

Get services that you can afford.

Elder nutrition services are **pay-as-you-can programs**. Please contribute what you can, so that others may continue to have access to these services as well. If you cannot contribute, you will still receive elder nutrition services.

Volunteer and give back.

Elder nutrition programs rely on volunteers to help make and deliver meals.

If you receive nutrition services, you can also help give back to your community by volunteering.



Find out if you're eligible!

Contact your local elder nutrition program



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WISCONSIN DEPARTMENT
of HEALTH SERVICES

P-03712D (03/2025)

Elder Nutrition Services

Food | Health | Community | Connection



Which services are available?

Elder nutrition programs provide meals and other nutrition services to eligible people in every county and Tribal nation in Wisconsin.



Enjoy meals that meet your needs as you age. You can join other people in your community for meals, or get meals sent to your home.



Learn about healthy eating and physical activity.



Connect with your community through volunteering, social contact, and events.



Access community services such as nutrition counseling and transportation to support your health.

Get meals that meet your needs.

Each meal is approved by the program's nutritionist and meets the nutrition needs of people age 60 and older for at least one meal a day per participant. Some programs offer meals adjusted for special diet needs.

Work with an elder nutrition program to see which meal option is best for you.

- Community dining centers are located in hundreds of Wisconsin communities. You can enjoy freshly made meals with the company of others. Your elder nutrition program will help you find hours and locations of your nearest community dining center.
- Home-delivered meals, often called Meals on Wheels, are fresh meals that are delivered in person by kind and attentive drivers. Meals are delivered in instances when you can rarely leave home. Contact your elder nutrition program to discuss if this service is right for you.

Accommodations, materials in alternate formats, and after-hours appointments are available upon request. Please call to arrange for interpreters or captionists.

Who can get nutrition services?

You can get nutrition services if you:

- Are 60 or older.
- Are a spouse of a person who is age 60 or older.

Services are designed to serve those with the greatest need first, but there are no income requirements.

