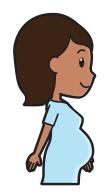
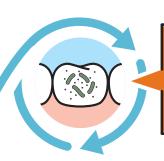
Now you're brushing for two



WHEN YOU'RE PREGNANT

YOU MAY BE MORE PRONE TO

GUM DISEASE AND CAVITIES



After your baby is born, you could pass the bacteria that contributes to cavities from your mouth to hers.



THAT'S WHY

EVERY PREGNANT WOMAN

NEEDS TO VISIT HER DENTIST

MAKE YOUR APPOINTMENT BEFORE THE BABY COMES





ONCE SHE COMES, WE'RE GUESSING YOU'LL

BE PRETTY BUSY







Fips to keep your mouth healthy



IF YOU HAVE

MORNING SICKNESS

RINSE YOUR MOUTH WITH ONE TSP OF BAKING SODA IN A GLASS OF WATER

AFTER YOU GET SICK.



BE SURE TO BRUSH TWICE A DAY

AND FLOSS DAILY

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WISCONSIN DEPARTMENT of HEALTH SERVICES

Division of Public Health, Wisconsin Oral Health Program www.dhs.wisconsin.gov/oral-health/index.htm P-90033A (08/2019)