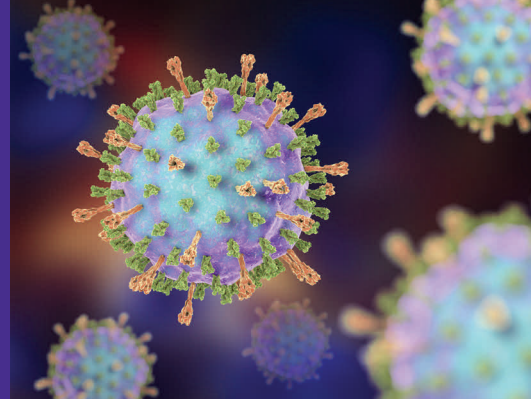


MOB QOG/TUAV QOG (Mumps)



Tus Mob Qog/Tuav Qog (Mumps) yog ib tus mob tau los ntawm tus kab mob qog. Tus kab mob no yuav ua rau cov qog nyob hauv koj lub qhov ncauj thiab ncig lub qhov ncauj uas ua tau cov qaub ncaug (qaub ncaug qog) mob o tuaj. Qhov mob o li no yuav mob heev, ua rau ob sab plhu o, thiab o rau ntawm lub pob tsaig hauv qab pob ntseg. Muaj ib txhia uas tau tus mob mas yuav muaj teeb meem nqos tsis tau ib yam dab tsi. Tus mob qog/tuav qog no yuav ua tau lag ntseg, ua mob rau cov paj hlwb thiab tus txha nqaj qaum (mob rau daim npog hlwb), ua mob o rau ob lub noob qes los yog cov zaus qe thiab ob lub mis, thiab muaj ib txhia kuj ua rau muaj tsis taus me nyuam. Tab sis qhov no pom muaj tsawg.

Tus mob no kis tau li cas?



- ▶ Tus mob qog/tuav qog no yog ib tus kab mob uas ya tau mus raws huab cua thaum nto qaub ncaug. Ib tus neeg uas muaj tus mob yuav kis tau thaum nws tham nrog lwm tus, thaum nws hnoos, txham, los yog sib qev khob haus dej los yog tais diav nrog lwm tus.
- ▶ Ib tus neeg yuav muaj tus mob qog/tuav qog tab sis nws yeej tsis paub txog li. Tab txawm tus neeg tsis pom muaj cov tsos mob tshwm sim tuaj los, nws yeej kis tau tus mob rau lwm tus.
- ▶ Ib tus neeg yuav kis tau tus mob rau lwm tus mus txog tseb hnuv tom qab pib muaj cov tsos mob.

Dab tsi yog cov cim qhia tias yog tus mob thiab cov tsos mob?



- ▶ Mob cov qog qaub ncaug ncig lub pob tsaig
- ▶ Tsis qab los
- ▶ Mob taub hau
- ▶ Mob ib ce
- ▶ Tsis muaj zog

Yuav tiv thaiv li cas thiaj tsis kis tau tus mob?



- ▶ Txoj kev zoo tshaj plaws kom zam txhob tau tus mob qog/tuav qog mas yog mus txhaj tshuaj tiv thaiv tus kab mob.
- ▶ Hom tshuaj txhaj MMR yog tiv thaiv tus mob qog/tuav qog, mob qhua pias/ua qoob, thiab ua qoob.
- ▶ Yuav tsum txhaj ob koob mas thiaj tiv thaiv tau tus mob. Thawj koob yog txhaj thaum muaj hnuv nyoo 12 hlis mus rau 15 hlias, thiab koob thib ob yog txhaj thaum muaj hnuv nyoo 4 mus rau 6 xyoos.
- ▶ Cov me nyuam thiab cov yuav nto hluas kuj yuav tau txhaj hom tshuaj MMRV, uas yog hom tiv thaiv tus mob ua qoob (ua qhua taum). Hom tshuaj no yog txhaj rau cov me nyuam uas muaj hnuv nyoo 12 hlis mus rau 12 xyoos nkaus xwb.

Cov hluas thiab cov laus los yuav tsum txhaj cov tshuaj tiv thaiv tus mob qog/tuav qog no kom puv. Nco ntsoov tham nrog koj tus kws kho mob hais txog txhaj tshuaj tiv thaiv tus mob qog/tuav qog!

Yog xav paub ntxiv txog hom tshuaj txhaj no, thov mus saib: <https://www.cdc.gov/vaccines/hcp/vis/vis-statements/mmr.pdf>

BUREAU OF COMMUNICABLE DISEASES

<https://www.dhs.wisconsin.gov/dph/bcd.htm> | DHSDPHBCD@dhs.wi.gov

Wisconsin Department of Health Services | Division of Public Health

