## WISCONSIN CHILDHOOD COMMUNICABLE DISEASES

### Respiratory

<table>
<thead>
<tr>
<th>Disease Name (aka, causative agent)</th>
<th>Spread By</th>
<th>Incubation Period (Time from exposure to symptoms)</th>
<th>Signs and Symptoms</th>
<th>Time Period When Person is Contagious</th>
<th>Criteria for Exclusion from School or Group</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Influenza V (Flu, Influenza virus)</strong></td>
<td>Inhalation of respiratory droplets</td>
<td>1-4 days</td>
<td>Fever, cough, nasal congestion, headache, body aches, fatigue</td>
<td>1 day prior to and up to 7 days after symptoms begin</td>
<td>Exclude until fever resolved for 24 hours</td>
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<tr>
<td><strong>Pertussis R/V (Whooping cough, Bordetella pertussis)</strong></td>
<td>Inhalation or direct contact of respiratory secretions</td>
<td>5-21 days; usually 7-10 days</td>
<td>Early cold-like signs or symptoms, coughing progressing to severe, often with “whoop,” vomiting possible, absent or minimal fever, most severe first 6 months after birth</td>
<td>7 days prior to and until 21 days after onset of cough; or 5 days after start of treatment</td>
<td>Exclude until after 5 days of appropriate antibiotic treatment; if no antibiotic treatment, exclude 21 days after cough onset</td>
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<tr>
<td><strong>Respiratory Syncytial virus (RSV)</strong></td>
<td>Direct or close contact with respiratory droplets or direct contact of eye, nose, or mouth discharges, or contaminated surfaces</td>
<td>2-8 days; usually 4-6 days</td>
<td>Runny nose, cough, sneezing, wheezing, fever</td>
<td>Duration of illness; usually 3-8 days</td>
<td>Exclude until fever resolved for 24 hours</td>
</tr>
</tbody>
</table>

**Onsite Control and Prevention Measures**
- For all diseases: Handwashing and good personal hygiene including covering coughs and sneezes
- **Pertussis:** Refer symptomatic individuals to health care provider for evaluation
- **Respiratory Syncytial Virus:** Avoid sharing linens, toys

**R** = Reportable to state and local health departments  
**V** = Vaccine available to prevent illness  
**Susceptible/At Risk** = Persons not immunized, with compromised immune systems, or pregnant  
**High-Risk Settings** = Health care, child care, food service.  
**Three Key Criteria for Exclusion:** Most childhood illnesses do not require exclusion. Caregiver/teacher should determine if the illness 1) prevents child from participating comfortably in activities, 2) results in need for care that is greater than staff can provide without compromising health and safety of other children or 3) poses risk of spread. If any of these criteria are met, child should be excluded regardless of the type of illness.

This chart of selected communicable diseases information is meant only as a guide to answer questions frequently asked of persons who have responsibility for groups of children in day care centers, schools, summer camps, or other similar situations. The chart is not meant to be an all-inclusive list of significant diseases, or be a comprehensive guide to all the information about each disease. More specific information about these or other diseases may be obtained from your local public health agency or at: https://www.dhs.wisconsin.gov/disease/index.htm.

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