

Farm Safe: Prevent the Spread of Avian Flu



Highly Pathogenic Avian Influenza (HPAI) is a virus that can sicken both people and animals. It can be mild or serious. Here's how people who work or live on a farm can protect themselves and their business:



Gear up

- Wear gloves and aprons year-round. Ask your vet about other gear to protect animal and human health.
- Don't touch sick animals, animal waste or bedding, raw milk or contaminated water with your bare hands.
- Use extra protection like goggles, masks, or face shields when animals are sick to protect your eyes, nose, and mouth.



Wash up

- Wash hands after touching animals and before eating, drinking, smoking, vaping, touching your face, and after using the restroom.
- Eat and drink in clean areas away from animals.
- Wash work clothes and gear on the farm. Shower before returning home.



Step up

- Follow your vet's footwear advice for biosecurity, especially when moving out of sick animal facilities.
- Wash work boots on the way in and out of barns.
- Keep boots and work gear at the farm and stored separate from personal belongings. Never wear boots or gear home.

Speak up: Talk to a doctor if you feel like you have the flu or have the symptoms below, especially if animals are also sick. Tell the doctor you work with animals or show them [this diagnosis card \(PDF\)](#) so they can decide whether you need special tests or medicine.

Eye irritation



Fever



Cough



Sore throat



Runny nose



Body ache



Headache



Fatigue



Need a doctor? Visit holawisc.org or coveringwi.org for help.

