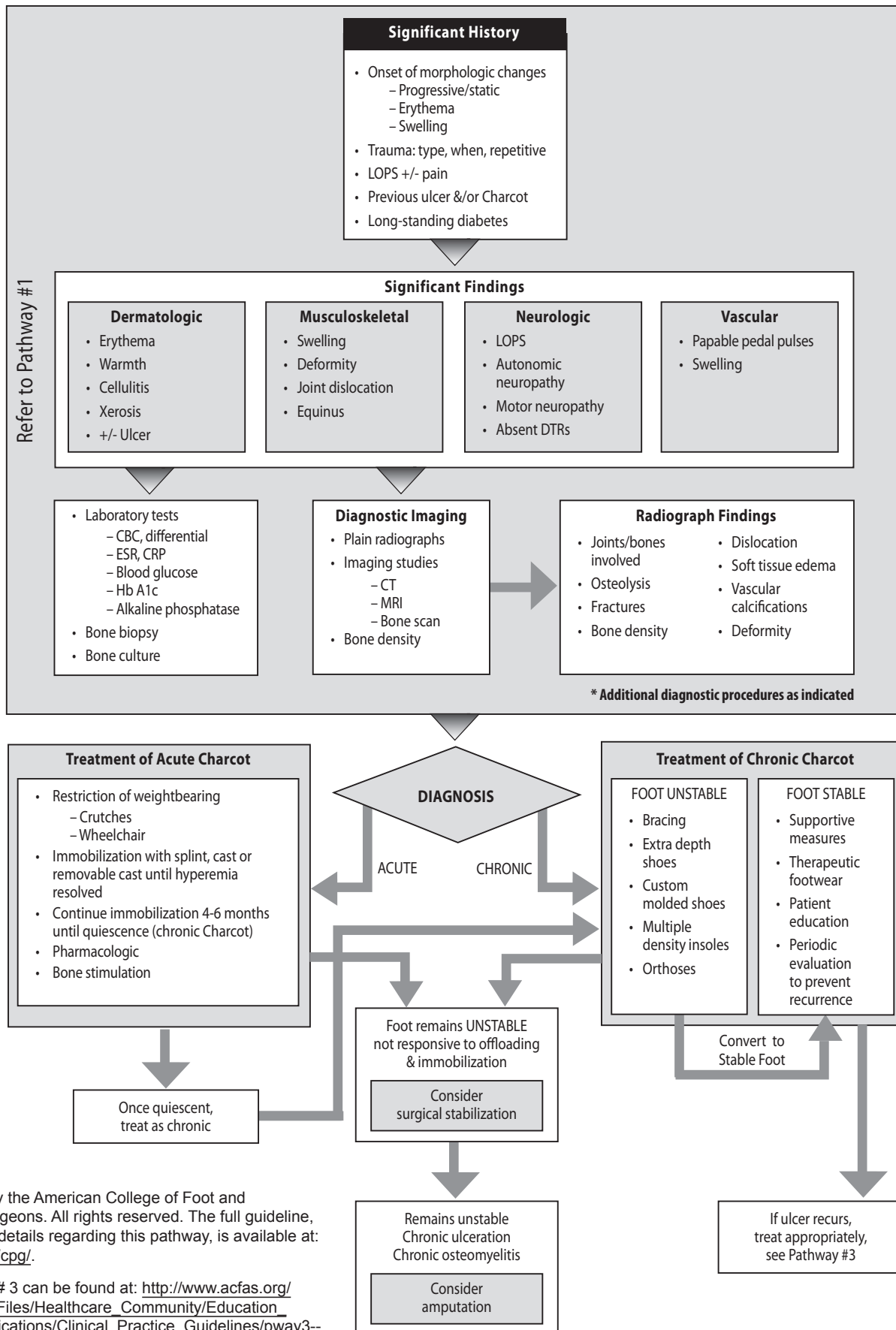


CHARCOT FOOT



Treatment of Acute Charcot

- Restriction of weightbearing
 - Crutches
 - Wheelchair
- Immobilization with splint, cast or removable cast until hyperemia resolved
- Continue immobilization 4-6 months until quiescence (chronic Charcot)
- Pharmacologic
- Bone stimulation

Once quiescent, treat as chronic

DIAGNOSIS

ACUTE

CHRONIC

Treatment of Chronic Charcot

FOOT UNSTABLE

- Bracing
- Extra depth shoes
- Custom molded shoes
- Multiple density insoles
- Orthoses

FOOT STABLE

- Supportive measures
- Therapeutic footwear
- Patient education
- Periodic evaluation to prevent recurrence

Convert to Stable Foot

If ulcer recurs, treat appropriately, see Pathway #3

Foot remains UNSTABLE not responsive to offloading & immobilization

Consider surgical stabilization

Remains unstable Chronic ulceration Chronic osteomyelitis

Consider amputation

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Pathway # 3 can be found at: http://www.acfas.org/uploadedFiles/Healthcare_Community/Education_and_Publications/Clinical_Practice_Guidelines/pway3--ulceration.pdf.