

Qoob Qhua Pias Soob -Rubella (German measles)

Disease Fact Sheet Series

Qoob Qhua Pias Soob –Rubella zoo li cas?

Tus kab mob ua qoob no yog raug rau cov poj niam xeeb tub mas yuav ua taus teeb meem loj rau tus me nyuam tseem nyob hauv plab. Hom qoob no kuj muaj lwm lub npe hu ua German measles los yog, hu ua 3 hnuv qoob.

Leej twg thiaj raug hom qoob rubella no?

Cov qoob no yeej tsis xyeej leej twg li yog hais tias tus neeg ntawd tsis tau raug cov qoob no dua, los yog, tsis tau txhaj tshuaj tiv thaiv cov qoob no.

Cov qoob rubella no ri li cas?

Tus kab mob qoob no yuav ri ya nrog cua thaum tus neeg mob hnoos, txham thiab hais lus.

Cov tsos mob qoob rubella zoo li cas?

Thaum raug rau cov me nyuam mas yuav pom pib sawv qoob. Cov qoob yuav tshwm ntawm ntsej muag thiab caj dab. Cov qoob no yuav nyob li 2-3 hnuv. Rau cov me nyuam hlob thiab rau cov laus mas yuav muaj kub cev me ntsis, qog caj dab o thiab ua mob rau tej hlab pas ua ntej cov qoob yuav pib tshwm.

Thaum nhpav raug tus kab mob tas, hov ntev mam pom tsos mob tshwm?

Thaum nhpav raug tus kab mob qoob rubella no tas mas yuav yog li 12-23 hnuv tom qab ntawd mas tsos mob pib tshwm.

Tus kws kho mob yuav kuaj li cas thiaj paub tias yog mob cov qoob rubella?

Kuaj ntshav ces yeej paub meej.

Thaum twg thiab ntev npaum cas tus neeg mob yuav ri tau tus kab mob qoob rubella?

Tus kab mob qoob rubella ri tau ib lub lis piam ua ntej thiab tom qab cov qoob tshwm. Cov me nyuam uas twb kis tus kab mob no thaum tseem nyob hauv niam plab lawm (Congenital Rubella Syndrome-CRS) mas yuav ri tau tus kab mob no ntev ntau lub hlis tom qab nws yug los.

Cov qoob Rubella no puas ua tau lwm yam mob?

Rau cov me nyuam thiab cov laus mas tus qoob rubella no kuj mob sib khuav xwb. Tab sis, tus poj niam uas muaj me nyuam thawj 3 lub hlis hauv plab, yog hais tias nws raug tus kab mob no mas 90% yuav ua rau tus me nyuam lag ntseg, dig muag, hlwb puas, plawv tsis qoos zoo thiab tus me nyuam twb tuag thaum yug los. Tej mob uas tshwm sim zoo li no muaj lub npe hu ua Congenital Rubella Syndrome (CRS).

Puas muaj kev los kho cov qoob rubella no?

Tsis muaj ib txog kev kho cov qoob rubella no.

Puas muaj kev tiv thaiv cov qoob rubella no?

Muaj koob tshuaj txhaj tiv thaiv cov qoob rubella tim nrog rau cov tshuaj txhaj tiv thaiv cov qoob Measles thiab mob qog Mumps (hu uas MMR). Koob tshuaj no siv los txhaj rau cov me nyuam hnuv nyoog 12-15 hlis thiab 4-6 xyoo. Thaum txhaj ob koob no tas lawm mas yuav tiv thaiv tau cov qoob no tam sim neej li lawm.

Yog twb raug cov qoob rubella no ib zaug puas yuav tiv thaiv tsis raug ntxiv lawm?
Yog raug cov qoob no ib zaug lawm mas yuav tiv thaiv tau tus kab mob no tas yus sim neej li.

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