



# Wisconsin WIC Formulary

## Standard Contract Formula

These are standard milk-based and soy-based infant formula in the Wisconsin WIC formula contract. No medical documentation is required unless over age 1.

- [Similac Advance](#)
- [Similac Sensitive](#)
- [Similac Soy Isomil](#)
- [Similac Total Comfort](#)

## Exempt Medical Formulas and Nutritionals

These are the medical formulas and nutritionals approved by Wisconsin WIC. Medical documentation and diagnosis are required.

- |   |  |   |
|---|--|---|
| • <a href="#">Boost Original</a>        | • <a href="#">Extensive HA</a>         | • <a href="#">Pediasure 1.5</a>             |
| • <a href="#">Boost Glucose Control</a> | • <a href="#">Kate Farms Pediatric</a> | • <a href="#">Pediasure 1.5 with Fiber</a>  |
| • <a href="#">Boost High Protein</a>    | • <a href="#">Standard 1.2</a>         | • <a href="#">Pediasure Grow &amp; Gain</a> |
| • <a href="#">Boost Plus</a>            | • <a href="#">Kate Farms Standard</a>  | • <a href="#">– with or without fiber</a>   |
| • <a href="#">EleCare DHA/ARA</a>       | • <a href="#">1.0</a>                  | • <a href="#">Pediasure Peptide 1.0</a>     |
| • <a href="#">EleCare Junior</a>        | • <a href="#">Neocate Infant</a>       | • <a href="#">PurAmino</a>                  |
| • <a href="#">Enfamil AR</a>            | • <a href="#">DHA/ARA</a>              | • <a href="#">Similac Advance</a>           |
| • <a href="#">Enfamil NeuroPro</a>      | • <a href="#">Neocate Junior</a>       | • <a href="#">Similac Alimentum</a>         |
| • <a href="#">EnfaCare</a>              | • <a href="#">Neocate Splash</a>       | • <a href="#">Similac Neosure</a>           |
| • <a href="#">Ensure High Protein</a>   | • <a href="#">Neocate Syneo Infant</a> | • <a href="#">Similac PM 60/40</a>          |
| • <a href="#">Nutrition Shake</a>       | • <a href="#">Neocate Syneo Junior</a> | • <a href="#">Similac Sensitive</a>         |
| • <a href="#">Ensure Original</a>       | • <a href="#">Nutramigen</a>           | • <a href="#">Similac Soy Isomil</a>        |
| • <a href="#">Nutrition Shake</a>       | • <a href="#">Nutramigen with</a>      | • <a href="#">Similac Total Comfort</a>     |
| • <a href="#">Ensure Plus</a>           | • <a href="#">Probiotic LGG</a>        |   |

## Notes

- All infant formulas are iron-fortified unless mentioned in description.
- The information in this document is current as of the publication date. Refer to the manufacturer's website and formula product guide for the most current information and a full list of formula ingredients.

# Boost Original (Nestle)

## Indication

For adults with inadequate oral intake, malnutrition and other oral supplement needs. Not WIC-allowed for managing body weight without an underlying medical condition.

## Description

Nutritionally complete, milk-based supplement. Can be supplemental or interim sole-source nutrition.

- 30 calories per ounce
- Contains milk and soy
- Gluten-free
- Suitable for lactose intolerance
- Not for individuals with galactosemia
- Kosher

Product Form: Ready to Feed

Container Size: 6 pack, 8-ounce bottles

Amount: 48 fluid ounces

## Nutrition

8 fluid ounces (240 calories, 10 grams protein, 6 grams fat, 37 grams carbohydrates)

Carbohydrate: glucose syrup, sugar

Protein: milk protein concentrate, soy protein isolate

Fat: canola oil

## Information for WIC staff

- Similar to Ensure
- Approved only for women
- Flavors: Rich Chocolate, Very Vanilla, Creamy Strawberry, Peaches and Crème

# Boost Glucose Control (Nestle)

## Indication

For adults with diabetes, abnormal glucose levels, and carbohydrate-controlled diets.

## Description

Nutritional supplement with a balance of protein, fat, and carbohydrates designed to help manage blood glucose and fiber for digestive health and bowel functioning.

- 24 calories per ounce
- Contains milk and soy
- Gluten free
- Suitable for lactose intolerance
- Not for individuals with galactosemia
- Kosher
- Halal

Product Form: Ready to Feed

Container Size: 6 pack, 8-ounce bottles

Amount: 48 fluid ounces

## Nutrition

8 fluid ounces (190 calories, 16 grams protein, 7 grams fat, 16 grams carbohydrates, 3 grams fiber)

Carbohydrate: tapioca dextrin, fructose

Protein: milk protein concentrate, soy protein isolate

Fat: canola oil

## Information for WIC staff

- Refer to medical supervision as part of a diabetes management plan
- Approved only for women
- Flavors: Rich Chocolate, Very Vanilla, Creamy Strawberry

# Boost High Protein (Nestle)

## Indication

For people with general oral supplement needs, increased protein requirements (i.e., wound healing, cancer, surgery), inadequate oral intake, and malnutrition. Not WIC-allowed for managing body weight without an underlying medical condition.

## Description

Milk-based, high protein nutritional supplement to support muscle health. Can be supplemental or interim sole source nutrition.

- 31 calories per ounce
- Contains milk and soy
- Gluten free
- Lactose free
- Suitable for lactose intolerance
- Not for individuals with galactosemia
- Kosher

Product Form: Ready to Feed

Container Size: 6 pack, 8-ounce bottles

Amount: 48 fluid ounces

## Nutrition

8 fluid ounces (250 calories, 20 grams protein, 6 grams fat, 28 grams carbohydrates)

Carbohydrate: glucose syrup, sugar

Protein: milk protein concentrate, soy protein isolate

Fat: canola oil

## Information for WIC staff

- Approved only for women
- Flavors: Rich Chocolate, Very Vanilla, Creamy Strawberry, Cinnabon, Caramel

# Boost Plus (Nestle)

## Indication

For women with increased calorie needs, volume intolerance, fluid restriction, inadequate oral intake, malnutrition, and other oral supplement needs. Not WIC-allowed for managing body weight without an underlying medical condition.

## Description

Nutritionally complete, milk-based supplement. Can be supplemental or interim sole-source nutrition.

- 45 calories per ounce
- Contains milk and soy
- Gluten free
- Suitable for lactose intolerance
- Not for individuals with galactosemia
- Kosher

Product Form: Ready to Feed

Container Size: 6 pack, 8-ounce bottles

Amount: 48 fluid ounces

## Nutrition

8 fluid ounces (360 calories, 14 grams protein, 14 grams fat, 45 grams carbohydrates)

Carbohydrate: glucose syrup, sugar

Protein: milk protein concentrate, soy protein isolate

Fat: canola oil, soy lecithin

## Information for WIC staff

- Similar to Ensure Plus
- Approved only for women
- Flavors: Rich Chocolate, Very Vanilla, Creamy Strawberry

# EleCare DHA/ARA (Abbott)

## Indication

For infants who have protein maldigestion, malabsorption, severe food allergies, short bowel syndrome, eosinophilic GI disorders, GI impairment, or other qualifying conditions in which a health care provider recommends this nutrition source.

## Description

Nutritionally complete, amino acid-based, hypoallergenic infant formula for dietary management of infants with severe cow's milk protein allergy.

- Standard Dilution: 20 calories per ounce and 33% MCT oil. 1 scoop to 2 ounces water.
- Contains DHA/ARA fatty acids
- Gluten, dairy, lactose, fructose, galactose, and soy free
- Kosher
- Halal

Product Form: Powder

Container Size: 14.1 ounce can

Amount: 95 fluid ounces

## Nutrition

Per 100 calories (3.1 grams protein, 4.8 grams fat, 10.7 grams carbohydrates)

Carbohydrate: corn syrup solids

Protein: amino acids

Fat: high oleic safflower, MCT, and soy oils

## Information for WIC staff

- Available only up to 1 year old for full term infants or 1-year adjusted age for preterm infants
- Similar to Puramino, Neocate Infant, Neocate Syneo Infant

# EleCare Junior (Abbott)

## Indication

For children who have protein maldigestion, malabsorption, severe food allergies, short bowel syndrome, eosinophilic GI disorders, GI impairment, or other conditions in which an amino acid-based diet is required.

## Description

Nutritionally complete, amino acid-based, hypoallergenic infant formula for dietary management of children with severe cow's milk protein allergy.

- Standard Dilution: 30 calories per ounce and 33% MCT oil. 4 scoops to 5 ounces water.
- Contains DHA/ARA fatty acids
- Gluten, dairy, lactose, fructose, galactose, and soy free
- Kosher
- Halal

Product Form: Powder

Container Size: 14.1 ounce can

Amount: 64 fluid ounces at 30 calorie dilution

## Nutrition

6 fluid ounces (180 calories, 5.5 grams protein, 8.7 grams fat, 18.9 grams carbohydrates)

Carbohydrate: corn syrup solids

Protein: amino acids

Fat: high oleic safflower, MCT, and soy oils

## Information for WIC staff

- Similar to Puramino Junior, Neocate Junior
- Flavors: Unflavored, Vanilla

# Enfamil AR (Mead Johnson)

## Indication

For infants who have reflux or need a thickened formula.

## Description

Nutritionally complete, thickened milk-based formula with added rice starch designed to thicken further in the stomach to help reduce frequent spit-up.

- Standard Dilution: 20 calories per ounce. 1 scoop to 2 ounces water.
- Contains DHA and prebiotics
- Gluten free
- Kosher
- Halal

Product Form: Powder

Container Size: 12.9 ounce can, and 19.5 ounce can

Amount: 91 fluid ounces and 138 fluid ounces

## Nutrition

5 fluid ounces (100 calories, 2.5 grams protein, 5.1 grams fat, 11.3 grams carbohydrates)

Carbohydrate: rice starch, lactose

Protein: nonfat milk

Fat: vegetable oil (contains one or more of the following: palm olein oil, coconut oil, soy oil, high oleic sunflower oil)

## Information for WIC staff

None



# Enfamil NeuroPro EnfaCare (Mead Johnson)

## Indication

For infants who are low birth weight (less than or equal to 5 pounds 8 ounces) or preterm (less than 37 weeks).

## Description

Nutritionally complete, milk-based formula designed for preterm or low-birth weight infants to support catch-up growth during the first year.

- Standard Dilution: 22 calories per ounce and 20% MCT oil, 1 scoop to 2 ounces water.
- Contains DHA fatty acids
- Kosher
- Halal

Product Form: Powder

Container Size: 13.6 ounce can

Amount: 87 fluid ounces

## Nutrition

4.5 fluid ounces (100 calories, 2.8 grams protein, 5.3 grams fat, 10.4 grams carbohydrates)

Carbohydrate: corn syrup solids, lactose

Protein: nonfat milk, whey protein

Fat: high oleic sunflower oil, soy oil, MCT oil and coconut oil

## Information for WIC staff

- Similar to NeoSure
- Available only to preterm or low birth weight infants who have reached 4 pounds, until catch up growth is complete or until 9 months to 1-year adjusted age

# Ensure High Protein Nutrition Shake (Abbott)

## Indication

For people that need additional protein but may not require additional calories. For oral use. Not WIC-allowed for managing body weight without an underlying medical condition.

## Description

A high-protein nutrition supplement.

- Gluten-free.
- Suitable for lactose intolerance.
- Kosher
- Halal

Product Form: Ready to Feed

Container Size: 6 pack- 8-ounce bottles

Amount: 48 fluid ounces

## Nutrition

8 fluid ounces (160 calories, 16 grams protein, 2 grams fat, 19 grams carbohydrates, <1 gram fiber)

Carbohydrate: corn maltodextrin, sugar

Protein: milk protein concentrate, soy protein isolate

Fat: canola oil

## Information for WIC staff

- Not allowed: Enlive, Clear, Max Protein, Light
- Approved only for women
- Flavors: Vanilla, Strawberry, Milk Chocolate

# Ensure Original Nutrition Shake (Abbott)

## Indication

For people with inadequate oral intake, malnutrition, and other oral supplement needs. Not WIC-allowed for managing body weight without an underlying medical condition.

## Description

Nutritionally complete, milk-based supplement. Can be supplemental or interim sole source nutrition.

- 27.5 calories per ounce
- Contains ALA fatty acids
- Gluten-free
- Suitable for lactose intolerance
- Not for individuals with galactosemia
- Kosher
- Halal

Product Form: Ready to Feed

Container Size: 6 pack, 8 fluid ounce bottles

Amount: 48 fluid ounces

## Nutrition

8 fluid ounces (220 calories, 9 grams protein, 6 grams fat, 32 grams carbohydrates, <1 gram fiber)

Carbohydrate: corn maltodextrin, sugar

Protein: milk protein concentrate, soy protein isolate

Fat: corn oil, canola oil

## Information for WIC staff

- Similar to Boost
- Approved only for women
- Flavors: Vanilla, Strawberry, Milk Chocolate, Butter Pecan, Coffee Latte, Banana Nut, Dark Chocolate

# Ensure Plus (Abbott)

## Indication

For people with increased calorie needs, inadequate oral intake, malnutrition, and other oral supplement needs. Not WIC-allowed for managing body weight without an underlying medical condition.

## Description

Nutritionally complete, milk-based supplement. Can be supplemental or interim sole source nutrition.

- 43.75 calories per ounce
- Contains ALA fatty acids
- Gluten-free
- Suitable for lactose intolerance
- Not suitable for galactosemia
- Kosher
- Halal

Product Form: Ready to Feed

Container Size: 6 pack, 8-ounce bottles

Amount: 48 fluid ounces

## Nutrition

8 fluid ounces (350 calories, 16 grams protein, 11 grams fat, 47 grams carbohydrates)

Carbohydrate: corn maltodextrin, sugar

Protein: milk protein concentrate, soy protein isolate

Fat: corn oil, canola oil

## Information for WIC staff

- Similar to Boost Plus
- Approved only for women
- Flavors: Vanilla, Strawberry, Milk Chocolate, Butter Pecan, Dark Chocolate

## Extensive HA (Nestle)

### Indication

For infants and children with symptoms of a cow's milk or soy allergies, multiple food allergies, related GI or allergic conditions or other qualifying conditions in which a health care provider recommends this nutrition source.

### Description

Nutritionally complete, extensively hydrolyzed (whey) formula.

- Standard dilution: 20 calories per ounce and 49% MCT oil, 2 scoops to 2 ounces water
- Lactose free
- Sucrose free
- Halal

Product Form: Powder

Container Size: 14.1 ounce can

Amount: 96 fluid ounces

### Nutrition

Per 100 calories (2.6 grams protein, 5.1 grams fat, 10.9 grams carbohydrates)

Carbohydrate: corn maltodextrin, potato starch

Protein: hydrolyzed whey protein isolate (from milk)

Fat: MCT, vegetable oils (soy oil, high oleic sunflower oil and high 2-palmitic vegetable oil)

### Information for WIC staff

Similar to Nutramigen and Alimentum

## Kate Farms Pediatric Standard 1.2 (Kate Farms)

### Indication

For children with inadequate intake or increased nutrient needs, malnutrition and failure to thrive, food allergy or intolerance, poor/limited volume tolerance with need for a shortened feeding schedule, impaired GI function, eosinophilic esophagitis, celiac disease, Crohn's disease, and other qualifying conditions in which a health care provider recommends this nutrition source.

### Description

Nutritionally complete, organic plant-based supplement for children.

- 36 calories per ounce
- Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soybean, sesame, corn free
- Lactose free
- Gluten free
- Kosher

Product Form: Ready to Feed

Container Size: case 12 pack, 8.45-ounce bottles

Amount: 101.4 fluid ounces

### Nutrition

8.45 fluid ounces (300 calories, 12 grams protein, 12 grams fat, 36 grams carbohydrates, 5 grams fiber)

Carbohydrate: organic brown rice syrup solids and agave syrup

Protein: organic pea protein

Fat: organic MCT, high linoleic sunflower oil, flaxseed oil

### Information for WIC staff

- For oral or tube feeding
- Not appropriate for pea allergy
- Flavors: Vanilla, Chocolate (chocolate may vary slightly in amount of nutrients, refer to manufacturer website)

# Kate Farms Standard 1.0 (Kate Farms)

## Indication

For people with inadequate intake or increased needs, involuntary weight loss, malnutrition and failure to thrive, food allergy or intolerance, and other qualifying conditions in which a health care provider recommends this nutrition source.

## Description

Nutritionally complete, organic plant-based supplement.

- 30 calories per ounce
- Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soybean, sesame, corn free
- Lactose free
- Gluten free
- Kosher

Product Form: Ready to Feed

Container Size: case 12 pack, 11-ounce bottles

Amount: 132 fluid ounces

## Nutrition

11 fluid ounces (325 calories, 16 grams protein, 12 grams fat, 38 grams carbohydrates, 6 grams fiber)

Carbohydrate: organic brown rice syrup solids and agave syrup

Protein: organic pea protein

Fat: organic MCT, high linoleic sunflower oil, flaxseed oil

## Information for WIC staff

- Approved only for women
- Flavors: Plain, Vanilla, Chocolate (chocolate may vary slightly in amount of nutrients, refer to manufacturer website)

# Neocate Infant DHA/ARA (Nutricia)

## Indication

For infants with cow's milk or soy allergies, multiple food allergies, related GI or allergic conditions, or other qualifying conditions in which a health care provider recommends this nutrition source.

## Description

Nutritionally complete, amino acid based, hypoallergenic infant formula.

- Standard Dilution: 20 calories per ounce and 33% MCT oil, 1 scoop to 1 ounce water
- Contains DHA/ARA fatty acids
- Dairy, lactose, and soy free
- Kosher
- Halal

Product Form: Powder

Container Size: 14.1 ounce can

Amount: 97 fluid ounces

## Nutrition

5 fluid ounces (100 calories, 2.8 grams protein, 5.1 grams fat, 10.8 grams carbohydrates)

Carbohydrate: corn syrup solids

Protein: amino acids

Fat: refined vegetable oils (MCT, high oleic sunflower oil, sunflower and canola oil)

## Information for WIC staff

- Similar to Elecare Infant and Puramino
- Available only up to 1 year old for full term infants or 1-year adjusted age for preterm infants



# Neocate Junior (Nutricia)

## Indication

For children with cow's milk or soy allergies, multiple food allergies, related GI or allergic conditions or other qualifying conditions in which a health care provider recommends this nutrition source.

## Description

Nutritionally complete, amino acid based, hypoallergenic formula for children.

- Standard Dilution: 30 calories per ounce and 35% MCT oil, 1 scoop to 1 ounce water
- No artificial flavorings
- Dairy free, soy free
- Kosher
- Halal

Product Form: Powder

Container Size: 14.1 ounce can

Amount: Unflavored (without prebiotics) 64 fluid ounces, Vanilla and Strawberry 63 fluid ounces, Chocolate 61 fluid ounces

## Nutrition

Per 100 calories (3.1 grams protein, 5 grams fat, 10.7 grams carbohydrates)

Flavored options differ slightly in amount of nutrients; refer to manufacturer website

Carbohydrate: corn syrup solids

Protein: amino acids

Fat: refined vegetable oil (MCT- made from palm and coconut oil, high oleic sunflower oil, sunflower oil, canola oil)

## Information for WIC staff

- Similar to Elecare Junior and PurAmino Junior
- Flavors without prebiotics: Unflavored
- Flavors with prebiotics: Vanilla, Chocolate, Strawberry

# Neocate Splash (Nutricia)

## Indication

For children with cow's milk or soy allergies, multiple food allergies, related GI or allergic conditions or other qualifying conditions in which a health care provider recommends this nutrition source.

## Description

Nutritionally complete, amino acid based, hypoallergenic formula for children.

- Standard Dilution: 30 calories per ounce and 35% MCT oil
- Dairy, soy and casein free
- Gluten free
- No artificial colors

Product Form: Ready to Feed

Container Size: Case of 27, 8-ounce bottles

Amount: 216 fluid ounces

## Nutrition

8 fluid ounces (237 calories, 7.1 grams protein, 12.1 grams fat, 24.9 grams carbohydrates)

Carbohydrate: maltodextrin, sugar

Protein: amino acids

Fat: refined vegetable oils (high oleic sunflower oil, MCT made from modified palm kernel and/or coconut oil, canola oil)

## Information for WIC staff

- Similar to Neocate Junior
- Contains artificial flavors and citric acid
- Flavors: Unflavored, Vanilla, Grape, Orange-Pineapple, Tropical Fruit

# Neocate Syneo Infant (Nutricia)

## Indication

For infants with cow's milk or soy allergies, multiple food allergies, related GI or allergic conditions or other qualifying conditions in which a health care provider recommends this nutrition source.

- Not recommended for infants with a post-pyloric feeding tube which bypasses the stomach and empties into the small intestine
- Not recommended for infants with a central venous catheter (CVC)
- Not recommended for infants with short bowel syndrome

## Description

Nutritionally complete, amino acid-based, hypoallergenic infant formula. Same as Neocate Infant but contains Syneo blend of prebiotics and probiotics.

- Standard Dilution: 20 calories per ounce and 33% MCT oil, 1 scoop to 1 ounce water
- Contains DHA and ARA fatty acids
- Dairy, lactose and soy free
- Kosher
- Halal

Product Form: Powder

Container Size: 14.1 ounce can

Amount: 95 fluid ounces

## Nutrition

5 fluid ounces (100 calories, 2.9 grams protein, 4.9 grams fat, 11.4 grams carbohydrates, 0.91 grams fiber)

Carbohydrate: corn syrup solids, fructooligosaccharides (i.e., inulin)

Protein: amino acids

Fat: refined vegetable oils (MCT made from palm kernel and/or coconut oil, high oleic sunflower oil, sunflower oil, canola oil)

## Information for WIC staff

- Similar to Elecare Infant and Puramino
- Available only up to 1 year old for full term infants or 1-year adjusted age for preterm infants

# Neocate Syneo Junior (Nutricia)

## Indication

For children with cow's milk allergy, multiple food allergies, related GI or allergic conditions or other qualifying conditions in which a health care provider recommends this nutrition source.

- Not recommended for short bowel syndrome
- Not indicated for malabsorption

## Description

Nutritionally complete, amino acid-based, hypoallergenic formula for children. Same as Neocate Junior but contains Syneo blend of prebiotics and probiotics.

- Standard Dilution: 30 calories per ounce and 35% MCT oil, 1 scoop to 1 ounce water
- Dairy, soy and gluten free
- No artificial flavorings
- Kosher
- Halal

Product Form: Powder

Container Size: 14.1 ounce can

Amount: 62 fluid ounces

## Nutrition

Per 100 calories (3.2 grams protein, 4.8 grams fat, 11.3 grams carbohydrates)

Carbohydrate: corn syrup solids, fructooligosaccharides (i.e., inulin)

Protein: amino acids

Fat: refined vegetable oils (MCT made from coconut and/or palm and/or palm kernel oils, high oleic sunflower oil, canola oil, sunflower oil)

## Information for WIC staff

Similar to Elecare Junior and Puramino Junior

# Nutramigen (Mead Johnson)

## Indication

For infants and children with symptoms of a cow's milk or soy allergies, multiple food allergies, related GI or allergic conditions or other qualifying conditions in which a health care provider recommends this nutrition source.

## Description

Nutritionally complete, extensively hydrolyzed formula. Contains casein hydrolysate (milk byproduct), a pork-derived enzyme, which may make product unacceptable to participants who observe certain religious dietary laws.

- Standard Dilution: 20 calories per ounce
- Contains DHA/ARA fatty acids
- Lactose, sucrose, galactose free

Product Form: Concentrate, Ready to Feed

Container Size: 13 fluid ounce can, 32 fluid ounce bottle

Amount: 26 fluid ounces, 32 fluid ounces

## Nutrition

Per 100 calories (2.8 grams protein, 5.3 grams fat, 10.3 grams carbohydrates)

Carbohydrate: corn syrup solids, modified corn starch

Protein: modified casein hydrolysate (milk), amino acids

Fat: vegetable oil (palm olein, soy, coconut and high oleic sunflower oils)

## Information for WIC staff

- Does not contain LGG (probiotic)
- Allergic reactions to extensively hydrolyzed casein formulas are not commonly reported

# Nutramigen with Probiotic LGG (Mead Johnson)

## Indication

For infants and children with symptoms of a cow's milk or soy allergies, multiple food allergies, related GI or allergic conditions or other qualifying conditions in which a health care provider recommends this nutrition source.

## Description

Nutritionally complete, extensively hydrolyzed formula. Contains casein hydrolysate (milk byproduct), a pork-derived enzyme, which may make product unacceptable to participants who observe certain religious dietary laws. Contains LGG (*Lactobacillus Rhamnosus* GG), a probiotic, which helps support the strength of the intestinal barrier and digestive health.

- Standard Dilution: 20 calories per ounce, 1 scoop to 2 ounces water
- Contains DHA/ARA fatty acids
- Concentrate and Ready to Feed do not contain LGG (probiotic)
- Lactose, sucrose, galactose free

Product Form: Powder

Container Size: 12.7 ounce can

Amount: 87 fluid ounces

## Nutrition

5 fluid ounces (100 calories, 2.8 grams protein, 5.3 grams fat, 10.3 grams carbohydrates)

Carbohydrate: corn syrup solids, modified corn starch

Protein: modified casein hydrolysate (milk), amino acids

Fat: vegetable oil (contains one or more of the following: palm olein oil, coconut oil, soy oil, high oleic sunflower oil)

## Information for WIC staff

- Similar to Extensive HA and Similar Alimentum
- Allergic reactions to extensively hydrolyzed casein formulas are not commonly reported

## **Pediasure 1.5 (Abbott)**

### **Indication**

For children with higher energy needs or fluid restrictions and one of the following- increased nutrient needs, inadequate oral intake, inadequate growth, oral motor feeding issues/aversions, malnutrition and failure to thrive or other qualifying conditions in which a health care provider recommends this nutrition source.

### **Description**

Milk-based medical food designed for children aged one year or older who need more calories in less volume who are at risk for malnutrition, require a higher caloric density, or have fluid restrictions.

- 44 calories per fluid ounce
- For oral or tube feeding
- Gluten free
- Suitable for lactose intolerance
- Not for individuals with galactosemia
- Kosher
- Halal

Product Form: Ready to Feed

Container Size: Case of 24, 8-ounce cans

Amount: 192 fluid ounces

### **Nutrition**

8 fluid ounces (350 calories, 14 grams protein, 16 grams fat, 38 grams carbohydrates, <1 gram fiber)

Carbohydrate: corn maltodextrin

Protein: milk protein, soy protein isolate

Fat: blend of vegetable oils (high oleic safflower, soy, MCT), tuna oil

### **Information for WIC staff**

- Similar to Boost Kid Essentials 1.5
- Flavors: Vanilla

# **Pediasure 1.5 with Fiber (Abbott)**

## **Indication**

For children with higher energy needs or fluid restrictions and one of the following- increased nutrient needs, inadequate oral intake, inadequate growth, oral motor feeding issues/aversions, malnutrition and failure to thrive, or other qualifying conditions in which a health care provider recommends this nutrition source.

## **Description**

Milk-based medical food designed for children aged one year or older who need more calories in less volume who are at risk for malnutrition, require a higher caloric density, or have fluid restrictions. Contains NutraFlora which is a prebiotic soluble fiber to support digestive health and bowel function.

- 44 calories per fluid ounce
- For oral or tube feeding
- Gluten free
- Contains milk and soy
- Suitable for lactose intolerance
- Not for individuals with galactosemia
- Kosher
- Halal

Product Form: Ready to Feed

Container Size: Case of 24, 8-ounce cans

Amount: 192 fluid ounces

## **Nutrition**

8 fluid ounces (350 calories, 14 grams protein, 16 grams fat, 39 grams carbohydrates, 3 grams fiber)

Carbohydrate: corn maltodextrin, short chain fructooligosaccharides

Protein: milk protein, soy protein isolate

Fat: blend of vegetable oils (high oleic safflower, soy, medium chain triglycerides), tuna oil

## **Information for WIC staff**

- Similar to Boost Kid Essentials 1.5 with Fiber
- Flavors: Vanilla



# **Pediasure Grow & Gain, with or without fiber (Abbott)**

## **Indication**

For children who are undernourished due to an illness or medical condition. Not WIC-allowed for managing body weight without an underlying medical condition.

## **Description**

Milk-based medical food for children over the age of one.

- 30 calories per fluid ounce
- For oral or tube feeding
- Contains milk and soy
- Gluten free
- Suitable for lactose intolerance
- Not for individuals with galactosemia)
- Kosher
- Halal

Product Form: Ready to Feed

Container Size: 6 pack of 8-ounce bottles

Amount: 48 fluid ounces

## **Nutrition**

8 fluid ounces (240 calories, 7 grams protein, 9 grams fat, 33 grams carbohydrates, 3 grams fiber)

Carbohydrate: corn maltodextrin, sugar, short- chain fructooligosaccharides

Protein: milk protein concentrate, soy protein isolate

Fat: blend of vegetable oils (soy, high oleic safflower), tuna oil

Fiber: soy fiber in Pediasure with Fiber

## **Information for WIC staff**

- Flavors without fiber: Vanilla, Strawberry, Chocolate, Banana, Berry, S'mores
- Flavors with fiber: Vanilla, Strawberry, Chocolate

# **Pediasure Peptide 1.0 (Abbott)**

## **Indication**

For children with malabsorption, maldigestion, and other GI conditions or other qualifying conditions in which a health care provider recommends this nutrition source.

## **Description**

Nutritionally complete, peptide-based formula. Contains NutraFlora which is a prebiotic soluble fiber to support digestive health and bowel function.

- 30 calories per fluid ounce and 60% MCT and structured lipids
- Contains milk and soy
- Gluten free
- Lactose free
- Not for individuals with galactosemia
- Kosher
- Halal

Product Form: Ready to Feed

Container Size: Case of 24, 8-ounce bottles

Amount: 192 fluid ounces

## **Nutrition**

8 fluid ounces (237 calories, 7 grams protein, 9.6 grams fat, 31.7 grams carbohydrates, 0.7 grams fiber)

Carbohydrate: corn maltodextrin, sugar (flavors only)

Protein: whey protein hydrolysate, hydrolyzed sodium caseinate

Fat: structured lipid (interesterified canola oil & MCT), MCT, tuna oil

## **Information for WIC staff**

Flavors: Unflavored, Vanilla, Strawberry, Chocolate

# PurAmino (Mead Johnson)

## Indication

For infants who have protein maldigestion, malabsorption, severe food allergies, short bowel syndrome, eosinophilic GI disorders, GI impairment, or other qualifying conditions in which a health care provider recommends this nutrition source.

## Description

Nutritionally complete, amino acid-based, hypoallergenic infant formula for infants up to 24 months old.

- Standard dilution: 20 calories per ounce and 33% MCT oil, 1 scoop to 1 ounce water
- Contains DHA and ARA fatty acids
- Dairy, soy, lactose, sucrose and galactose free
- Kosher
- Halal

Product Form: Powder

Container Size: 14.1 ounce can

Amount: 98 fluid ounces

## Nutrition

5 fluid ounces (100 calories, 2.8 grams protein, 5.3 grams fat, 10.6 grams carbohydrates)

Carbohydrate: corn syrup solids, modified tapioca starch

Protein: amino acids

Fat: high oleic sunflower oil, MCT oil, soy oil

## Information for WIC staff

- Similar to Elecare Infant, Neocate Infant and Neocate Syneo Infant
- PurAmino contains soy oil. PurAmino is hypoallergenic.

# Similac Advance (Abbott)

## Indication

Standard infant formula

## Description

Nutritionally complete and considered the standard milk-based formula. Contains OptiGRO® blend of DHA (brain and eye development), Lutein (eye health), and Vitamin E (cell development). Contains prebiotics.

- Standard dilution: 20 calories per ounce, 1 scoop to 2 ounces water
- 100% lactose (11 grams lactose per 100 calories)
- Gluten free
- Kosher
- Halal

Product Form: Powder, Concentrate, Ready to Feed

Container Size: 12.4 ounce can, 13 fluid ounce carton, 32 fluid ounce bottle

Amount: 90 fluid ounces, 26 fluid ounces, 32 fluid ounces

## Nutrition

5 fluid ounces (100 calories, 2.07 grams protein, 5.6 grams fat, 10.7 grams carbohydrates)

Carbohydrate: lactose

Protein: nonfat milk, whey protein concentrate

Fat: high oleic safflower oil, soy oil, coconut oil

## Information for WIC staff

Medical documentation required for participants over 1 year old

# Similac Alimentum (Abbott)

## Indication

For infants and children with symptoms of a cow's milk or soy allergies, multiple food allergies, related GI or allergic conditions or other qualifying conditions in which a health care provider recommends this nutrition source.

## Description

Nutritionally complete, extensively hydrolyzed formula. Contains casein hydrolysate (milk byproduct), a pork-derived enzyme, which may make product unacceptable to participants who observe certain religious dietary laws.

- Standard dilution: 20 calories per ounce and 33% MCT oil, 1 scoop to 2 ounces water
- Contains DHA and ARA fatty acids
- Lactose free
- Gluten free
- Ready to Feed is corn free

Product Form: Powder, Ready to Feed

Container Size: 12.1 ounce can, 32 fluid ounce bottle

Amount: 87 fluid ounces, 32 fluid ounces

## Nutrition

5 fluid ounces (100 calories, 2.75 grams protein, 5.54 grams fat, 10.2 grams carbohydrates)

Powder

- Carbohydrate: corn maltodextrin, sugar
- Protein: casein hydrolysate (derived from milk that does not contain milk protein)
- Fat: high oleic safflower oil, MCT, soy oil

Ready to Feed

- Carbohydrate: sugar, modified tapioca starch
- Protein: casein hydrolysate (derived from milk that does not contain milk protein)
- Fat: safflower oil, MCT, soy oil

## Information for WIC staff

Similar to Extensive HA and Nutramigen

# Similac NeoSure (Abbott)

## Indication

For infants who are low birth weight (less than or equal to 5 pounds 8 ounces) or preterm (less than 37 weeks).

## Description

Nutritionally complete, milk-based formula designed for preterm or low-birth weight infants to support catch-up growth during the first year.

- Standard dilution: 22 calories per ounce and 25% MCT oil, 1 scoop to 2 ounces water
- Contains OptiGRO™, a blend of DHA, Lutein and Vitamin E
- Gluten free
- Contains milk and soy ingredients
- Kosher
- Halal

Product Form: Powder, Ready to Feed

Container Size: 13.1 ounce can, 32 fluid ounce bottle

Amount: 87 fluid ounces, 32 fluid ounces

## Nutrition

4.5 fluid ounces (100 calories, 2.8 grams protein, 5.5 grams fat, 10.1 grams carbohydrates)

Carbohydrate: corn syrup solids, lactose

Protein: nonfat milk, whey protein concentrate

Fat: soy oil, high oleic safflower oil, MCT, coconut oil

## Information for WIC staff

- Similar to EnfaCare
- Recommended to preterm or low birth weight infants who have reached 4 pounds, until catch up growth is complete or until 9 months to 1-year adjusted age

## Similac PM 60/40 (Abbott)

### Indication

For infants with serum calcium disorders, hyperphosphatemia, impaired renal function (i.e., CKD) and other mineral conditions.

### Description

Low-iron formula for infants who would benefit from lower mineral levels (such as calcium, phosphorus, potassium and sodium). Mineral levels similar to human milk (60:40 ratio of whey to casein).

- Standard dilution: 20 calories per ounce, 1 scoop to 2 ounces water
- Contains milk
- Gluten free
- Kosher; made with dairy ingredients
- Halal
- Not for infants with galactosemia

Product Form: Powder

Container Size: 14.1 ounce can

Amount: 102 fluid ounces

### Nutrition

5 fluid ounces (100 calories, 2.2 grams protein, 5.6 grams fat, 10.2 grams carbohydrates)

Carbohydrate: lactose

Protein: whey protein concentrate, caseinate

Fat: high oleic safflower oil, soy oil, coconut oil

### Information for WIC staff

Recommended only up to 1 year old for full term infants or 1-year adjusted age for preterm infants

# Similac Sensitive (Abbott)

## Indication

For infants having trouble digesting other standard milk-based formulas due to symptoms of fussiness, gas, mild spit-up, or lactose sensitivity.

## Description

Nutritionally complete, milk-based formula. Contains OptiGRO® and prebiotics. Maintains intact protein.

- Standard dilution: 20 calories per ounce, 1 scoop to 2 ounces water
- Lactose free
- Gluten free
- Kosher
- Halal

Product Form: Powder, Ready to Feed

Container Size: 12.5 ounce can, 32 fluid ounce bottle

Amount: 90 fluid ounces, 32 fluid ounces

## Nutrition

5 fluid ounces (100 calories, 2.1 grams protein, 5.4 grams fat, 10.9 grams carbohydrates)

Carbohydrate: corn syrup, sugar

Protein: milk protein isolate

Fat: high oleic safflower oil, soy oil, coconut oil

## Information for WIC staff

Medical documentation required for participants over 1 year old



# Similac Soy Isomil (Abbott)

## Indication

Standard infant formula for infants whose caregiver chooses a milk-free, soy protein-based formula for religious or dietary purposes or for infants with fussiness and gas. Also used as a lactose-free feeding for infants with disorders for which lactose should be avoided, including lactase deficiency, lactose intolerance, and galactosemia.

## Description

Nutritionally complete, soy-based formula. Contains OptiGRO® and prebiotics. Not considered hypoallergenic.

- Standard dilution: 20 calories per ounce, 1 scoop to 2 ounces water
- Lactose free
- Gluten free
- Kosher
- Halal

Product Form: Powder, Concentrate, Ready to Feed

Container Size: 12.4 ounce can, 13 fluid ounce carton, 32 fluid ounce bottle

Amount: 90 fluid ounces, 26 fluid ounces, 32 fluid ounces

## Nutrition

5 fluid ounces (100 calories, 2.45 grams protein, 5.46 grams fat, 10.4 grams carbohydrates)

Carbohydrate: corn syrup solids, sugar

Protein: soy protein isolate

Fat: high oleic safflower oil, soy oil, coconut oil

## Information for WIC staff

Medical documentation required for participants over 1 year old

# Similac Total Comfort (Abbott)

## Indication

For infants having trouble digesting other standard milk- based formulas due to symptoms of fussiness, gas or milk spit-up, or lactose sensitivity.

## Description

Nutritionally complete, milk-based formula. Contains OptiGRO® and prebiotics.

- Standard dilution: 20 calories per ounce, 1 scoop to 2 ounces water
- Easy to digest (partially hydrolyzed whey protein)
- Reduced lactose
- Gluten free
- Kosher
- Halal

Product Form: Powder

Container Size: 12.6 ounce can

Amount: 90 fluid ounces

## Nutrition

5 fluid ounces (100 calories, 2.32 grams protein, 5.4 grams fat, 10.7 grams carbohydrates)

Carbohydrate: corn maltodextrin, sugar

Protein: whey protein isolate

Fat: high oleic safflower oil, soy oil, coconut oil

## Information for WIC staff

Medical documentation required for participants over 1 year old