



# Wisconsin WIC Formulary

## Standard Contract Formula

These are standard milk-based and soy-based infant formula in the Wisconsin WIC formula contract. No medical documentation is required unless over age 1.

- [Similac Advance](#)
- [Similac Sensitive](#)
- [Similac Soy Isomil](#)
- [Similac Gentle Comfort](#)

## Exempt Medical Formulas and Nutritionals

These are the medical formulas and nutritionals approved by Wisconsin WIC. Medical documentation and diagnosis are required.

- |   |   |   |
|---|---|---|
| • <a href="#">Boost Original</a>                      | • <a href="#">Extensive HA</a>                      | • <a href="#">Pediasure 1.5 with Fiber</a>                          |
| • <a href="#">Boost Glucose Control</a>               | • <a href="#">Kate Farms Pediatric Standard 1.2</a> | • <a href="#">Pediasure Grow &amp; Gain – with or without fiber</a> |
| • <a href="#">Boost High Protein</a>                  | • <a href="#">Kate Farms Standard 1.0</a>           | • <a href="#">Pediasure Peptide 1.0</a>                             |
| • <a href="#">Boost Plus</a>                          | • <a href="#">Neocate Infant</a>                    | • <a href="#">PurAmino</a>  |
| • <a href="#">EleCare DHA/ARA</a>                     | • <a href="#">Neocate Junior</a>                    | • <a href="#">Similac Advance</a>                                   |
| • <a href="#">EleCare Junior</a>                      | • <a href="#">Neocate Splash Junior</a>             | • <a href="#">Similac Alimentum</a>                                 |
| • <a href="#">Enfamil AR</a>                          | • <a href="#">Neocate Syneo Infant</a>              | • <a href="#">Similac Neosure</a>                                   |
| • <a href="#">Enfamil NeuroPro</a>                    | • <a href="#">Neocate Syneo Junior</a>              | • <a href="#">Similac PM 60/40</a>                                  |
| • <a href="#">EnfaCare</a>                            | • <a href="#">Nutramigen</a>                        | • <a href="#">Similac Sensitive</a>                                 |
| • <a href="#">Ensure High Protein Nutrition Shake</a> | • <a href="#">Nutramigen with Probiotic LGG</a>     | • <a href="#">Similac Soy Isomil</a>                                |
| • <a href="#">Ensure Original Nutrition Shake</a>     | • <a href="#">Pediasure 1.5</a>                     | • <a href="#">Similac Gentle Comfort</a>                            |
| • <a href="#">Ensure Plus</a>                         |   |   |

## Notes

- All infant formulas are iron-fortified unless mentioned in description.
- The information in this document is current as of the publication date. Refer to the manufacturer's website and formula product guide for the most current information and a full list of formula ingredients.

# Boost Original (Nestle)

## Indication

For adults with inadequate oral intake, malnutrition, and other oral supplement needs. Not WIC-allowed for managing body weight without an underlying medical condition.

## Description

Nutritionally complete, milk-based supplement. Can be supplemental or interim sole-source nutrition.

- 30 calories per ounce
- Contains milk and soy
- Gluten-free
- Suitable for lactose intolerance
- Not for individuals with galactosemia
- Kosher

Product Form	Container Size	Reconstituted Amount
Ready to Feed	8 fluid ounce bottle, 6-pack	48 fluid ounces

## Nutrition

8 fluid ounces (240 calories, 10 grams protein, 6 grams fat, 37 grams carbohydrates)

Carbohydrate: glucose syrup, sugar

Protein: milk protein concentrate, soy protein isolate

Fat: canola oil

## Information for WIC staff

- Similar to Ensure
- Approved only for pregnant, breastfeeding, and postpartum participants
- Flavors: Rich Chocolate, Very Vanilla, Creamy Strawberry, Peaches and Crème

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# Boost Glucose Control (Nestle)

## Indication

For adults with diabetes, abnormal glucose levels, and carbohydrate-controlled diets.

## Description

Nutritional supplement with a balance of protein, fat, and carbohydrates designed to help manage blood glucose and fiber for digestive health and bowel functioning.

- 24 calories per ounce
- Contains milk and soy
- Gluten free
- Suitable for lactose intolerance
- Not for individuals with galactosemia
- Kosher
- Halal

Product Form	Container Size	Reconstituted Amount
Ready to Feed	8 fluid ounce bottle, 6-pack	48 fluid ounces

## Nutrition

8 fluid ounces (190 calories, 16 grams protein, 7 grams fat, 16 grams carbohydrates, 3 grams fiber)

Carbohydrate: tapioca dextrin, fructose

Protein: milk protein concentrate, soy protein isolate

Fat: canola oil

## Information for WIC staff

- Refer to medical supervision as part of a diabetes management plan
- Approved only for pregnant, breastfeeding, and postpartum participants
- Flavors: Rich Chocolate, Very Vanilla, Creamy Strawberry

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# Boost High Protein (Nestle)

## Indication

For people with general oral supplement needs, increased protein requirements (such as, wound healing, cancer, surgery), inadequate oral intake, and malnutrition. Not WIC-allowed for managing body weight without an underlying medical condition.

## Description

Milk-based, high protein nutritional supplement to support muscle health. Can be supplemental or interim sole source nutrition.

- 31 calories per ounce
- Contains milk and soy
- Gluten free
- Lactose free
- Suitable for lactose intolerance
- Not for individuals with galactosemia
- Kosher

Product Form	Container Size	Reconstituted Amount
Ready to Feed	8 fluid ounce bottle, 6-pack	48 fluid ounces

## Nutrition

8 fluid ounces (250 calories, 20 grams protein, 6 grams fat, 28 grams carbohydrates)

Carbohydrate: glucose syrup, sugar

Protein: milk protein concentrate, soy protein isolate

Fat: canola oil

## Information for WIC staff

- Approved only for pregnant, breastfeeding, and postpartum participants
- Flavors: Rich Chocolate, Very Vanilla, Creamy Strawberry, Cinnabon, Caramel

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# Boost Plus (Nestle)

## Indication

For women with increased calorie needs, volume intolerance, fluid restriction, inadequate oral intake, malnutrition, and other oral supplement needs. Not WIC-allowed for managing body weight without an underlying medical condition.

## Description

Nutritionally complete, milk-based supplement. Can be supplemental or interim sole-source nutrition.

- 45 calories per ounce
- Contains milk and soy
- Gluten free
- Suitable for lactose intolerance
- Not for individuals with galactosemia
- Kosher

Product Form	Container Size	Reconstituted Amount
Ready to Feed	8 fluid ounce bottle, 6-pack	48 fluid ounces

## Nutrition

8 fluid ounces (360 calories, 14 grams protein, 14 grams fat, 45 grams carbohydrates)

Carbohydrate: glucose syrup, sugar

Protein: milk protein concentrate, soy protein isolate

Fat: canola oil, soy lecithin

## Information for WIC staff

- Similar to Ensure Plus
- Approved only for pregnant, breastfeeding, and postpartum participants
- Flavors: Rich Chocolate, Very Vanilla, Creamy Strawberry

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# EleCare DHA/ARA (Abbott)

## Indication

For infants who have protein maldigestion, malabsorption, severe food allergies, short bowel syndrome, eosinophilic GI disorders, GI impairment, or other qualifying conditions in which a health care provider recommends this nutrition source.

## Description

Nutritionally complete, amino acid-based, hypoallergenic infant formula for dietary management of infants with severe cow's milk protein allergy.

- Standard Dilution: 20 calories per ounce and 33% MCT oil. 1 scoop to 2 ounces water.
- Contains DHA/ARA fatty acids
- Gluten, dairy, lactose, fructose, galactose, and soy free
- Kosher
- Halal

Product Form	Container Size	Reconstituted Amount
Powder	14.1 ounce can	95 fluid ounces

## Nutrition

Per 100 calories (3.1 grams protein, 4.8 grams fat, 10.7 grams carbohydrates)

Carbohydrate: corn syrup solids

Protein: amino acids

Fat: high oleic safflower, MCT, and soy oils

## Information for WIC staff

- Available only up to 1 year old for full term infants or 1-year adjusted age for preterm infants
- Similar to Puramino, Neocate Infant, Neocate Syneo Infant

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# EleCare Junior (Abbott)

## Indication

For children who have protein maldigestion, malabsorption, severe food allergies, short bowel syndrome, eosinophilic GI disorders, GI impairment, or other conditions in which an amino acid-based diet is required.

## Description

Nutritionally complete, amino acid-based, hypoallergenic infant formula for dietary management of children with severe cow's milk protein allergy.

- Standard Dilution: 30 calories per ounce and 33% MCT oil. 4 scoops to 5 ounces water.
- Contains DHA/ARA fatty acids
- Gluten, dairy, lactose, fructose, galactose, and soy free
- Kosher
- Halal

Product Form	Container Size	Reconstituted Amount
Powder	14.1 ounce can	64 fluid ounces at 30 calorie dilution

## Nutrition

6 fluid ounces (180 calories, 5.5 grams protein, 8.7 grams fat, 18.9 grams carbohydrates)

Carbohydrate: corn syrup solids

Protein: amino acids

Fat: high oleic safflower, MCT, and soy oils

## Information for WIC staff

- Similar to Puramino Junior, Neocate Junior
- Flavors: Unflavored, Vanilla

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# Enfamil AR (Mead Johnson)

## Indication

For infants who have reflux or need a thickened formula.

## Description

Nutritionally complete, thickened milk-based formula with added rice starch designed to thicken further in the stomach to help reduce frequent spit-up.

- Standard Dilution: 20 calories per ounce. 1 scoop to 2 ounces water.
- Contains DHA and prebiotics
- Gluten free
- Kosher
- Halal

Product Form	Container Size	Reconstituted Amount
Powder	12.9 ounce can	91 fluid ounces
Powder	19.5 ounce can	138 fluid ounces

## Nutrition

5 fluid ounces (100 calories, 2.5 grams protein, 5.1 grams fat, 11.3 grams carbohydrates)

Carbohydrate: rice starch, lactose

Protein: nonfat milk

Fat: vegetable oil (contains one or more of the following: palm olein oil, coconut oil, soy oil, high oleic sunflower oil)

## Information for WIC staff

None

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# Enfamil NeuroPro EnfaCare (Mead Johnson)

## Indication

For infants who are low birth weight (less than or equal to 5 pounds 8 ounces) or preterm (less than 37 weeks).

## Description

Nutritionally complete, milk-based formula designed for preterm or low-birth weight infants to support catch-up growth during the first year.

- Standard Dilution: 22 calories per ounce and 20% MCT oil, 1 scoop to 2 ounces water
- Contains DHA fatty acids
- Kosher
- Halal

Product Form	Container Size	Reconstituted Amount
Powder	13.6 ounce can	87 fluid ounces

## Nutrition

4.5 fluid ounces (100 calories, 2.8 grams protein, 5.3 grams fat, 10.4 grams carbohydrates)

Carbohydrate: corn syrup solids, lactose

Protein: nonfat milk, whey protein

Fat: high oleic sunflower oil, soy oil, MCT oil and coconut oil

## Information for WIC staff

- Similar to Similac NeoSure
- Available only to preterm or low birth weight infants who have reached 4 pounds, until catch up growth is complete or until 9 months to 1-year adjusted age

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# Ensure High Protein Nutrition Shake (Abbott)

## Indication

For people that need additional protein but may not require additional calories. For oral use. Not WIC-allowed for managing body weight without an underlying medical condition.

## Description

A high-protein nutrition supplement.

- Gluten-free.
- Suitable for lactose intolerance
- Kosher
- Halal

Product Form	Container Size	Reconstituted Amount
Ready to Feed	8 fluid ounce bottle, 6-pack	48 fluid ounces

## Nutrition

8 fluid ounces (160 calories, 16 grams protein, 2 grams fat, 19 grams carbohydrates, <1 gram fiber)

Carbohydrate: corn maltodextrin, sugar

Protein: milk protein concentrate, soy protein isolate

Fat: canola oil

## Information for WIC staff

- Not allowed: Enlive, Clear, Max Protein, Light
- Approved only for pregnant, breastfeeding, and postpartum participants
- Flavors: Vanilla, Strawberry, Milk Chocolate

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# Ensure Original Nutrition Shake (Abbott)

## Indication

For people with inadequate oral intake, malnutrition, and other oral supplement needs. Not WIC-allowed for managing body weight without an underlying medical condition.

## Description

Nutritionally complete, milk-based supplement. Can be supplemental or interim sole source nutrition.

- 27.5 calories per ounce
- Contains ALA fatty acids
- Gluten-free
- Suitable for lactose intolerance
- Not for individuals with galactosemia
- Kosher
- Halal

Product Form	Container Size	Reconstituted Amount
Ready to Feed	8 fluid ounce bottle, 6-pack	48 fluid ounces

## Nutrition

8 fluid ounces (220 calories, 9 grams protein, 6 grams fat, 32 grams carbohydrates, <1 gram fiber)

Carbohydrate: corn maltodextrin, sugar

Protein: milk protein concentrate, soy protein isolate

Fat: corn oil, canola oil

## Information for WIC staff

- Similar to Boost
- Approved only for pregnant, breastfeeding, and postpartum participants
- Flavors: Vanilla, Strawberry, Milk Chocolate, Butter Pecan, Coffee Latte, Banana Nut, Dark Chocolate

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# Ensure Plus (Abbott)

## Indication

For people with increased calorie needs, inadequate oral intake, malnutrition, and other oral supplement needs. Not WIC-allowed for managing body weight without an underlying medical condition.

## Description

Nutritionally complete, milk-based supplement. Can be supplemental or interim sole source nutrition.

- 43.75 calories per ounce
- Contains ALA fatty acids
- Gluten-free
- Suitable for lactose intolerance
- Not suitable for galactosemia
- Kosher
- Halal

Product Form	Container Size	Reconstituted Amount
Ready to Feed	8 fluid ounce bottle, 6-pack	48 fluid ounces

## Nutrition

8 fluid ounces (350 calories, 16 grams protein, 11 grams fat, 47 grams carbohydrates)

Carbohydrate: corn maltodextrin, sugar

Protein: milk protein concentrate, soy protein isolate

Fat: corn oil, canola oil

## Information for WIC staff

- Similar to Boost Plus
- Approved only for pregnant, breastfeeding, and postpartum participants
- Flavors: Vanilla, Strawberry, Milk Chocolate, Butter Pecan, Dark Chocolate

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# Extensive HA (Nestle)

## Indication

For infants and children with symptoms of a cow's milk or soy allergies, multiple food allergies, related GI or allergic conditions or other qualifying conditions in which a health care provider recommends this nutrition source.

## Description

Nutritionally complete, extensively hydrolyzed (whey) formula.

- Standard dilution: 20 calories per ounce and 49% MCT oil, 2 scoops to 2 ounces water
- Lactose free
- Sucrose free
- Halal

Product Form	Container Size	Reconstituted Amount
Powder	14.1 ounce can	96 fluid ounces

## Nutrition

Per 100 calories (2.6 grams protein, 5.1 grams fat, 10.9 grams carbohydrates)

Carbohydrate: corn maltodextrin, potato starch

Protein: hydrolyzed whey protein isolate (from milk)

Fat: MCT, vegetable oils (soy oil, high oleic sunflower oil and high 2-palmitic vegetable oil)

## Information for WIC staff

Similar to Nutramigen and Alimentum

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# Kate Farms Pediatric Standard 1.2 (Kate Farms)

## Indication

For children with inadequate intake or increased nutrient needs, malnutrition and failure to thrive, food allergy or intolerance, poor/limited volume tolerance with need for a shortened feeding schedule, impaired GI function, eosinophilic esophagitis, celiac disease, Crohn's disease, and other qualifying conditions in which a health care provider recommends this nutrition source.

## Description

Nutritionally complete, organic plant-based supplement for children.

- 36 calories per ounce
- Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soybean, sesame, corn free
- Lactose free
- Gluten free
- Kosher

Product Form	Container Size	Reconstituted Amount
Ready to Feed	8.45 fluid ounce bottle, 12 pack	101.4 fluid ounces

## Nutrition

8.45 fluid ounces (300 calories, 12 grams protein, 12 grams fat, 36 grams carbohydrates, 5 grams fiber)

Carbohydrate: organic brown rice syrup solids and agave syrup

Protein: organic pea protein

Fat: organic MCT, high linoleic sunflower oil, flaxseed oil

## Information for WIC staff

- For oral or tube feeding
- Not appropriate for pea allergy
- Flavors: Vanilla, Chocolate (chocolate may vary slightly in amount of nutrients, refer to manufacturer website)

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# Kate Farms Standard 1.0 (Kate Farms)

## Indication

For people with inadequate intake or increased needs, involuntary weight loss, malnutrition and failure to thrive, food allergy or intolerance, and other qualifying conditions in which a health care provider recommends this nutrition source.

## Description

Nutritionally complete, organic plant-based supplement.

- 30 calories per ounce
- Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soybean, sesame, corn free
- Lactose free
- Gluten free
- Kosher

Product Form	Container Size	Reconstituted Amount
Ready to Feed	11 fluid ounce bottle, 12 pack	132 fluid ounces

## Nutrition

11 fluid ounces (325 calories, 16 grams protein, 12 grams fat, 38 grams carbohydrates, 6 grams fiber)

Carbohydrate: organic brown rice syrup solids and agave syrup

Protein: organic pea protein

Fat: organic MCT, high linoleic sunflower oil, flaxseed oil

## Information for WIC staff

- Approved only for pregnant, breastfeeding, and postpartum participants
- Flavors: Plain, Vanilla, Chocolate (chocolate may vary slightly in amount of nutrients, refer to manufacturer website)

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# Neocate Infant (Nutricia)

## Indication

For infants with cow's milk or soy allergies, multiple food allergies, related GI or allergic conditions, or other qualifying conditions in which a health care provider recommends this nutrition source.

## Description

Nutritionally complete, amino acid based, hypoallergenic infant formula.

- Standard Dilution: 20 calories per ounce and 33% MCT oil, 1 scoop to 1 ounce water
- Contains DHA/ARA fatty acids
- Dairy, lactose, and soy free
- Kosher
- Halal

Product Form	Container Size	Reconstituted Amount
Powder	14.1 ounce can	96 fluid ounces

## Nutrition

5 fluid ounces (100 calories, 2.8 grams protein, 5.0 grams fat, 10.7 grams carbohydrates)

Carbohydrate: corn syrup solids

Protein: amino acids

Fat: refined vegetable oils (MCT, high oleic sunflower oil, sunflower and canola oil)

## Information for WIC staff

- Similar to EleCare Infant and PurAmino
- Available only up to 1 year old for full term infants or 1-year adjusted age for preterm infants

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# Neocate Junior (Nutricia)

## Indication

For children with cow's milk or soy allergies, multiple food allergies, related GI or allergic conditions or other qualifying conditions in which a health care provider recommends this nutrition source.

## Description

Nutritionally complete, amino acid based, hypoallergenic formula for children.

- Standard Dilution: 30 calories per ounce and 35% MCT oil, 1 scoop to 1 ounce water
- No artificial flavorings
- Dairy free, soy free
- Kosher
- Halal

Product Form	Container Size	Reconstituted Amount
Powder	14.1 ounce can	Unflavored (without prebiotics), Vanilla, Strawberry – 64 fluid ounces Chocolate – 62 fluid ounces

## Nutrition

Per 100 calories (3.1 grams protein, 5 grams fat, 10.7 grams carbohydrates)

Flavored options differ slightly in amount of nutrients; refer to manufacturer website

Carbohydrate: corn syrup solids

Protein: amino acids

Fat: refined vegetable oil (MCT- made from palm and coconut oil, high oleic sunflower oil, sunflower oil, canola oil)

## Information for WIC staff

- Similar to EleCare Junior and PurAmino Junior
- Flavors without prebiotics: Unflavored
- Flavors with prebiotics: Vanilla, Chocolate, Strawberry

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# Neocate Splash Junior (Nutricia)

## Indication

For children with cow's milk or soy allergies, multiple food allergies, related GI or allergic conditions or other qualifying conditions in which a health care provider recommends this nutrition source.

## Description

Nutritionally complete, amino acid based, hypoallergenic formula for children.

- Standard Dilution: 30 calories per ounce and 35% MCT oil
- Dairy, soy and casein free
- Gluten free
- No artificial colors

Product Form	Container Size	Reconstituted Amount
Ready to Feed	8 fluid ounce bottle, case of 27	216 fluid ounces

## Nutrition

8 fluid ounces (237 calories, 7.1 grams protein, 12.1 grams fat, 24.9 grams carbohydrates)

Carbohydrate: maltodextrin, sugar

Protein: amino acids

Fat: refined vegetable oils (high oleic sunflower oil, MCT made from modified palm kernel and/or coconut oil, canola oil)

## Information for WIC staff

- Similar to Neocate Junior
- Contains artificial flavors and citric acid
- Flavors: Unflavored, Vanilla, Grape, Orange-Pineapple, Tropical

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# Neocate Syneo Infant (Nutricia)

## Indication

For infants with cow's milk or soy allergies, multiple food allergies, related GI or allergic conditions or other qualifying conditions in which a health care provider recommends this nutrition source.

- Not recommended for infants with a post-pyloric feeding tube which bypasses the stomach and empties into the small intestine
- Not recommended for infants with a central venous catheter (CVC)
- Not recommended for infants with short bowel syndrome

## Description

Nutritionally complete, amino acid-based, hypoallergenic infant formula. Same as Neocate Infant but contains Syneo blend of prebiotics and probiotics.

- Standard Dilution: 20 calories per ounce and 33% MCT oil, 1 scoop to 1 ounce water
- Contains DHA and ARA fatty acids
- Dairy, lactose and soy free
- Kosher
- Halal

Product Form	Container Size	Reconstituted Amount
Powder	14.1 ounce can	94 fluid ounces

## Nutrition

5 fluid ounces (100 calories, 2.9 grams protein, 4.9 grams fat, 11.4 grams carbohydrates, 0.91 grams fiber)

Carbohydrate: corn syrup solids, fructooligosaccharides (i.e., inulin)

Protein: amino acids

Fat: refined vegetable oils (MCT made from palm kernel and/or coconut oil, high oleic sunflower oil, sunflower oil, canola oil)

## Information for WIC staff

- Similar to EleCare Infant and PurAmino
- Available only up to 1 year old for full term infants or 1-year adjusted age for preterm infants

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# Neocate Syneo Junior (Nutricia)

## Indication

For children with cow's milk allergy, multiple food allergies, related GI or allergic conditions or other qualifying conditions in which a health care provider recommends this nutrition source.

- Not recommended for short bowel syndrome
- Not indicated for malabsorption

## Description

Nutritionally complete, amino acid-based, hypoallergenic formula for children. Same as Neocate Junior but contains Syneo blend of prebiotics and probiotics.

- Standard Dilution: 30 calories per ounce and 35% MCT oil, 1 scoop to 1 ounce water
- Dairy, soy and gluten free
- No artificial flavorings
- Kosher
- Halal

Product Form	Container Size	Reconstituted Amount
Powder	14.1 ounce can	62 fluid ounces

## Nutrition

Per 100 calories (3.2 grams protein, 4.8 grams fat, 11.3 grams carbohydrates)

Carbohydrate: corn syrup solids, fructooligosaccharides (i.e., inulin)

Protein: amino acids

Fat: refined vegetable oils (MCT made from coconut and/or palm and/or palm kernel oils, high oleic sunflower oil, canola oil, sunflower oil)

## Information for WIC staff

Similar to Elecare Junior and Puramino Junior

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# Nutramigen (Mead Johnson)

## Indication

For infants and children with symptoms of a cow's milk or soy allergies, multiple food allergies, related GI or allergic conditions or other qualifying conditions in which a health care provider recommends this nutrition source.

## Description

Nutritionally complete, extensively hydrolyzed formula. Contains casein hydrolysate (milk byproduct), a pork-derived enzyme, which may make product unacceptable to participants who observe certain religious dietary laws.

- Standard Dilution: 20 calories per ounce
- Contains DHA/ARA fatty acids
- Lactose, sucrose, galactose free

Product Form	Container Size	Reconstituted Amount
Concentrate	13 fluid ounce can	26 fluid ounces
Ready to Feed	32 fluid ounce bottle	32 fluid ounces

## Nutrition

Per 100 calories (2.8 grams protein, 5.3 grams fat, 10.3 grams carbohydrates)

Carbohydrate: corn syrup solids, modified corn starch

Protein: modified casein hydrolysate (milk), amino acids

Fat: vegetable oil (palm olein, soy, coconut and high oleic sunflower oils)

## Information for WIC staff

- Does not contain LGG (probiotic)
- Allergic reactions to extensively hydrolyzed casein formulas are not commonly reported

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# Nutramigen with Probiotic LGG (Mead Johnson)

## Indication

For infants and children with symptoms of a cow's milk or soy allergies, multiple food allergies, related GI or allergic conditions or other qualifying conditions in which a health care provider recommends this nutrition source.

## Description

Nutritionally complete, extensively hydrolyzed formula. Contains casein hydrolysate (milk byproduct), a pork-derived enzyme, which may make product unacceptable to participants who observe certain religious dietary laws. Contains LGG (Lactobacillus Rhamnosus GG), a probiotic, which helps support the strength of the intestinal barrier and digestive health.

- Standard Dilution: 20 calories per ounce, 1 scoop to 2 ounces water
- Contains DHA/ARA fatty acids
- Concentrate and Ready to Feed do not contain LGG (probiotic)
- Lactose, sucrose, galactose free

Product Form	Container Size	Reconstituted Amount
Powder	12.7 ounce can	87 fluid ounces

## Nutrition

5 fluid ounces (100 calories, 2.8 grams protein, 5.3 grams fat, 10.3 grams carbohydrates)

Carbohydrate: corn syrup solids, modified corn starch

Protein: modified casein hydrolysate (milk), amino acids

Fat: vegetable oil (contains one or more of the following: palm olein oil, coconut oil, soy oil, high oleic sunflower oil)

## Information for WIC staff

- Similar to Extensive HA and Similar Alimentum
- Allergic reactions to extensively hydrolyzed casein formulas are not commonly reported

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# Pediasure 1.5 (Abbott)

## Indication

For children with higher energy needs or fluid restrictions and one of the following- increased nutrient needs, inadequate oral intake, inadequate growth, oral motor feeding issues/aversions, malnutrition and failure to thrive or other qualifying conditions in which a health care provider recommends this nutrition source.

## Description

Milk-based medical food designed for children aged one year or older who need more calories in less volume who are at risk for malnutrition, require a higher caloric density, or have fluid restrictions.

- 44 calories per fluid ounce
- For oral or tube feeding
- Gluten free
- Suitable for lactose intolerance
- Not for individuals with galactosemia
- Kosher
- Halal

Product Form	Container Size	Reconstituted Amount
Ready to Feed	8 fluid ounce bottle, case of 24	192 fluid ounces

## Nutrition

8 fluid ounces (350 calories, 14 grams protein, 16 grams fat, 38 grams carbohydrates, <1 gram fiber)

Carbohydrate: corn maltodextrin

Protein: milk protein, soy protein isolate

Fat: blend of vegetable oils (high oleic safflower, soy, MCT), tuna oil

## Information for WIC staff

- Similar to Boost Kid Essentials 1.5
- Flavors: Vanilla

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# Pediasure 1.5 with Fiber (Abbott)

## Indication

For children with higher energy needs or fluid restrictions and one of the following- increased nutrient needs, inadequate oral intake, inadequate growth, oral motor feeding issues/aversions, malnutrition and failure to thrive, or other qualifying conditions in which a health care provider recommends this nutrition source.

## Description

Milk-based medical food designed for children aged one year or older who need more calories in less volume who are at risk for malnutrition, require a higher caloric density, or have fluid restrictions. Contains NutraFlora which is a prebiotic soluble fiber to support digestive health and bowel function.

- 44 calories per fluid ounce
- For oral or tube feeding
- Gluten free
- Contains milk and soy
- Suitable for lactose intolerance
- Not for individuals with galactosemia
- Kosher
- Halal

Product Form	Container Size	Reconstituted Amount
Ready to Feed	8 fluid ounce bottle, case of 24	192 fluid ounces

## Nutrition

8 fluid ounces (350 calories, 14 grams protein, 16 grams fat, 39 grams carbohydrates, 3 grams fiber)

Carbohydrate: corn maltodextrin, short chain fructooligosaccharides

Protein: milk protein, soy protein isolate

Fat: blend of vegetable oils (high oleic safflower, soy, medium chain triglycerides), tuna oil

## Information for WIC staff

- Similar to Boost Kid Essentials 1.5 with Fiber
- Flavors: Vanilla

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# Pediasure Grow & Gain, with or without fiber (Abbott)

## Indication

For children who are undernourished due to an illness or medical condition. Not WIC-allowed for managing body weight without an underlying medical condition.

## Description

Milk-based medical food for children 2-13 years old. May be used with children less than two years of age if recommended by healthcare provider.

- 30 calories per fluid ounce
- For oral or tube feeding
- Contains milk and soy
- Gluten free
- Suitable for lactose intolerance
- Not for individuals with galactosemia)
- Kosher
- Halal

Product Form	Container Size	Reconstituted Amount
Ready to Feed	8 fluid ounce bottle, 6-pack	48 fluid ounces

## Nutrition

8 fluid ounces (240 calories, 7 grams protein, 9 grams fat, 33 grams carbohydrates, 3 grams fiber)

Carbohydrate: corn maltodextrin, sugar, short- chain fructooligosaccharides

Protein: milk protein concentrate, soy protein isolate

Fat: blend of vegetable oils (soy, high oleic safflower), tuna oil

Fiber: soy fiber in Pediasure with Fiber

## Information for WIC staff

- Flavors without fiber: Vanilla, Strawberry, Chocolate, Banana, Berry, S'mores
- Flavors with fiber: Vanilla, Strawberry, Chocolate

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# Pediasure Peptide 1.0 (Abbott)

## Indication

For children with malabsorption, maldigestion, and other GI conditions or other qualifying conditions in which a health care provider recommends this nutrition source.

## Description

Nutritionally complete, peptide-based formula. Contains NutraFlora which is a prebiotic soluble fiber to support digestive health and bowel function.

- 30 calories per fluid ounce and 60% MCT and structured lipids
- Contains milk and soy
- Gluten free
- Lactose free
- Not for individuals with galactosemia
- Kosher
- Halal

Product Form	Container Size	Reconstituted Amount
Ready to Feed	8 fluid ounce bottle, case of 24	192 fluid ounces

## Nutrition

8 fluid ounces (237 calories, 7 grams protein, 9.6 grams fat, 31.7 grams carbohydrates, 0.7 grams fiber)

Carbohydrate: corn maltodextrin, sugar (flavors only)

Protein: whey protein hydrolysate, hydrolyzed sodium caseinate

Fat: structured lipid (interesterified canola oil & MCT), MCT, tuna oil

## Information for WIC staff

Flavors: Unflavored, Vanilla, Strawberry, Chocolate

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# PurAmino (Mead Johnson)

## Indication

For infants who have protein maldigestion, malabsorption, severe food allergies, short bowel syndrome, eosinophilic GI disorders, GI impairment, or other qualifying conditions in which a health care provider recommends this nutrition source.

## Description

Nutritionally complete, amino acid-based, hypoallergenic infant formula for infants up to 24 months old.

- Standard dilution: 20 calories per ounce and 33% MCT oil, 1 scoop to 1 ounce water
- Contains DHA and ARA fatty acids
- Dairy, soy, lactose, sucrose and galactose free
- Kosher
- Halal

Product Form	Container Size	Reconstituted Amount
Powder	14.1 ounce can	98 fluid ounces

## Nutrition

5 fluid ounces (100 calories, 2.8 grams protein, 5.3 grams fat, 10.6 grams carbohydrates)

Carbohydrate: corn syrup solids, modified tapioca starch

Protein: amino acids

Fat: high oleic sunflower oil, MCT oil, soy oil

## Information for WIC staff

- Similar to Elecare Infant, Neocate Infant and Neocate Syneo Infant
- Contains soy oil

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# Similac Advance (Abbott)

## Indication

Standard infant formula

## Description

Nutritionally complete and considered the standard milk-based formula. Contains OptiGRO® blend of DHA (brain and eye development), Lutein (eye health), and Vitamin E (cell development). Contains prebiotics.

- Standard dilution: 20 calories per ounce, 1 scoop to 2 ounces water
- 100% lactose (11 grams lactose per 100 calories)
- Gluten free
- Kosher
- Halal

Product Form	Container Size	Reconstituted Amount
Powder	12.4 ounce can	90 fluid ounces
Concentrate	13 fluid ounce carton	26 fluid ounces
Ready to Feed	32 fluid ounce bottle	32 fluid ounces

## Nutrition

5 fluid ounces (100 calories, 2.07 grams protein, 5.6 grams fat, 10.7 grams carbohydrates)

Carbohydrate: lactose

Protein: nonfat milk, whey protein concentrate

Fat: high oleic safflower oil, soy oil, coconut oil

## Information for WIC staff

Medical documentation required for participants over 1 year old

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# Similac Alimentum (Abbott)

## Indication

For infants and children with symptoms of a cow's milk or soy allergies, multiple food allergies, related GI or allergic conditions or other qualifying conditions in which a health care provider recommends this nutrition source.

## Description

Nutritionally complete, extensively hydrolyzed formula. Contains casein hydrolysate (milk byproduct), a pork-derived enzyme, which may make product unacceptable to participants who observe certain religious dietary laws.

- Standard dilution: 20 calories per ounce and 33% MCT oil, 1 scoop to 2 ounces water
- Contains DHA and ARA fatty acids
- Lactose free
- Gluten free
- Ready to Feed is corn free

Product Form	Container Size	Reconstituted Amount
Powder	12.1 ounce can	87 fluid ounces
Ready to Feed	32 fluid ounce bottle	32 fluid ounces
Ready to Feed	8 fluid ounce bottle, 6-pack	48 fluid ounces

## Nutrition

5 fluid ounces (100 calories, 2.75 grams protein, 5.54 grams fat, 10.2 grams carbohydrates)

Powder

- Carbohydrate: corn maltodextrin, sugar
- Protein: casein hydrolysate (derived from milk that does not contain milk protein)
- Fat: high oleic safflower oil, MCT, soy oil

Ready to Feed

- Carbohydrate: sugar, modified tapioca starch
- Protein: casein hydrolysate (derived from milk that does not contain milk protein)
- Fat: safflower oil, MCT, soy oil

## Information for WIC staff

Similar to Extensive HA and Nutramigen

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# Similac NeoSure (Abbott)

## Indication

For infants who are low birth weight (less than or equal to 5 pounds 8 ounces) or preterm (less than 37 weeks).

## Description

Nutritionally complete, milk-based formula designed for preterm or low-birth weight infants to support catch-up growth during the first year.

- Standard dilution: 22 calories per ounce and 25% MCT oil, 1 scoop to 2 ounces water
- Contains OptiGRO™, a blend of DHA, Lutein and Vitamin E
- Gluten free
- Contains milk and soy ingredients
- Kosher
- Halal

Product Form	Container Size	Reconstituted Amount
Powder	13.1 ounce can	87 fluid ounces
Ready to Feed	32 fluid ounce bottle	32 fluid ounces

## Nutrition

4.5 fluid ounces (100 calories, 2.8 grams protein, 5.5 grams fat, 10.1 grams carbohydrates)

Carbohydrate: corn syrup solids, lactose

Protein: nonfat milk, whey protein concentrate

Fat: soy oil, high oleic safflower oil, MCT, coconut oil

## Information for WIC staff

- Similar to EnfaCare
- Recommended to preterm or low birth weight infants who have reached 4 pounds, until catch up growth is complete or until 9 months to 1-year adjusted age

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# Similac PM 60/40 (Abbott)

## Indication

For infants with serum calcium disorders, hyperphosphatemia, impaired renal function (i.e., CKD) and other mineral conditions.

## Description

Low-iron formula for infants who would benefit from lower mineral levels (such as calcium, phosphorus, potassium and sodium). Mineral levels similar to human milk (60:40 ratio of whey to casein).

- Standard dilution: 20 calories per ounce, 1 scoop to 2 ounces water
- Contains milk
- Gluten free
- Kosher; made with dairy ingredients
- Halal
- Not for infants with galactosemia

Product Form	Container Size	Reconstituted Amount
Powder	14.1 ounce can	102 fluid ounces

## Nutrition

5 fluid ounces (100 calories, 2.2 grams protein, 5.6 grams fat, 10.2 grams carbohydrates)

Carbohydrate: lactose

Protein: whey protein concentrate, caseinate

Fat: high oleic safflower oil, soy oil, coconut oil

## Information for WIC staff

Recommended only up to 1 year old for full term infants or 1-year adjusted age for preterm infants

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# Similac Sensitive (Abbott)

## Indication

For infants having trouble digesting other standard milk-based formulas due to symptoms of fussiness, gas, mild spit-up, or lactose sensitivity.

## Description

Nutritionally complete, milk-based formula. Contains OptiGRO® and prebiotics. Maintains intact protein.

- Standard dilution: 20 calories per ounce, 1 scoop to 2 ounces water
- Lactose free
- Gluten free
- Kosher
- Halal

Product Form	Container Size	Reconstituted Amount
Powder	12.5 ounce can	90 fluid ounces
Ready to Feed	32 fluid ounce bottle	32 fluid ounces

## Nutrition

5 fluid ounces (100 calories, 2.1 grams protein, 5.4 grams fat, 10.9 grams carbohydrates)

Carbohydrate: corn syrup, sugar

Protein: milk protein isolate

Fat: high oleic safflower oil, soy oil, coconut oil

## Information for WIC staff

Medical documentation required for participants over 1 year old

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## Similac Soy Isomil (Abbott)

### Indication

Standard infant formula for infants whose caregiver chooses a milk-free, soy protein-based formula for religious or dietary purposes or for infants with fussiness and gas. Also used as a lactose-free feeding for infants with disorders for which lactose should be avoided, including lactase deficiency, lactose intolerance, and galactosemia.

### Description

Nutritionally complete, soy-based formula. Contains OptiGRO® and prebiotics. Not considered hypoallergenic.

- Standard dilution: 20 calories per ounce, 1 scoop to 2 ounces water
- Lactose free
- Gluten free
- Kosher
- Halal

Product Form	Container Size	Reconstituted Amount
Powder	12.4 ounce can	90 fluid ounces
Concentrate	13 fluid ounce carton	26 fluid ounces
Ready to Feed	32 fluid ounce bottle	32 fluid ounces

### Nutrition

5 fluid ounces (100 calories, 2.45 grams protein, 5.46 grams fat, 10.4 grams carbohydrates)

Carbohydrate: corn syrup solids, sugar

Protein: soy protein isolate

Fat: high oleic safflower oil, soy oil, coconut oil

### Information for WIC staff

Medical documentation required for participants over 1 year old

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# Similac Gentle Comfort (Abbott)

## Indication

For infants having trouble digesting other standard milk- based formulas due to symptoms of fussiness, gas or milk spit-up, or lactose sensitivity.

## Description

Nutritionally complete, milk-based formula. Contains OptiGRO® and prebiotics.

- Standard dilution: 20 calories per ounce, 1 scoop to 2 ounces water
- Easy to digest (partially hydrolyzed whey protein)
- Reduced lactose
- Gluten free
- Kosher
- Halal

Product Form	Container Size	Reconstituted Amount
Powder	12.6 ounce can	90 fluid ounces

## Nutrition

5 fluid ounces (100 calories, 2.32 grams protein, 5.4 grams fat, 10.7 grams carbohydrates)

Carbohydrate: corn maltodextrin, sugar

Protein: whey protein isolate

Fat: high oleic safflower oil, soy oil, coconut oil

## Information for WIC staff

Medical documentation required for participants over 1 year old

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