

Directory of Forms, Publications and Materials
Bureau of Community Health Promotion
WIC • Family Health • Maternal & Child Health • Nutrition & Physical Activity

Please use the following forms when ordering any of these materials:

- When ordering 15 or less lines, please [use F-80025A](#)

To order: enter quantity in column 1; publication number in column 3; and description in column 4.

- E-mail questions OR orders to DHSFMDPHWIC@dhs.wisconsin.gov

Items are listed alphabetically in each category. Some WIC items are only available on the WICPRO website: <http://dhs.wisconsin.gov/wic/WICPRO/index.htm>. Changes to the directory are highlighted in turquoise, pink, red, and marked as .

Form/Publication numbers that end in either H or S indicate language:

- **H=Hmong**
- **S=Spanish**

WIC OUTREACH

F-44158	WIC Application Postcard	11/2014
F-44158S		11/2014
P-44784	WIC Outreach Brochure (WIC brochure for general public use)	11/2014
P-44784S		11/2014
P-44785	WIC Outreach Poster	11/2014
P-44785S		11/2014
P-44785A	WIC Tear-Off Pad – English With 800# (per PAD)	11/2014
P-44785C	WIC Tear-Off Pad – Spanish With 800# (per PAD)	11/2014

WIC PROGRAM MANAGEMENT

P-00417	Your Right to an Interpreter (Download from: https://www.dhs.wisconsin.gov/publications/p0/p00417.pdf)	
F-40019	Affirmation of Identity, Residency and/or Income (Print from WICShare) <i>also available in the Letters Section of ROSIE</i>	
F-40019S		
F-40019H	<i>available in the Letters Section of ROSIE only</i>	
P-44094	"And Justice for All" (Affirmative action poster for USDA-funded agencies)	
F-40052A	Breast Pump Order Request (Available on WICShare)	12/2013
F-44624	Budget Worksheets (Print from WICShare)	
F-40082	Civil Rights Complaint Form (Print from WICShare)	
F-40082S		
F-40082H	<i>available in the Letters Section of ROSIE only</i>	
F-44322	Complaint Form for WIC Participants and Vendors (Print from WICShare)	
F-82009II	Confidential Information Release Authorization (Print from WICShare)	03/2016

F-82009IIH		
F-82009IIS		
F-40080	Disqualification Notice (Available in the "Letters" section of ROSIE)	
F-40080H		
F-40080S		
P-44087	Federal Regulations (Call Central Office to order: 608-266-9824) http://www.fns.usda.gov/wic/wic-laws-and-regulations	
F-40083	Hearing Request Form (Available in the "Letters" section of ROSIE)	
F-40083H		
F-40083S		
F-40076	Income Statement Form (English and Spanish on one form)	07/2013
F-40085	Ineligibility Notice (Available on WICShare)	
F-40085S		
F-40094	Lost or Stolen Check Replacement Agreement (Available on WICShare)	12/2012
F-40094H		
F-40094S		
P-44086	Operations Manual (Available on WICShare)	
F-40096	Repayment Agreement (Available on WICShare)	12/2012
F-40096H		
F-40096S		
F-40095	Repayment Agreement with Proxy Designation (Available on WICShare)	12/2012
F-40095H		
F-40095S		
F-40093	ROSIE Security Agreement (Print from WICShare)	

WIC CERTIFICATION

P-44501	Income Eligibility Table (Print from WICShare website)	07/2016
F-44161	WIC Rights and Responsibilities (also available on WICShare)	06/2016
F-44161H		
F-44161S		
F-44160A	Plastic Covers for WIC Folders (Round your order to the nearest 200)	
No Number	WIC Approved Foods DVD (DVD in English/Hmong/ Spanish) (Call Central Office: 608-266-9824)	2015
No Number	Shopping With Your eWIC Card (DVD in English & Spanish) (Call Central Office: 608-266-9824)	04/2015

WIC VENDORS

No Number	Administrative Rules for the WIC Program (Not available in print) (Download from: http://docs.legis.wisconsin.gov/code/admin_code/dhs/110/149)	
P-44093	Approved Foods Label (Shelf Talker – call WIC Vendor Unit: 608-266-6912)	12/2012
P-44081A	Cashier Instructions for Accepting Wisconsin WIC Checks (Call WIC Vendor Unit: 608-266-6912)	02/2012
F-44322	Complaint Form for WIC Participants and Vendors (Download from: http://www.dhs.wisconsin.gov/forms/F4/F44322.pdf)	
F-40089	Receipt for Confiscated Checks (Call WIC Vendor Unit: 608-266-6912)	
F-44444	Vendor Forms and Publications Order Request (Call WIC Vendor Unit: 608-266-6912 or download from: http://www.dhs.wisconsin.gov/forms/F4/F44444.doc)	
P-44537	Vendor Manual (Call WIC Vendor Unit: 608-266-6912)	08/2013
F-40004A	Vendor Monitoring Result with Offenses (Call WIC Vendor Unit: 608-266-6912)	
F-40004B	Vendor Monitoring Result without Offenses (Call WIC Vendor Unit: 608-266-6912)	
F-xxxxx	Vendor Monitoring Worksheet (Call WIC Vendor Unit: 608-266-6912)	
F-44727	Vendor Training Proof of Participation	
P-44360	WIC Approved Foods UPC Codes	08/2004
P-44098	WIC Accepted Here (Large Sticker - call WIC Vendor Unit: 608-266-6912)	05/2013
P-44089	WIC Accepted Here (Small Sticker - call WIC Vendor Unit: 608-266-6912)	05/2013

WIC FOODS

P-00052	Getting the Most With Your Fruit & Vegetable Checks	01/2014
P-00052H		
P-00052S		
P-00592	WIC Increasing Fruit & Vegetable Sales	01/2014
P-01019	WIC Approved Potato Poster	05/2015
P-01019S		05/2015
P-44578	WIC Approved Food Guide	06/2014
P-44578S	WIC Approved Food Guide	06/2014
P-44578A	WIC Approved Potato Insert English/Spanish	05/2015
P-44578B	WIC Approved Food Guide – Highlights of Changes (Available on WICShare only)	12/2013
P-44578BS		

eWIC

P-00897	Shopping With Your eWIC Card	02/2015
P-00897S		

©NUTRITION MATTERS, INC

P-00059	Fruits & Vegetables — 7 Ways to Eat More	06/2009
P-00059S		
P-00060	Whole Grains — 6 Ways to Eat More	06/2009
P-00060S		
P-00135	Beans — 7 Ways to Eat More	11/2009
P-00135S		
P-00136	Sweet Drinks	11/2009
P-00136S		
P-00167	Preschool child activities: Watch Less TV	04/2010
P-00167S		
P-00168	Preschool child activities: Turn on the Music	04/2010
P-00168S		
P-00170	Preschool child activities: Play with a Ball	04/2010
P-00170S		
P-00171	Preschool child activities: Play Outside	04/2010
P-00171S		
P-00172	Preschool child activities: Play Inside	04/2010
P-00172S		
P-00173	Preschool child activities: Active Toys	04/2010
P-00173S		
P-00239	Bye, Bye Bottle	01/2011
P-00239S		
P-00241	A Child's Appetite	05/2012
P-00241S		
P-00289	My Plate – Steps To A Healthy Plate	05/2012
P-00289S		
P-00291	Which Foods Have Iron? Iron Foods	10/2011
P-00291S		
P-00297	I'm Six Months	12/2011
P-00297S		
P-00298	I'm Twelve Months	12/2011
P-00298S		
P-00299	Sippy Cup	12/2011
P-00299S		
P-00300	12 Steps To A Healthy Family	12/2011

P-00300S		
P-00388	Make Half Your Plate Fruits and Vegetables	08/2012
P-00388S		
P-00389	My First Three Months	08/2012
P-00389S		
P-00390	Bottle Feeding	08/2012
P-00390S		
P-00391	Baby's First Spoonfuls	08/2012
P-00391S		
P-00392	Safe Foods For Your Baby	08/2012
P-00392S		
P-00393	Baby's First Finger Foods	08/2012
P-00393S		
P-00394	I'm Nine Months	08/2012
P-00394S		
P-00395	Which Foods Have Calcium?	08/2012
P-00395S		
P-00402	Enjoy Family Meals	08/2012
P-00402S		
P-00403	Drink Water Instead Of Sugary Drinks	08/2012
P-00403S		
P-00485	7 Ways To Eat More Fruits & Vegetables	04/2013
P-00485S		
P-00490	7 Ways To Eat More Dark Green Vegetables	04/2013
P-00490S		
P-00491	7 Ways To Eat Frozen Fruits & Vegetables	04/2013
P-0491S		
P-00492	7 Ways To Eat More Red & Orange Vegetables	04/2013
P-00492S		
P-00575	Veggies For Kids	12/2013
P-00575S		
P-00582	Small Frequent Meals	01/2014
P-00582S		
P-00583	Healthy Weight Gain	01/2014
P-00583S		
P-00584	Control Your Weight	01/2014
P-00584S		
P-00585	Gain More Weight	01/2014
P-00585S		
P-00607	Farmers' Market Booklet	03/2014
P-00607S		
P-00720	7 Ways To Eat Brown Rice	08/2014
P-00720S		
P-00721	7 Ways To Use Milk	08/2014
P-00721S		
P-00722	7 Ways To Use Whole Grain Tortillas	08/2014
P-00722S		
P-00723	A Healthy Toddler Plate	08/2014
P-00723S		
P-00724	Baby Teeth Matter	08/2014
P-00724S		
P-00725	Easy Toddler Meals	08/24014
P-00725S		
P-00726	Mealtime Routines	08/2014
P-00726S		
P-00727	Short Order Cook	08/2014
P-00727S		

P-00728	Snack Time	08/2014
P-00728S		
P-00729	The Fussy Eater	08/2014
P-00729S		
P-00912	How's My Child Growing?	12/2014
P-00912S		
P-00913	Iron Foods For Mom And Kids	12/2014
P-00913S		
P-01199	Baby's First Cup 	03/2016
P-01199S		
P-01200	Food Safety During Pregnancy 	03/2016
P-01200S		
P-01204	Steps To A Healthy Plate During Pregnancy 	03/2016
P-01204S		
P-01205	Preschool Child MyPlate Nutrition Guide 	03/2016
P-01205S		
P-01297	Finger Foods 	07/2016
P-01297S		
P-40030	Skim or 1% Milk 	03/2016
P-40030S		
P-44725	Folic Acid During Pregnancy 	03/2016
P-44725S		
P-44906	Constipation During Pregnancy 	03/2016
P-44906S		

WIC NUTRITION EDUCATION CARDS

P-40030	Family Health Switch to Low Fat Milk ! Being Replaced with NM – Skim or 1% Milk	03/2016
P-40030S		
P-43012	Women's Health Doing Something About That Extra Weight	07/2000
P-43015	Women's Health Handling Stress: Nutrition Tips	07/2000
P-43016	Women's Health DASH to Lower Blood Pressure	01/2013
P-43017	Women's Health Good Things Happen when You are Physically Active	03/2013
P-43017S		
P-43019	Women's Health Type 2 Diabetes: What Do I Need to Know?	08/2010
P-43019S		
P-44725	Family Health Folic Acid / Which Vitamin is Right for You? ! Being Replaced with NM – Folic Acid During Pregnancy	03/2016
P-44725S		
P-40116	Vitamin D 	10/2015
P-40116S		
P-00777	Making Formula	08/2014
P-00777S		
P-44909	FYB 2: Infant Formula Selection	03/2013
P-44909S		
P-44910	FYB 3: Suggestions for Adding Solid Foods	10/2014
P-44910S		
P-44895	FYB 11: Making Baby Food	03/2013
P-44895S		
P-44896	FYB 12: Baby Food Recipes	03/2013
P-44896S		
P-01216	Fresh Fruit & Vegetables For Your Older Infant 	
P-01216S		
P-44894	FYC 12: Help Your Child Grow Up Healthy	01/2013
P-44894S		

P-44968	FYC 13: Preventing Childhood Lead Poisoning	11/2012
P-44968S		
P-01051	Helping Your Child Gain Weight 	08/2015
P-01051S		
P-44902	Pregnancy 3 Snack Attack? Eat Something Good For Your Baby	10/2012
P-44902S		
P-44905	Pregnancy 6 Morning Sickness	03/2013
P-44905S		
P-44906	Pregnancy 7 Constipation! Being Replaced with  NM – Constipation During Pregnancy	03/2016
P-44906S		
P-44907	Pregnancy 8 Indigestion and Heartburn	01/2013
P-44907S		
P-40036	Pregnancy 9 Gestational Diabetes	10/2010
P-40036S		
P-40143	Food Safety Chill	
P-40144	Food Safety Clean	
P-40145	Food Safety Separate	
P-xxxxx	Food Safety Cook	

NUTRITION AND PHYSICAL ACTIVITY

No Number	Healthy Bites: A Wisconsin Guide For Improving Childhood Nutrition (this is a DPI Publication) http://dpi.wi.gov/fns/pdf/healthy_bites.pdf	
P-00008	Obesity, Nutrition and Physical Activity in Wisconsin (Full Report) (Order online at: http://www.dhs.wisconsin.gov/physical-activity/)	12/2008
P-00009	Obesity, Nutrition and Physical Activity in Wisconsin (Summary) (Order online at: http://www.dhs.wisconsin.gov/physical-activity/)	12/2008
P-00022	Ten Steps to Breastfeeding Friendly Child Care Centers	04/2013
P-00036	Active Community Environments (Download: http://www.dhs.wisconsin.gov/physical-activity/index.htm)	04/2013
P-00228	Got Veggies? (Order online at: http://www.dhs.wisconsin.gov/physical-activity/)	11/2015
P-00228S		
P-00232	What Works In Early Care & Education (Order online at: Nutrition, Physical Activity and Obesity Initiatives - Childcare)	11/2011
P-00280	Active Early: A Wisconsin Guide For Improving Childhood Physical Activity	09/2011
P-00341	Got Access? (Order online at: http://www.dhs.wisconsin.gov/physical-activity/)	06/2012
P-00399	Community Walking And Bicycling Audit Tool	07/2012
P-00475	What Works After School (Order online at: http://www.dhs.wisconsin.gov/physical-activity/)	02/2013
P-00507	Nutrition and Physical Activity State Plan 2 nd Edition (Full Report) (Order online at: http://www.dhs.wisconsin.gov/physical-activity/)	06/2013
P-00507A	Nutrition and Physical Activity State Plan 2 nd Edition (Summary) (Order online at: http://www.dhs.wisconsin.gov/physical-activity/)	06/2013
P-00507B	Increase Nutrition & Physical Activity Infrastructure (Order online at: http://www.dhs.wisconsin.gov/physical-activity/)	06/2013
P-00507C	Increase Physical Activity (Order online at: http://www.dhs.wisconsin.gov/physical-activity/)	06/2013
P-00507D	Reduce Screen Time (Order online at: http://www.dhs.wisconsin.gov/physical-activity/)	06/2013
P-00507E	Increase Fruit & Vegetable Access, Availability & Consumption (Order online at: http://www.dhs.wisconsin.gov/physical-activity/)	06/2013
P-00507F	Encourage Healthy Food & Beverage Consumption (Order online at: http://www.dhs.wisconsin.gov/physical-activity/)	06/2013
P-00507G	Increase Breastfeeding Initiation, Duration & Exclusivity (Order online at: http://www.dhs.wisconsin.gov/physical-activity/)	06/2013
P-00562	Order Up Healthy (Order online at: http://www.dhs.wisconsin.gov/physical-activity/)	06/2013
P-00566	Check Out Healthy (Order online at: http://www.dhs.wisconsin.gov/physical-activity/)	11/2013

P-40112	Got Dirt? A Garden Tool-Kit (Order online at: http://www.dhs.wisconsin.gov/physical-activity/)	03/2016
P-40112S		
P-40132	What Works in Schools: Healthy Eating, Physical Activity, Healthy Weight (Print from website at: http://www.dhs.wisconsin.gov/physical-activity/)	05/2006
P-40133	What Works in Worksites: Healthy Eating, Physical Activity, Healthy Weight (Print from website at: http://www.dhs.wisconsin.gov/physical-activity/)	08/2006
P-40135	Wisconsin Worksite Wellness Resource Kit (Also available via website at: http://www.dhs.wisconsin.gov/physical-activity/)	12/2010
P-40142	What Works in. . . Healthcare (Order online at: http://www.dhs.wisconsin.gov/physical-activity/)	05/2008
P-40152	To Weigh and Measure	03/2008
P-49301	Smart Families Eat Breakfast	
P-49302	Breakfast and Learning: Are They Connected? (Poster)	

NUTRITION PUBLICATIONS FOR PROFESSIONALS & PROVIDERS

P-40022	Infant Feeding for Full-Term Infants	
P-40023	WIC Formulas for Infants and Children	
P-40031	Calcium Recommendations: Healthy Choices for Children and Adolescents	
P-40034	Folate and the Prevention of Neural Tube Defects	
P-40035	Gestational Diabetes	
P-40083	Prevention of Rickets and Vitamin D Deficiency in Infants	
P-40139	WIC Services for Infants and Children with Special Health Care Needs	
P-40077C	WIC Formula and Medical Food: Child (Print from WICShare or WICPRO website)	
P-40077A	WIC Formula and Medical Food: Infants—Contract Standard (Print from WICShare or WICPRO website)	
P-40077B	WIC Formula and Medical Food: Infants—Prescription Required (Print from WICShare or WICPRO website)	
P-40077D	WIC Medical Food: Women (Print from WICShare or WICPRO website)	
F-44024B	WIC Prescriptions and Clinical Data: Children (Print from WICShare or WICPRO website)	
F-44024D	WIC Prescriptions and Clinical Data: Infants (Print from WICShare or WICPRO website)	
F-44024A	WIC Prescriptions and Clinical Data: Women (Print from WICShare or WICPRO website)	

BREASTFEEDING

P-44950	Breastfeeding 01 You Have the Right to Breastfeed	07/2012
P-44950S		
P-44951	Breastfeeding 02 Answers to Your Questions	06/2012
P-44951S		
P-44952	Breastfeeding 03 Why Should I Breastfeed?	01/2010
P-44952S		
P-44953	Breastfeeding 04 Breastfeeding in the First Weeks	07/2012
P-44953S		
P-44954	Breastfeeding 05 Making Enough Milk For Your Baby	12/2013
P-44954S		
P-44955	Breastfeeding 06 Breast Care and Comfort	10/2012
P-44955S		
P-44956	Breastfeeding 07 Healthy Sleep for Babies	09/2014
P-44956S		
P-44956A	Breastfeeding 07A Babies Cry	09/2014
P-44956AS		
P-44957	Breastfeeding 08 Breastfeeding and Going Back to Work	05/2014

P-44957S		
P-44958	Breastfeeding 09 Expressing Your Breastmilk	07/2012
P-44958S		
P-44959	Breastfeeding 10 Breastmilk Storage Guidelines 	03/2016
P-44959S		
P-44960	Breastfeeding 11 How Long Should I Breastfeed?	02/2010
P-44960S		
P-00147	Breastfeeding 13 Teething and Nursing Strike	02/2010
P-00147S		
P-00481	Breastfeeding 14 Hold Me Heart-to-Heart	03/2013
P-00481S		
P-00571	Breastfeeding 15 My Breastfeeding Plan	11/2013
P-00571S		
P-00029	Breastfeeding Building Blocks Poster (Only available to WIC Projects)	12/2014
P-00029S		
P-40141	Breastfeeding Peer Counselors	08/2014
P-40141S		
P-00924	Toddlers Need Their Dads	12/2014
P-00924S		
P-00941	Dads and Breastfeeding	01/2015
P-00941S		
P-000950	Breastfeeding Encouragement Poster (USDA)	01/2015
P-00030	Make Breastmilk? (Only available to WIC Projects)	
P-00165	Right to Breastfeed Pocket Card (Round orders to the nearest 100)	12/2013
P-00165S		

MATERNAL AND CHILD HEALTH

P-00080	Children & Youth With Special Health Care Needs-Folder	05/2009
P-00160	Parent to Parent of Wisconsin	04/2010
P-00160S		
P-00210	Track Your Child's Developmental Milestones	07/2010
P-00210S		07/2010
P-00211	Autism Spectrum Disorders Resources Insert	07/2010
P-00446	Amish Newborn Screening Brochure	08/2013
P-01105	Newborn Screening For Critical Congenital Heart Disease 	09/2015
P-01105S		
P-40024	Hemoglobin C Fact Sheet	06/2002
P-40025	Hemoglobin E Trait Fact Sheet	02/2015
P-40033	More Than Just the Blues (Available online only: http://dhs.wisconsin.gov/publications/P4/P40033.pdf)	08/2012
P-40033H		
P-40033S		
P-40051	Children and Youth with Special Health Care Needs: Regional Offices	09/2014
P-40051S		
P-40052	Children and Youth with Special Health Care Needs: Central Offices	08/2009
P-40053	Children and Youth with Special Health Care Needs: Nutrition Services	04/2003
P-40054	WI Birth Defect Surveillance Program Parent Poster	05/2003
P-40055	Babies and Hearing Loss (This publication is only available to audiologists.)	12/2013
P-40055S		
P-40059	Wisconsin Birth Defects Surveillance Program Provider Brochure	05/2003
P-40060	Wisconsin Birth Defects Surveillance Program Provider Poster	05/2003
P-40061	Wisconsin Birth Defects Surveillance Program Parent Brochure	05/2003
P-40079	Wisconsin Newborn Blood Screening Program Poster	01/2004
P-40080	Galactosemia Fact Sheet	06/2004
P-40081	Cystic Fibrosis Carrier Fact Sheet	08/2014
P-40117	Sickle Cell Trait Fact Sheet	01/2014
P-40118	Hemoglobin C Trait Fact Sheet	02/2014

P-40119	Hemoglobin D Trait Fact Sheet	02/2015
P-40123A	Guide By Your Side Postcard	02/2011
P-40123AH		
P-40123AS		
P-40125	These Tests Could Save Your Baby's Life (Also available online at: http://dhs.wisconsin.gov/publications/P4/P40125.pdf)	05/2014
P-40125S		01/2014
P-40131	It's Never Too Early (Hearing screening poster)	06/2006
P-40131H		
P-40131S		
P-44031B	Family Guide to Eating Fish from Wisconsin (Available online only at: http://www.dhs.wisconsin.gov/eh/Fish/FishFS/MercryBrchre.pdf)	07/2008
P-44078	Healthy Teeth for Happy Smiles	07/2012
P-44078H		
P-44078S		
P-44512	Sound Beginning for Your Baby (Also available online at: http://dhs.wisconsin.gov/publications/P4/P44512.pdf)	12/2013
P-44512S		
P-44531	Fluoride Supplementation Fact Sheet (Available online only at: http://www.dhs.wisconsin.gov/publications/P4/P44531.pdf)	
P-44534	Baby Bottle Tooth Decay (Available online only at: http://www.dhs.wisconsin.gov/publications/P4/P44534.pdf)	
P-44566	Sickle Cell Trait Brochure	01/2014
P-44566S		
P-44739	Hemoglobin C Trait	05/2014
P-49452	Pesticides and Your Children	08/2006
P-49453	Newborn Screening Stickers	08/2006
P-49453S		
P-00855	Severe Combined Immune Deficiency	01/2014
P-00856	SCID Test Fact Sheet for Physicians	08/2014
P-00923	Hearing Loss Risk Factor Traffic Sign	12/2014

"ACT 309" PUBLICATIONS

F-05506	Induced Termination of Pregnancy Report ► E-mail your order form to Vital Records at: DHSfmDPHbhip@dhs.wisconsin.gov	
F-40117	Abortion Information Provision Certification	
P-40073	Directory of Services for Women, Children and Families (available via on-line only)	04/2015
P-40073S		
P-40074	Information about Fetal Development, Birth and Abortion	
P-40074S		

ALCOHOL, TOBACCO AND OTHER DRUG ABUSE

P-40124	Drugs and Alcohol Can Hurt You and Your Children	08/2014
P-20465	Sometimes The Biggest Reason To Stay Healthy Is A Little One....	02/2010
P-40124S	Drugs and Alcohol Can Hurt You and Your Children	08/2014
P-20465S	Sometimes The Biggest Reason To Stay Healthy Is A Little One....	02/2010
P-44823	Keep Your Baby Smoke-Free (Round your order to the nearest 100 sheets)	

FARMERS' MARKET NUTRITION PROGRAM

F-40018	Farmers' Market Participant Complaint Form (Call Central Office to order: 608-261-8867)	
F-40053	Farmers' Market Verification of Farmer Training (Call Central Office to order: 608-261-8867)	
F-44746	Farmers' Market Site Observation Worksheet (Call Central Office to order: 608-261-8867)	
F-44747	Compliance Buy Report (Call Central Office to order: 608-261-8867)	
F-44800	Farmers' Market Application (Call Central Office to order: 608-261-8867)	02/2015

F-44819	Farmstand Application (Call Central Office to order: 608-261-8867)	02/2015
P-00104	Eating Colorful Fruits & Vegetables	05/2008
P-00161	Young At Heart	
P-00249	Fruits and Vegetables Nutrition Information	02/2014
P-00254	Ask For Farmers' Market Checks (Purple) (Available on WICShare)	04/2011
P-00254H		
P-00254S		
P-00255	Ask For Farmers' Market Checks (Green) (Available on WICShare)	04/2011
P-00255H		
P-00255S		
P-00313	Fruits and Vegetables: Easy Ways To Eat More	02/2016
P-40154H		
P-40154S		
P-44748	Farmers' Market Vendor Sign (Call Central Office to order: 608-261-8867)	07/2012
P-44749	Farmers' Market Participant Brochure	02/2016
P-44749S		
P-44854	Farmers' Training Manual (Call Central Office to order: 608-261-8867)	02/2016
P-44854H		
P-49342	African-Americans Take the Five-A-Day Challenge for Better Health	
P-49344	Time to Take Five: Eat 5 Fruits and Vegetables a Day	

FRUIT & VEGETABLE CARDS

P-40003	Fruit & Vegetable Card Corn	04/1999
P-40003S		
P-40004	Fruit & Vegetable Card Greens	04/1999
P-40004S		
P-40005	Fruit & Vegetable Card Potatoes	03/2000
P-40005S		
P-40006	Fruit & Vegetable Card Broccoli	04/1999
P-40006S		
P-40007	Fruit & Vegetable Card Summer Squash	03/2000
P-40007S		
P-40008	Fruit & Vegetable Card Green Beans	04/1999
P-40008S		
P-40009	Fruit & Vegetable Card Tomatoes	04/1999
P-40009S		
P-40010	Fruit & Vegetable Card Peas	04/1999
P-40010S		
P-40011	Fruit & Vegetable Card Carrots	04/1999
P-40011S		
P-40012	Fruit & Vegetable Card Berries	04/1999
P-40012S		
P-40013	Fruit & Vegetable Card Apples	03/2000
P-40013S		
P-40014	Fruit & Vegetable Card Winter Squash	03/2000
P-40014S		
P-40040	Fruit & Vegetable Card Stir Frying	05/2001
P-40040S		
P-40041	Fruit & Vegetable Card Lettuce	03/2005
P-40041S		
P-40042	Fruit & Vegetable Card Herbs	05/2001
P-40042S		
P-40043	Fruit & Vegetable Card Grilling Vegetables	05/2001
P-40043S		

NO LONGER AVAILABLE IN PRINT

P-43013	Women's Health Eating for Strong Bones	OBSOLETE	Replaced with	
P-00395	Which Foods Have Calcium?			08/2012
P-43013S	Women's Health Eating for Strong Bones	OBSOLETE	Replaced with	
P-00395S	Which Foods Have Calcium?			08/2012
P-43014	Women's Health Getting Enough Iron for Healthy Blood	OBSOLETE	Replaced w/	
P-00291	Which Foods Have Iron?			10/2011
P-43014S	Women's Health Getting Enough Iron for Healthy Blood	OBSOLETE	Replaced w/	
P-00291S	Which Foods Have Iron?			10/2011
P-44870	FYB 4: Starting Spoon Feedings	OBSOLETE	Replaced with	
P-00391	Baby's First Spoonfuls			08/2012
P-44870S	FYB 4: Starting Spoon Feedings	OBSOLETE	Replaced with	
P-00391S	Baby's First Spoonfuls			08/2012
P-44871	FYB 5: 6-8 Months	OBSOLETE	Replace with	05/2010
P-00297	I'm Six Months			12/2011
P-44871S	FYB 5: 6-8 Months	OBSOLETE	Replace with	05/2010
P-00297	I'm Six Month			12/2011
P-44872	FYB 7: 8-10 Months	OBSOLETE	Replaced with	
P-00393	Baby's First Finger Foods and/or			08/2012
P-00392	Safe Foods For Your Baby			08/2012
P-44872S	FYB 7: 8-10 Months	OBSOLETE	Replaced with	
P-00393S	Baby's First Finger Foods			08/2012
P-44873	FYB 8: 10-12 Months	OBSOLETE	Replaced with	
P-00394	I'm Nine Months			08/2012
P-44873S	FYB 8: 10-12 Months	OBSOLETE	Replaced with	
P-00394S	I'm Nine Months			08/2012
P-44881	FYB 6: Teaching Your Baby to Use a Cup	OBSOLETE	Replaced with	
P-00299	Sippy Cup			12/2011
P-44881S	FYB 6: Teaching Your Baby to Use a Cup	OBSOLETE	Replaced with	
P-00299S	Sippy Cup			12/2011
P-44882	FYB 10: Weaning From the Bottle	OBSOLETE	Replaced with	
P-00239	Bye, Bye Bottle			01/2011
P-44882S	FYB 10: Weaning From the Bottle	OBSOLETE	Replaced with	
P-00239S	Bye, Bye Bottle			01/2011
P-44883	FYC 1: Feeding Your One-Year-Old	OBSOLETE	Replaced with	
P-00298	I'm Twelve Months			12/2011
P-44883S	FYC 1: Feeding Your One-Year-Old	OBSOLETE	Replaced with	
P-00298S	I'm Twelve Months			12/2011
P-44884	FYC 2: Feeding Your 18-Month-Old	OBSOLETE	No Replacements at this time	04/2010
P-44884S	FYC 2: Feeding Your 18-Month-Old	OBSOLETE	No Replacements at this time	04/2010
P-44885	FYC 3: Feeding Your Two-Year-Old	OBSOLETE	Can be replaced with	
P-00241	A Child's Appetite			05/2012
P-44885S	FYC 3: Feeding Your Two-Year-Old	OBSOLETE	Can be replaced with	
P-00241S	A Child's Appetite			05/2012
P-44886	FYC 4: Feeding Your Three-Year-Old	OBSOLETE	Can be replaced with	
P-00241	A Child's Appetite			05/2012
P-44886S	FYC 4: Feeding Your Three-Year-Old	OBSOLETE	Can be replaced with	
P-00241S	A Child's Appetite			05/2012
P-44887	FYC 5: Feeding Your Four-Year-Old	OBSOLETE	Can be replaced with	
P-00241	A Child's Appetite			05/2012
P-44887S	FYC 5: Feeding Your Four-Year-Old	OBSOLETE	Can be replaced with	
P-00241S	A Child's Appetite			05/2012
P-44891	FYC 9: Iron for Your Child	OBSOLETE	Replaced with	
P-00291	Which Foods Have Iron?			10/2011
P-44891S	FYC 9: Iron for Your Child	OBSOLETE	Replaced with	
P-00291S	Which Foods Have Iron?			10/2011
P-44901	Pregnancy 2 Gaining The Right Amount of Weight	OBSOLETE	Replaced with	

P-00583	Healthy Weight Gain	01/2014
P-44901S	Pregnancy 2 Gaining The Right Amount of Weight OBSOLETE Replaced with	
P-00583	Healthy Weight Gain – Spanish	01/2014
P-44903	Pregnancy 4 Eating for Healthy Blood! Getting Enough Iron OBSOLETE Replaced with	
P-00291	Which Foods Have Iron?	10/2011
P-44903S	Pregnancy 4 Eating for Healthy Blood! Getting Enough Iron OBSOLETE Replaced with	
P-00291S	Which Foods Have Iron?	10/2011
P-44908	FYB 1: Helpful Hints for Parents of Newborns OBSOLETE Replaced with	
P-00389	My First Three Months and/or	08/2012
P-00390	Bottle Feeding	08/2012
P-44908S	FYB 1: Helpful Hints for Parents of Newborns OBSOLETE Replaced with	
P-00389S	My First Three Months and/or	08/2012
P-00390S	Bottle Feeding	08/2012
P-40029	Family Health Food Safety: Prepare with Care OBSOLETE	04/2004
P-40029S	Family Health Food Safety: Prepare with Care OBSOLETE	04/2004
P-00037	Rice Bowls OBSOLETE	03/2009
P-00037S	Rice Bowls OBSOLETE	03/2009
P-40045	Eat Well, Play Hard: The Farmers' Market Cookbook OBSOLETE Replaced with Celebrating	01/2011
P-00240	A Healthy Harvest	
P-40045S	Eat Well, Play Hard: The Farmers' Market Cookbook OBSOLETE Replaced with Celebrating	01/2011
P-00240S	A Healthy Harvest	
P-40155	Stockbox Cookbook OBSOLETE	05/2008
P-43018	Women's Health The Latest Diet: Is It For You? OBSOLETE	07/2000
P-40046	Nutrition Services for Children with Special Health Care Needs OBSOLETE	
P-40049	Reimbursement of Nutrition Services for Children with Special Health Care Needs OBSOLETE	
P-40082	Vitamin and Mineral Supplements for Medicaid Recipients OBSOLETE	
P-44257	WIC Outreach Brochure for Professionals OBSOLETE	09/2008
P-44880	FYB 9: Easy Ways to Keep Your Baby's Teeth Beautiful OBSOLETE Replaced with	
P-00724	Baby Teeth	
P-44880S	FYB 9: Easy Ways to Keep Your Baby's Teeth Beautiful OBSOLETE Replaced with	
P-00724S	Baby Teeth	
P-44888	FYC 6: Snacks OBSOLETE Replaced with	09/1998
P-00728	Snack Time	
P-44888S	FYC 6: Snacks OBSOLETE Replaced with	
P-00728S	Snack Time	
P-44889	FYC 7: How to Cope With Your Picky Eater OBSOLETE Replaced with	09/1998
P-00729	The Fussy Eater	
P-44889S	FYC 7: How to Cope With Your Picky Eater OBSOLETE Replaced with	
P-00729S	The Fussy Eater	
P-44890	FYC 8: When Your Child Refuses to Eat OBSOLETE Replaced with	09/1998
P-00729	The Fussy Eater	
P-44890S	FYC 8: When Your Child Refuses to Eat OBSOLETE Replaced with	
P-00729S	The Fussy Eater	
P-44892	FYC 10: Calcium for Your Child OBSOLETE Replaced with	09/1998
P-00723	Healthy Toddler Plate	
P-44892S	FYC 10: Calcium for Your Child OBSOLETE Replaced with	
P-00723S	Healthy Toddler Plate	
P-44893	FYC 11: Help Your Child Grow OBSOLETE Replaced with	09/1998
P-00723	Healthy Toddler Plate	
P-44893S	FYC 11: Help Your Child Grow OBSOLETE Replaced with	
P-00723S	Healthy Toddler Plate	
P-44904	Pregnancy 5 Eating for Strong Bones! Getting Enough Calcium OBSOLETE Replaced with	07/2010
P-00395	Which Foods Have Calcium?	08/2012
P-44904S	Pregnancy 5 Eating for Strong Bones! Getting Enough Calcium OBSOLETE Replaced with	07/2010

P-00395S	Which Foods Have Calcium?	08/2012
P-40058	Babies & Hearing Loss-A Guide for Providers	08/2003
P-40056	Medical Dental Home Plan	04/2003
F-44160L	WIC Folder	11/2013
F-44160LS		11/2013
P-44784H	WIC Outreach Brochure – Hmong OBSOLETE	
P-44785H	WIC Outreach Poster – Hmong OBSOLETE	
P-44785E	WIC Tear-Off Pad – Hmong With 800# OBSOLETE	
P-44578H	WIC Approved Food Guide OBSOLETE	11/2010
P-00901	eWIC Coming Soon Flyer – English/Spanish OBSOLETE	11/2014
P-00901A	eWIC Coming Soon Poster OBSOLETE	11/2014
P-00901AS		
P-00901B	eWIC Coming Soon Card Flyer – English/Spanish OBSOLETE	12/2014
P-00053	Make Half Your Grains Whole Grains (English - Available on WICShare) OBSOLETE	03/2009
P-00053S		
P-00055	Food Packages & Benefits Handout OBSOLETE	03/2009
P-00055S		
P-00056	Food Packages & Benefits Poster OBSOLETE	03/2009
P-00056S		
P-49463	African-American Breastfeeding: Support Your Daughter	
P-49461	African-American Breastfeeding: Support Your Partner	
P-49462	African-American Breastfeeding: Your Baby, Your Gift	10/2012