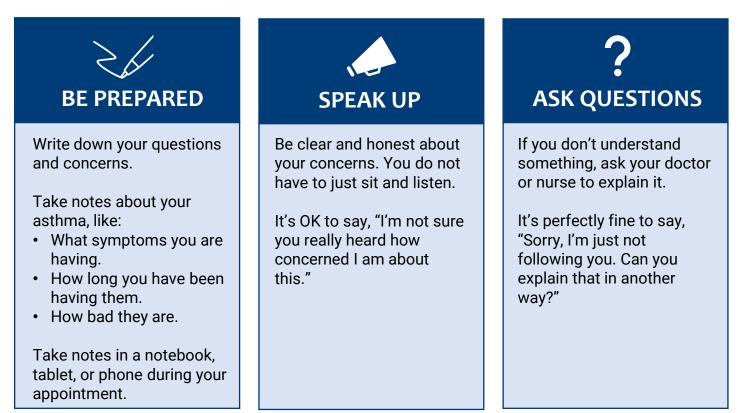
How to Talk With Your Doctor About Asthma

Doctor's appointments can feel rushed and overwhelming. But there are things you can do to make sure that your voice is heard.



General questions to ask your doctor

- What does that mean?
- What else should I know?
- Can you explain that in another way?
- When should I see you again?

Asthma questions to ask your doctor

- Is this the right way to use my inhaler?
- How do I use my inhaler with a spacer?
- Does my asthma action plan need to be updated?
- What should I do if I miss a dose?
- If I think my medicine isn't working, what should I do?
- · How can I tell if I'm having an asthma attack?
- How do I know if I need to go to the emergency department?





WISCONSIN DEPARTMENT of HEALTH SERVICES