

It's No Joke...

You can **REDUCE YOUR RISK** of **STROKE**



IT'S NO JOKE.

Having diabetes increases your risk of stroke.



EAT WELL, MOVE MORE!

Manage your diabetes by monitoring glucose levels, getting active, and eating a balanced diet to reduce your risk of stroke.



WISCONSIN COVERDELL
STROKE PROGRAM



WISCONSIN DEPARTMENT
of HEALTH SERVICES

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**REDUCE
YOUR RISK.**

Learn more →



dhs.wisconsin.gov/coverdell/community.htm