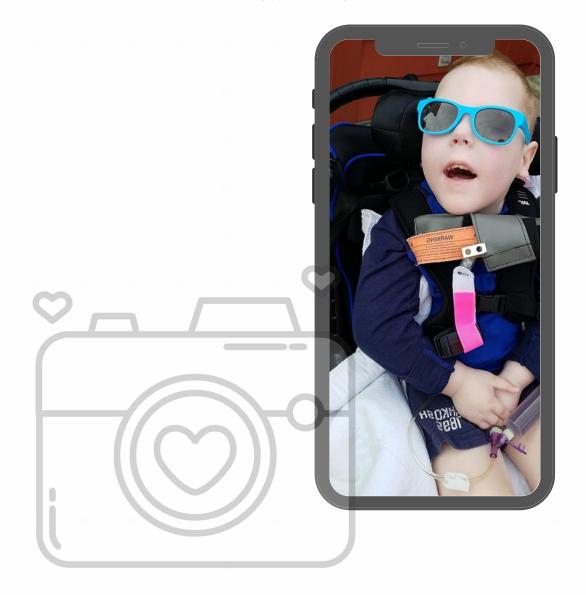






## Want to share some of your life in next year's calendar?

Contact Becky Burns (<u>Becky.Burns@dhs.wi.gov</u>) for more information about sharing your photos and stories.



## July dates of interest



Disability Pride Month

July 26, Americans with Disabilities Act (ADA) Anniversary July 28, World Hepatitis Day



Will your child need medical orders for school? Now is a good time to ask your doctor.





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NOTES

There is only
one happiness
in life. To love
and be loved.
-George Sand

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### **NETWORK SPOTLIGHT**



**Wisconsin Medical Home Initiative** promotes family-centered, integrated care with health care teams and families throughout Wisconsin.

A medical home is not a place or a building. It's a model for care that is family-centered, coordinated, comprehensive, accessible, compassionate, culturally-effective and meets the needs of all children and families. A medical home is a trusting partnership between you, your child, and your pediatric health care team.

When your child has a medical home, the health care team:

- Knows your child's health history
- Listens to concerns and needs
- Treats your child with compassion
- Respects and honors your culture and traditions

<u>Contact</u> them to learn how then can support you, as a professional or a parent, to ensure more Wisconsin children are served within medical homes. Find them on the web at <u>chawisconsin.org/initiatives/medical-home</u>.

## **August dates of interest**



Spinal Muscular Atrophy Awareness Month
Autoinflammatory Disorders Awareness Month



August 4, Endless Possibilities Conference, (\$). The event is hosted by the Wisconsin Family Assistance Center for Education, Training, and Support (WI Facets). For more information search the web using the event title.

August 13, TRI My Best Triathlon. An annual triathlon in Kenosha for children and young adults with developmental disabilities. For more information search the web using the event title.



Turn on your favorite music!



## AUGUST

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Everyone deservesa loving home.

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**Well Badger** connects Wisconsin residents with health and social services.

They help though an Information & Referral service and through hosting an extensive online directory of thousands of services, programs, and resources in all 72 Wisconsin counties.

Call them at 800-642-7837 or visit them on the web at <u>wellbadger.org</u>.



Wisconsin Statewide Parent Educator Initiative

The Wisconsin Statewide Parent Educator Initiative (WSPEI) helps families and school districts with resources that will help them build positive working relationships.

If you are looking for resources or have questions about special education, WSPEI can help.

Contact the WSPEI Family Information and Support Specialist Team at 833-879-7734 or find them on the web at <a href="wspei.org">wspei.org</a>.



## **September dates of interest**



Childhood Cancer Awareness Month
Lymphoma Awareness Month
National Chiari Awareness Month
National Deaf Awareness Month
National Hydrocephalus Awareness Month
Spinal Cord Injury Awareness Month

September 7, World Duchenne Awareness Day September 9, Fetal Alcohol Spectrum Disorder Awareness Day September 13, National Celiac Disease

September 13, National Celiac Disease Awareness Day September 15, World Lymphoma

September 15, World Lymphoma Awareness Day September 22, Chronic Myeloid Leukemia Day

September 25, Ataxia Awareness Day

September 30, Limb Girdle Muscular Dystrophy Awareness Day



September 16, Fishing Has No Boundaries in St. Croix Valley, Hudson. For more information search the web using the event title



Call a friend. They want to hear from you.



## **SEPTEMBER**

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Attitude is a little thing that makes a big difference.

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Wisconsin Family Assistance Center for Education, Training & Support (WI FACETS) connects families with

special education resources, information and support. They can help with questions and concerns regarding special education, direct families to high-quality resources, and provide training.

Call them to learn more at 877-374-0511 or visit them on the web at <u>wifacets.org</u>.



The Wisconsin Board of People with Developmental Disabilities (BPDD) works to unite all of Wisconsin in supporting our citizens with developmental disabilities to lead their most independent lives.

They are the state's developmental disabilities council, authorized under federal law. The role of a state council is to seek continuous improvement across all systems that touch the lives of people with disabilities.

Get connected and learn more about their work at wi-bpdd.org.

### October dates of interest



Down Syndrome Awareness Month Spina Bifida Awareness Month Learning Disabilities Awareness Month

National Disability Employment Awareness Month

October 2, Day of Bullying Prevention October 6, World Cerebral Palsy Day October 10, World Mental Health Day
October 12, World Arthritis Day
October 23, Kabuki Syndrome Awareness Day
October 25, World Spina Bifida and
Hydrocephalus Day



October 10, Wisconsin Infant and Mental Health Conference, (\$). The event is hosted by the Wisconsin Alliance for Infant Mental . For more information search the web using the event title.

October 16–18, Self Determination Conference, (\$). The event is hosted by the Wisconsin Board for People with Developmental Disabilities. For more information search the web using the event title.



Cold and flu season is here. Be sure to practice protective behaviors.





## CCTOBER

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Parenthood requires love not DNA.

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**Wisconsin Family Ties** is a statewide, parent-run organization working with families that include children with social, emotional or behavioral challenges. They provide emotional support while

helping to navigate complex service and treatment systems. Wisconsin Family Ties Parent Peer Program links trained parent peer specialists with parents who, for a variety of reasons, need help and hope.

Visit them on the web at <u>wifamilyties.org</u> or call 1-608-267-6800.



**Disability Rights Wisconsin** is a nonprofit organization that provides legal advocacy and rights protection for adults and children with disabilities who are Wisconsin residents. Their staff attorneys, advocates, and investigators address civil rights

violations, abuse and neglect, institutionalization, inability to access to needed services and education, crime victimization, and discrimination.

Call them at 800-928-8778 or visit them on the web at <u>disabilityrightswi.org</u>.

## November dates of interest



National Epilepsy Awareness Month
November 13, World Kindness Day
November 14, World Diabetes Day
November 17, World Prematurity Awareness Day
November 20, United Nations Universal Children's Day



November 1, Open Enrollment in the ACA Marketplace at HealthCare.Gov



November 6-7 Children Come First Conference (\$). The event is hosted by Wisconsin Family Ties. For more information search the web using the event title.

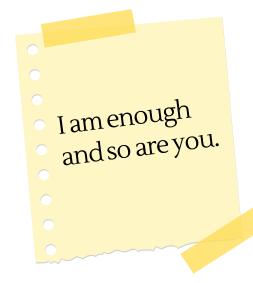


Make sure to get your flu shot!



## NOVEMBER

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### SUPPORTING YOUTH TO ADULT HEALTHCARE

**Healthcare Transition Wisconsin** supports youth to adult health care transition. They provide up-to-date healthcare transition resources, materials, and education related to healthcare transition for transition-aged youth (ages 12-26).

Health Care Transition is the change from a pediatric model of care (parents and caregivers make most decisions) to an adult model of care (most adults make their own healthcare decisions).

Although a planned transition is important for all youth, it is especially important for children and youth with special health care needs (CYSHCN). A well-planned transition supports continuity of care, medication management, and prevention and management of chronic conditions.



Learn more and find them on the web at <a href="healthtransitionwi.org">healthtransitionwi.org</a>.

### **December dates of interest**



December 1, World AIDS day

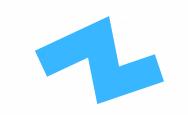
December 2, Special Education Day

Dec 3, International Day of Persons with Disabilities



Do something relaxing that is purely for yourself.

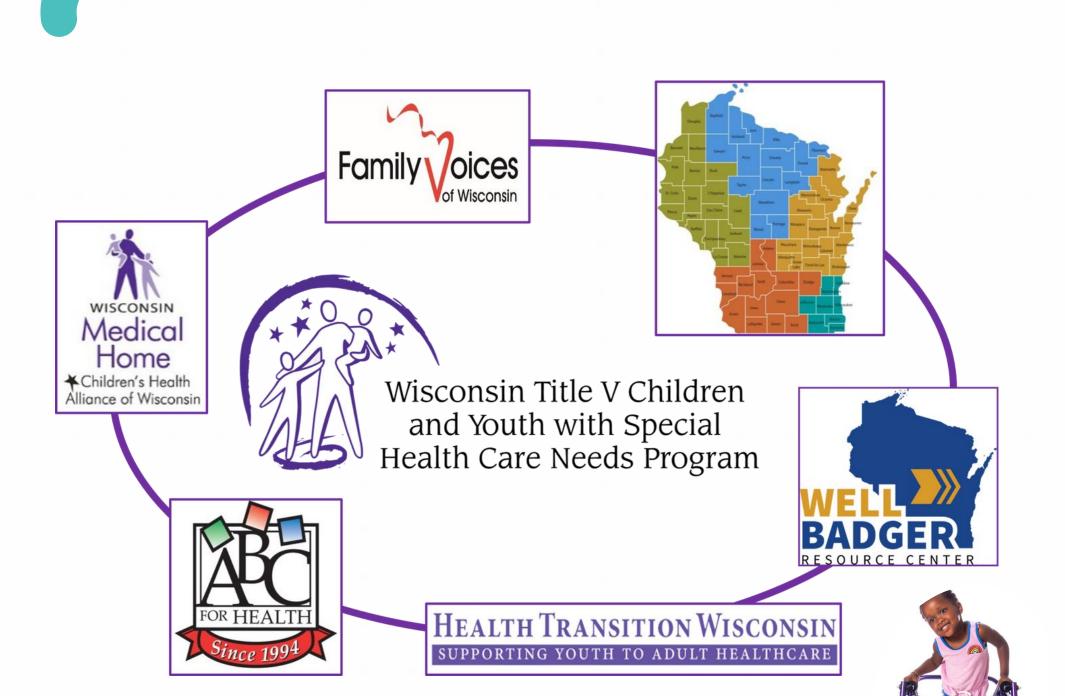
## CEMBER



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This has been a collaborative project between the Division of Medicaid Services and the Division of Public Health, Bureau of Community Health Promotion, Children and Youth with Special Health Care Needs.

The project is supported by American Rescue Plan Act (ARPA) funding and Maternal and the Child Health Title V Services Block Grant, Maternal and Child Health Bureau, Health Resources and Services Administration, U.S. Department of Health and Human Services.

Learn more and get in touch at <a href="https://dhs.wisconsin.gov/cyshcn">dhs.wisconsin.gov/cyshcn</a>



Division of Public Health, Bureau of Community Health Promotion





The Regional Centers provide families with children and youth with special needs and their providers with free, confidential referral information that includes parent support, transition planning, and connections to community resources.

Learn more and get the regional phone numbers at <a href="mailto:dhs.wisconsin.gov/cyshcn">dhs.wisconsin.gov/cyshcn</a>



The Youth Health Transition Initiative supports youth, families, and providers around transition from pediatric to adult health care.

Learn more and see how they can help at <u>healthtransitionwi.org</u>.



Family Voices of Wisconsin is a network of families with special health care needs or disabilities that provide training and leadership opportunities and inform parents on how to be partners in their child's care.

Learn more at <u>familyvoiceswi.org</u>



### **Wisconsin Statewide Medical Home**

Initiative (WiSMHI) promotes the concepts of medical home with pediatric primary care clinicians, families and service providers throughout Wisconsin.

Learn more at <a href="mailto:chawisconsin.org/">chawisconsin.org/</a>
initiatives/medical-home



Comprehensive Community
Services (CCS) is a program that
helps individuals of all ages live their
best life by providing supports that
address their unique needs related
to mental health and substance use.

Learn more at <a href="mailto:dhs.wisconsin.gov/ccs">dhs.wisconsin.gov/ccs</a>



**ABC for Health** is a Wisconsin-based, nonprofit, public-based law firm that ensures health care access for children and families with special needs or who are at risk.

Contact that at <u>608-261-6939</u> or on the web at <u>safetyweb.org</u>.



Well Badger Resource Center is a statewide public health information and referral (I&R) service and resource program with an extensive resources directory.

Call 608-360-9328 or find them on the web at wellbadger.org.



Wisconsin Statewide Parent-Educator Initiative (WSPEI) helps families and school communities have the beliefs, knowledge, and skills to meaningfully engage in effective decision-making to improve outcomes for students of all abilities.

Call 833-879-7734 or find them on the web at wspei.org.

## disabilityrights wisconsin

Disability Rights Wisconsin believes that all persons with disabilities and their families shall be empowered to exercise and enjoy the full extent of their rights and to pursue the greatest possible quality of life.

Call them at <u>800-928-8778</u> or contact them on the web at <u>disabilityrightswi.org</u>.



WI Family Ties is a statewide, parent-run organization in Wisconsin working with families that include children with social, emotional or behavioral challenges.

Call them at 608-267-6800 or find them on the web at <u>wifamilyties.org</u>.



WI FACETS has a mission is to provide and broaden opportunities that enhance the quality of life for children and adults with disabilities and their families, with emphasis on support for underserved families in the community.

Call them at 877-374-0511 or find them on the web at <u>wifacets.org</u>.



## **Children's Long-Term Support Program**

is a home and Community-Based Service (HCBS) waiver that funds community supports and services for children who have substantial limitations in their daily activities and need support to remain in their home or community.

Learn more at <a href="mailto:dhs.wisconsin.gov/clts">dhs.wisconsin.gov/clts</a>.