

# Suicide in Wisconsin among Rural Men (25 years and older)

This factsheet describes a population with the highest suicide rate.

In 2021, there were **188** suicide deaths among rural men ages 25 and older (**34 out of 100,000**).<sup>1</sup>

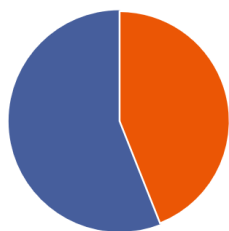


Two-thirds of rural men used firearms as their method of suicide.<sup>1</sup>

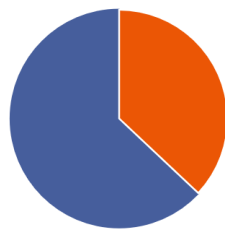
One in four had military experience.<sup>2</sup>



## Health History<sup>2</sup>



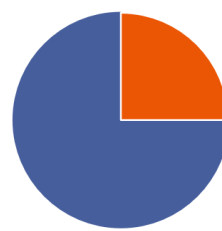
44% had a current mental health problem.



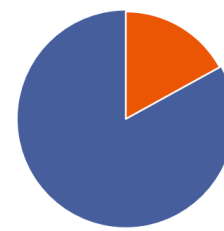
37% had history of suicidal thoughts or plans.



35% had a history of alcohol or drug misuse.



25% disclosed suicide plans within last month.



17% had history of suicide attempt.

## Life Experiences that Contributed to Suicide<sup>2</sup>



**1** out of **3** had a physical health problem.



**1** out of **4** had a financial or job problem.



**1** out of **3** had an issue with an intimate partner.

## Strategies to Interrupt or Prevent Suicide

- Create safer environments by promoting secure storage of firearms
- Reduce the stigma of asking for help by promoting peer support programs
- Increase access to care by expanding tele-mental health services

1. **2021**; Wisconsin death certificates

2. **2018-2019**; Wisconsin Violent Death Reporting System