

It's No Joke...

You can **REDUCE YOUR RISK** of Stroke



IT'S NO JOKE.

Physical inactivity increases your risk of stroke.



MOVING MATTERS!

Regular physical activity reduces your risk for stroke.



WISCONSIN COVERDELL
STROKE PROGRAM



WISCONSIN DEPARTMENT
of HEALTH SERVICES
P-03432B (05/2023)

**REDUCE
YOUR RISK.**

Learn More →



dhs.wisconsin.gov/coverdell/community.htm