Wisconsin Tuberculosis (TB) **Program Statement on 4-month HPMZ** Regimen for **TB** Disease: Update May 2024



The Wisconsin TB Program can now support initiation of a 4-month isoniazid rifapentine moxifloxacin pyrazinamide (HPMZ) regimen for eligible candidates in Wisconsin through the WTBP dispensary program. Candidates for whom it would be challenging to complete 6-months of RIPE via DOT/vDOT will be prioritized. Availability of this regimen is contingent on rifapentine supply.

Background

A recent clinical trial (Study 31/A5349) identified a daily 4-month regimen that is as effective as the standard daily 6-month regimen in curing drug-susceptible tuberculosis.

What is added by this report?

This report provides a recommendation for using a 4-month regimen consisting of 8 weeks of daily treatment with rifapentine (RPT), isoniazid (INH), pyrazinamide (PZA), and moxifloxacin (MOX), followed by 9 weeks of daily treatment with RPT, INH, and MOX in patients with drug-susceptible tuberculosis.

What are the implications for public health practice?

The 4-month HPMZ regimen is a treatment option for patients aged \geq 12 years with drug-susceptible pulmonary tuberculosis.

4-month HPMZ Daily Regimen

- Isoniazid ≥40 kg, 300 mg
- Rifapentine \geq 40 kg, 1200 mg
- Moxifloxacin \geq 40 kg, 400 mg •
 - **Pyrazinamide** 40kg-<55 kg, 1,000 mg ≥55kg–75kg, 1,500 mg >75 kg , 2,000 mg

Exclusion criteria

The Centers for Disease Control and Prevention (CDC) does not recommend this regimen for those who:

- Are younger than 12 years old.
- Have a body weight below 40 kilograms (kg).
- Are pregnant or breastfeeding.
- Have most types of suspected or documented extrapulmonary TB.

- Have a history of prolonged QT syndrome or concurrent use of one or more QT-prolonging medications in addition to MOX.
- Are receiving medications with known clinically relevant drug-drug interactions with INH, RPT, PZA, or MOX.

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The HPMZ regimen is available via WI Dispensary!

In the past, nationwide shortages of rifapentine have created difficulty in procurement of this medication. Rifapentine as part of this regimen **is now available** through the Wisconsin TB Dispensary Program.

If you are still interested in the regimen, please contact the Wisconsin TB Program via <u>email</u> (<u>DHSWITBProgram@dhs.wisconsin.gov</u>) or phone (608-261-6319). Recommendations for directly observed therapy (DOT) **still apply**. In-person DOT is encouraged, but electronic DOT (eDOT) may be used in certain cases.

See <u>Wisconsin Electronic Video</u> <u>Directly Observed Therapy (P-</u> <u>03325)</u> publication on eDOT for more details.

Resources

- Morbidity and Mortality Weekly Report (MMWR) (February 25, 2022)
- Dorman et al (2021). <u>Four-Month Rifapentine Regimen with or without Moxifloxacin for</u> <u>Tuberculosis.</u>
- CDC "Treatment for TB Disease," including FAQ and clinical tools for providers

