What are the FoodShare work requirements?
Some FoodShare applicants and members are subject to work requirements, which they must meet in order to get or keep getting FoodShare benefits:

- If you are age 16 through 59, you must be registered for work unless you are considered exempt. You will be registered for work at the time you are determined eligible for FoodShare.
- If you are age 18 through 49 with no minor children living in your home, you may only get three months of time-limited FoodShare benefits in a 36-month (three-year) period unless you meet the work requirement for able-bodied adults without dependents or are considered exempt.

Your agency will explain these work requirements to you in more detail during your FoodShare interview.

What is the FoodShare Employment and Training (FSET) program?
The FSET program offers FoodShare members free services to build job skills and find employment. If you need help finding a job, need to meet the work requirement for adults ages 18 through 49 with no minor children living at home, or are currently working and want to increase your skills, FSET may be able to help you.

Questions?
Contact your agency with any questions you have. To get the address or phone number for your agency, go to dhs.wisconsin.gov/forwardhealth/resources.htm or call Member Services at 1-800-362-3002 (TTY and translation services are available).

USDA Nondiscrimination Statement
In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: https://www.ascr.usda.gov/how-file-program-discrimination-complaint and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;
(2) fax: (202) 690-7442; or
(3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.
**What is FoodShare Wisconsin?**
FoodShare Wisconsin, also known as SNAP (which stands for Supplemental Nutrition Assistance Program), helps people with limited income buy the food they need for good health.

**Who can get FoodShare benefits?**
The following people may be able to get FoodShare benefits:
- Senior citizens
- Families
- Qualifying immigrants
- Single adults
- People with disabilities

Even if you cannot get FoodShare benefits because you are not a U.S. citizen, your family members born in the U.S. may be able to get benefits.

**How much income can I have and still be eligible?**
You may be able to enroll in FoodShare if all of your family’s income is under the monthly limit. For current income limits, go to [dhs.wisconsin.gov/foodshare/fpl.htm](http://dhs.wisconsin.gov/foodshare/fpl.htm).

Some of the types of income that are counted include:
- Job wages.
- Disability benefits.
- Veterans benefits.
- Social Security benefits.
- Self-employment benefits.
- Unemployment insurance.

To see if you may be able to get benefits, go to [access.wi.gov](http://access.wi.gov) and click on “Am I Eligible?”

**How much will I get?**
The amount of FoodShare benefits you will get is based on your income and household size.

The “Am I Eligible?” tool cannot only tell you if you may be able to get benefits, but also how much you may be able to get. Since this tool is not an application, you will still need to apply to get benefits.

**What can I buy with FoodShare benefits?**
You can use your benefits to buy food such as:
- Breads and cereals.
- Fruits and vegetables.
- Dairy products.
- Meats, fish, and poultry.
- Plants and seeds to grow food for your family to eat.

You **cannot** use your benefits to buy:
- Nonfood items (pet foods, paper products, soaps, household supplies, grooming items, toothpaste, cosmetics, etc.).
- Beer, wine, liquor, cigarettes, or tobacco.
- Food that will be eaten in the store.
- Hot foods (food cooked and served hot at the store).
- Vitamins and medicines.

**How do I use my benefits to buy food?**
Benefits are put in your FoodShare account using an electronic benefits transfer (EBT) system. You access your benefits with a plastic card called the Wisconsin QUEST card. You use this card like a debit card.

**Where can I use the QUEST card?**
You can use the QUEST card to buy food at grocery stores and convenience stores that accept EBT payments.

You may also be able to use your benefits:
- At some farmers markets.
- At group meal sites for senior citizens.
- For meal delivery services, such as Meals-on-Wheels.

**How can I apply for FoodShare?**
To apply for FoodShare, you can complete an application:
- Online – Go to [access.wi.gov](http://access.wi.gov).
- By phone or in person – Contact your local agency.
- By mail – Go to [dhs.wisconsin.gov/forwardhealth/resources.htm](http://dhs.wisconsin.gov/forwardhealth/resources.htm) for the application, or contact your agency.

To get the address or phone number for your agency, go to [dhs.wisconsin.gov/forwardhealth/imagency/index.htm](http://dhs.wisconsin.gov/forwardhealth/imagency/index.htm) or call Member Services at 1-800-362-3002 (TTY and translation services are available).

Once you have submitted your application, you will need to have an interview with an agency worker either by phone or in person.

**Will I have to give my Social Security number?**
Everyone who applies for FoodShare must give his or her Social Security number. If you do not have a Social Security number, you will need to apply for one in order to apply for FoodShare.