

It's no joke...

You can **REDUCE YOUR RISK** of **STROKE**



IT'S NO JOKE.

Having diabetes increases your risk of stroke.



EAT WELL, MOVE MORE!

Manage your diabetes by monitoring glucose levels, getting active, and eating a balanced diet to reduce your risk of stroke.



WISCONSIN COVERDELL
STROKE PROGRAM



WISCONSIN DEPARTMENT
of HEALTH SERVICES

P-03432D (04/2024)

**REDUCE
YOUR RISK.**

Learn more →



dhs.wisconsin.gov/coverdell/community.htm