

# It's no joke...

You can **REDUCE YOUR RISK** of **STROKE**



## IT'S NO JOKE.

Drinking an average of more than one drink a day for women and more than two drinks a day for men can increase your risk of stroke.



## SIP RESPONSIBLY!

Limit alcohol intake to reduce your risk of stroke.



WISCONSIN COVERDELL  
STROKE PROGRAM



WISCONSIN DEPARTMENT  
of HEALTH SERVICES

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**REDUCE  
YOUR RISK.**

Learn more →



[dhs.wisconsin.gov/coverdell/community.htm](https://dhs.wisconsin.gov/coverdell/community.htm)