

# Connecting You to Farm Fresh Food

## Senior Farmers Market Nutrition Program (SFMNP)



### **SFMNP serves Wisconsin seniors**

- Living in Wisconsin
- Within monthly income requirements
- Age 60 and above, or age 55 and above if Native American

### **SFMNP gets you farm fresh food**

- \$25 to buy fresh, locally grown fruits, vegetables, and herbs
- A list of farmers markets and farmstands to shop at June–October
- Seasonal tips for using fresh produce
- Nearly 1,000 local farmers to buy from

### **SFMNP makes eating local easy**

- If you qualify for SNAP, ask about SFMNP! You likely qualify.
- You can still receive FoodShare, CSFP, and TEFAP food assistance.

**Learn  
more!**



**Find a  
market  
near you!**



Email: [dhswicfmnp@dhs.wisconsin.gov](mailto:dhswicfmnp@dhs.wisconsin.gov)

Dial: 2-1-1 to speak to an Information and Referral Specialist

Visit: [www.dhs.wisconsin.gov/wic/fmnp/senior.htm](http://www.dhs.wisconsin.gov/wic/fmnp/senior.htm)

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Division of Public Health

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