# ADVANCED CARE PLANNING

## SOUTHERN WISCONSIN CENTER

Southern Wisconsin Center (SWC) supports advanced care planning as a routine and standard part of resident care and treatment. Advanced care planning ensures that health care values and wishes are honored on campus and when the resident is taken to a facility in the community for care and treatment.

Our team of doctors and nurses are familiar with your loved one's health history. They are here to support you in all care and treatment decisions. You can consult them prior to making any decisions about the services provided on campus or at a community hospital.

You will be asked to make hard decisions on the care and treatment provided to your loved one as a guardian of the person or power of attorney for health care of a resident at Southern Wisconsin Center. These decisions may include:

- A do-not-resuscitate order.
- Nutrition and hydration.
- Palliative care.
- End-of-life care.



# **HERE FOR YOU**

Call 262-878-2411 Press "0"

Ask to be connected to a physician on duty or on call.

# Sometimes the best choice for care and treatment isn't clear.

The Southern Wisconsin Center Ethics Committee can be consulted to provide recommendations and support when you're not sure what to do. Any guardian of the person, power of attorney for health care, or staff member can submit a consultation request to the ethics committee. Contact 262-878-2411, ext. 6604 to connect with the ethics committee.

# **COMMON DECISIONS ABOUT CARE AND TREATMENT**

#### Ə Do-not-resuscitate order

A do-not-resuscitate order, or a DNR order, is written by an attending health care professional. It instructs emergency medical technicians, paramedics, first responders, and emergency health care facilities personnel not to do cardiopulmonary resuscitation (CPR) if a patient's breathing stops or if the patient's heart stops beating.

SWC recognizes that the DNR process as it relates to different hospitals and medical facilities is confusing. People who live within a Wisconsin State Medical facility must meet certain guidelines before they may be issued a DNR order. This is done to protect people who live in these facilities from being declared DNR without proper and verified medical diagnosis. Therefore, specific statutory provisions have been established which identify specific medical conditions that must exist before a resident may be issued a DNR order. We must use these guidelines and are not free to deviate from them.

In Wisconsin, a do-not-resuscitate order may be issued to a person who is age 18 or older who meets at least one of the following conditions:

- The person has a terminal medical condition.
- The person has a medical condition that if the person were to suffer cardiac or pulmonary failure, resuscitation would be unsuccessful in restoring cardiac or respiratory function or the person would experience repeated cardiac or pulmonary failure within a short period before death occurs.
- The person has a medical condition that if the person were to suffer cardiac or pulmonary failure, resuscitation of that person would cause significant physical pain or harm that would outweigh the possibility that resuscitation would successfully restore cardiac or respiratory function for an indefinite period.

A do-not-resuscitate status established at a community hospital during care and treatment without a DNR order does not transfer to Southern Wisconsin Center when the resident returns to campus. SWC is aware this may be frustrating as each time your loved one is sent to a community medical facility you must again make a DNR decision. Unfortunately, at this time SWC is unable to resolve that issue.

#### Nutrition and hydration

Artificial nutrition and hydration are medical treatments that allow a person to receive food and fluids when they are no longer able to take them by mouth.

### Palliative care

Palliative care focuses on providing relief from the symptoms and stress of a medical condition.

### 😔 End-of-life care

End-of-life care focuses on a person's physical, emotional, social, and spiritual needs when they have stopped treatment to cure or control a medical condition. When artificial nutrition and hydration, palliative care, and/or end-of-life care is determined to be needed for your loved one, their medical team will consult you to establish an individualized care plan.



WISCONSIN DEPARTMENT of HEALTH SERVICES

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