Quarterly MDS Forum

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Welcome



Medicare: A health insurance program administered by CMS under provisions of Title XVIII of the Social Security Act for people aged 65 and over, for those who have permanent kidney failure, and for certain people with disabilities.

Medicare Part A: The part of Medicare that covers inpatient hospital services and services furnished by other institutional health care providers, such as nursing facilities, home health agencies, and hospices.

Medicare Part B: The part of Medicare that covers services of doctors, suppliers of medical items and services, and various types of outpatient services.



O0400. Therapies		
	A. Speech-Language Pathology and Audiology Services	
Enter Number of Minutes	 Individual minutes - record the total number of minutes this therapy was administered to the resident individually in the last 7 days 	
Enter Number of Minutes	 Concurrent minutes - record the total number of minutes this therapy was administered to the resident concurrently with one other resident in the last 7 days 	
Enter Number of Minutes	 Group minutes - record the total number of minutes this therapy was administered to the resident as part of a group of residents in the last 7 days 	
	If the sum of individual, concurrent, and group minutes is zero, → skip to O0400A5, Therapy start date	
Enter Number of Minutes	3A. Co-treatment minutes - record the total number of minutes this therapy was administered to the resident in co-treatment sessions in the last 7 days	
Enter Number of Days	4. Days - record the number of days this therapy was administered for at least 15 minutes a day in the last 7 days	
	 5. Therapy start date - record the date the most recent therapy regimen (since the most recent entry) started 6. Therapy end date - record the date the most recent therapy regimen (since the most recent entry) ended - enter dashes if therapy is ongoing 	
	Month Day Year Month Day Year	

Speech-Language Pathology (SLP) and Audiology Services: Services that are provided by a licensed speech-language pathologist and/or audiologist. Rehabilitative treatment addresses physical and/or cognitive deficits/disorders resulting in difficulty with communication and/or swallowing (dysphagia).

Communication includes speech, language (both receptive and expressive) and non-verbal communication such as facial expression and gesture. Swallowing problems managed under speech therapy are problems in the oral, laryngeal, and/or pharyngeal stages of swallowing.

Depending on the nature and severity of the disorder, common treatments may range from physical strengthening exercises, instructive or repetitive practice and drilling, to the use of audio-visual aids and introduction of strategies to facilitate functional communication. Speech therapy may also include sign language and the use of picture symbols.

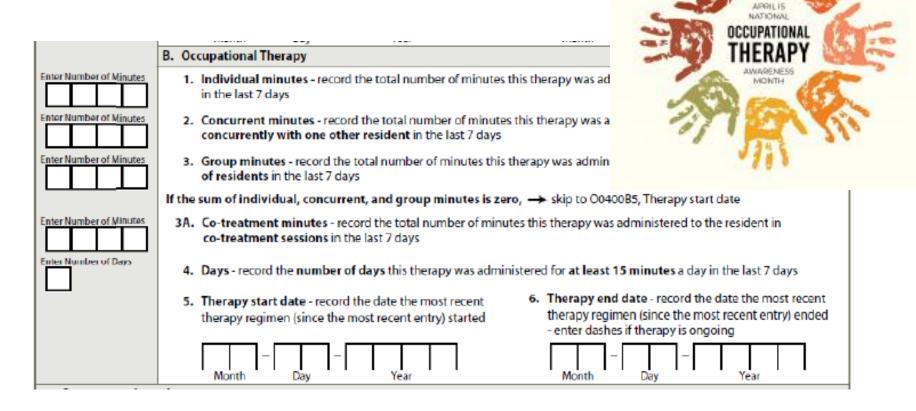
Department of Safety and Professional Services **DSPS** Requirements for SLP:

- A supervised clinical practicum and received a master's degree in speech-language pathology from a college or university approved by the board.
- Education or training that the board determines is substantially equivalent to the completion of the requirements under subd. 1.

American Speech-Language-Hearing Association, Initial Licensure requirements for an Audiologist are:

- A doctoral degree in audiology granted from a college or university approved by the Board completion of education or training that the Board determines is substantially equivalent.
- Passage of the PRAXIS or education or training substantially equivalent to passing the PRAXIS examination. A certificate of clinical competence is considered equivalent.

 An applicant for an audiologist license shall also complete an examination administered by the examining board that consists of practical tests of proficiency in techniques that pertain to the fitting of hearing aids; the Board may waive practical exam if the applicant has completed education or training that is substantially equivalent to completing the exam.



Occupational Therapy (OT): Services that are provided or directly supervised by a licensed OT. A qualified OT assistant may provide therapy but not supervise others (aides or volunteers) giving therapy. Includes services provided by a qualified OT assistant who is employed by (or under contract to) the nursing facility only if he or she is under the direction of a licensed OT.

OT interventions address deficits in physical, cognitive, psychosocial, sensory, and other aspects of performance in order to support engagement in everyday life activities that affect health, well-being, and quality of life.

DSPS Requirements for OT:

- Be a graduate of an approved school and be scheduled to take the national certification examination or be awaiting examination results.
- Practice during the period of the temporary certificate shall be in consultation, at least monthly, with an occupational therapist who shall at least once each month endorse the activities of the person holding the temporary certificate.



O0400. Therapies	- Continued		
	C. Physical Therapy		
Enter Number of Minutes	 Individual minutes - record the total number of minutes this therapy was administered to the resident individually in the last 7 days 		
Enter Number of Minutes	 Concurrent minutes - record the total number of minutes this therapy was administered to the resident concurrently with one other resident in the last 7 days 		
Enter Number of Minutes	 Group minutes - record the total number of minutes this therapy was administered to the resident as part of a group of residents in the last 7 days 		
	If the sum of individual, concurrent, and group minutes is zero, -> skip to 00400C5, Therapy start date		
Enter Number of Minutes	3A. Co-treatment minutes - record the total number of minutes this therapy was administered to the resident in co-treatment sessions in the last 7 days		
Enter Number of Days	4. Days - record the number of days this therapy was administered for at least 15 minutes a day in the last 7 days		
	 5. Therapy start date - record the date the most recent therapy regimen (since the most recent entry) started 6. Therapy end date - record the date the most recent therapy regimen (since the most recent entry) ended - enter dashes if therapy is ongoing 		
	Month Day Year Month Day Year		

Physical Therapy (PT): Services that are provided or directly supervised by a licensed PT. A qualified PT assistant may provide therapy but not supervise others (aides or volunteers) giving therapy. Includes services provided by a qualified PT assistant who is employed by (or under contract to) the nursing facility only if he or she is under the direction of a licensed PT.

PTs are licensed health care professionals who diagnose and manage movement dysfunction and enhance physical and functional status for people of all ages. PTs alleviate impairments and activity limitations and participation restrictions, promote and maintain optimal fitness, physical function, and quality of life, and reduce risk as it relates to movement and health.

Following an evaluation of an individual with impairments, activity limitations, and participation restrictions or other health-related conditions, the PT designs an individualized plan of physical therapy care and services for each resident. PTs use a variety of interventions to treat patients. Interventions may include therapeutic exercise, functional training, manual therapy techniques, assistive and adaptive devices and equipment, physical agents, and electrotherapeutic modalities.

Per § 448.50 Wisconsin State Statue:

- PT means an individual who has been graduated from a school of PT and holds a license to practice PT granted by the examining board or who holds a PT compact privilege.
- PT assistant means an individual who holds a license as a PT assistant granted by the examining board or who holds a PT assistant compact privilege.

Section O0400: SLP, OT, and PT

- Part A ordered by a physician.
- Directly and specifically related to an active written treatment plan, approved by physician and is based on initial eval performed by qualified therapist prior to the start of therapy services.
- Complexity and sophistication, or condition must be of a nature that requires the judgement, knowledge, and skills of a therapist.

Section O0400: SLP, OT, and PT

- Expectation that the condition will improve materially in a reasonable and generally predictable period or necessary for the establishment of maintenance program or require the skills of a qualified therapist.
- Specific and effective treatment for the resident's condition.
- Reasonable and necessary and furnished by qualified personnel.

Section O0400: SLP, Audiology, OT, and PT Services

Medicare Part A	Medicare Part B	
Concurrent – Treatment of two residents who are not performing the same or similar activities at the same time in line of sight.	Concurrent – Residents may not be treated concurrently: a therapist may treat one resident at a time.	
Group therapy – Treatment of two to six residents who are performing the same or similar activities and are all supervised by a therapist/assistant who is not supervising any other individual.	Group therapy – Treatment of two or more patients at the same time.	
Individual – Services are provided by one therapist/assistant to one resident at		

a time.

Section O0400: SLP, Audiology, OT, and PT Services

Medicare Part A	Medicare Part B
Co-Treatment - Two clinicians (different disciplines) treat one resident at the same time with different treatments. Both may code the treat session in full. Group session of two to six residents with two clinicians can be considered, but its use should be limited.	Co-Treatment - Two clinicians (different disciplines) working together as a team to treat one or more residents cannot each bill separately for the same or different service provided at the same time to the same patient.

Example

PT provides similar therapies to Mr. W, Mr. X, Mrs. Y. and Mr. Z. at the same time, for 30 minutes. Mr. W. and Mr. X.'s stays are covered under the Medicare SNF PPS Part A benefit. Mrs. Y.'s therapy is covered under Medicare Part B, and Mr. Z has private insurance paying for therapy. Based on the information above, how would the therapist code everyone's MDS for this day of treatment?

A: Each resident received 30 minutes of group therapy.

	D. Respiratory Therapy
Enter Number of Minutes	 Total minutes - record the total number of minutes this therapy was administered to the resident in the last 7 days If zero, → skip to O0400E, Psychological Therapy
Enter Number of Days	2. Days - record the number of days this therapy was administered for at least 15 minutes a day in the last 7 days

Respiratory Therapy (RT): Services that are provided by a qualified professional (respiratory therapists, respiratory nurse). RT services are for the assessment, treatment, and monitoring of patients with deficiencies or abnormalities of pulmonary function. RT services include coughing, deep breathing, nebulizer treatments, assessing breath sounds and mechanical ventilation, etc., which must be provided by a RT or trained respiratory nurse.



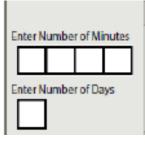
A RT must be proficient in the modalities listed either through formal nursing or specific training and may deliver these modalities as allowed under the state **Nurse Practice Act and** under applicable state laws.

RT:

- Only minutes spent with the resident shall be recorded on the MDS.
 - Includes resident evaluation/assessment, treatment administration and monitoring, and setup and removal of treatment equipment.
 - ◆ Self-administer a nebulizer treatment without supervision of the RT or respiratory nurse is not included in the minutes recorded on the MDS.
 - Do not include administration of metered-dose and/or dry powder inhalers in respiratory minutes.

DSPS Requirements for Respiratory Care Practitioner:

- Pre-Credential Education Information
 - Graduate from a school with a course of instruction in respiratory care approved by the Commission on Accreditation for Respiratory Care (CoARC) or the Joint Review Committee for Respiratory Care (JRCRC).



E. Psychological Therapy (by any licensed mental health professional)

- Total minutes record the total number of minutes this therapy was administered to the resident in the last 7 days
 If zero, → skip to 00400F, Recreational Therapy
- 2. Days record the number of days this therapy was administered for at least 15 minutes a day in the last 7 days



Psychological Therapy: The treatment of mental and emotional disorders using psychological techniques designed to encourage communication of conflicts and insight into problems, with the goal being relief of symptoms, changes in behavior leading to improved social and vocational functioning, and personality growth.

- Psychological therapy may be provided by a psychiatrist, psychologist, or clinical social worker in mental health.
- Psychiatric technicians are not considered to be licensed mental health professionals and their services may not be counted.

DSPS Requirements for Clinical Social Worker:

 Upon completion of education and after receiving certification as an advanced practice social worker or as an independent social worker, engage in at least 3000 hours of supervised clinical social work practice, including at least 1,000 hours of face-to-face client contact and including DSM diagnosis and treatment of individuals.

- Supervised clinical social work hours obtained in another state may be accepted towards the 3000 hours requirement.
- Clinical social work practice must be completed under the supervision of a supervisor approved by the Social Worker section.

- Board reviews application and determines eligibility to sit for the national ASWB exam.
 The exam for this level is called the ASWB Clinical Examination.
- An applicant who is a board-certified diplomat (BCD) of the American Board of Examiners in Clinical Social Work need not take the exam, but the applicant will need to have the Board submit written verification directly to the Social Worker Section.

	F. Recreational Therapy (includes recreational and music therapy)	
Enter Number of Minutes Enter Number of Days	 Total minutes - record the total number of minutes this therapy was administered to the resident in the last 7 days 	
	If zero, → skip to 00420, Distinct Calendar Days of Therapy	
	2. Days - record the number of days this therapy was administered for at least 15 minutes a day in the last 7 days	



Recreational Therapy: Services that are provided or directly supervised by a qualified recreational therapist who holds a national certification in recreational therapy, also referred to as a Certified Therapeutic Recreation Specialist.

Recreational therapy includes, but is not limited to, providing treatment services and recreation activities to individuals using a variety of techniques, including arts and crafts, animals, sports, games, dance and movement, drama, music, and community outings.

Recreation therapists treat and help maintain the physical, mental, and emotional well-being of their clients by seeking to reduce depression, stress, and anxiety; recover basic motor functioning and reasoning abilities; build confidence; and socialize effectively. Recreational therapists should not be confused with recreation workers, who organize recreational activities primarily for enjoyment.

Appendix PP of the State Operations Manual at §483.24 states:

- The activities program must be directed by a qualified professional who is a qualified therapeutic recreation specialist or an activities professional who—
- (i) Is licensed or registered, if applicable, by the State in which practicing; and

- (ii) Is:
 - (A) Eligible for certification as a therapeutic recreation specialist or as an activities professional by a recognized accrediting body on or after October 1, 1990; or
 - (B) Has two years of experience in a social or recreational program within the last five years, one of which was full-time in a therapeutic activities program; or
 - (C) Is a qualified occupational therapist or occupational therapy assistant; or
 - (D) Has completed a training course approved by the State.

Section O0400: RT, Psychological, and Recreational Therapies

Record services when the following are met:

- Physician orders the therapy;
- Order includes a statement of frequency, duration, and scope of treatment;
- Services must be directly and specifically related to an active written treatment plan that is based on an initial eval performed by qualified personnel;

Appendix PP of the State Operations Manual at §483.65 states:

 Specialized rehabilitative services must be provided under the written order of a physician by qualified personnel.

"Qualified Personnel" means a PT, OT, RT, SLP, physician, nurse practitioner, or physician's assistant, who is licensed or certified by the state to furnish therapy services. Qualified personnel may also include a physical therapist assistant (PTA), or an occupational therapy assistant (OTA) when furnishing services under the supervision of a qualified therapist.

Appendix PP of the State Operations Manual at §483.70 states:

- The facility must employ on a full-time, parttime or consultant basis those professionals necessary to carry out the provisions of these requirements.
- Professional staff must be licensed, certified, or registered in accordance with applicable State laws.

"Licensed health professional" as defined at §483.5 is a physician; physician assistant; nurse practitioner; PT, SLP, or OT; PT/OT assistant; registered professional nurse; licensed practical nurse; or licensed or certified social worker; or registered respiratory therapist or certified respiratory therapy technician.

- Where there are differences between federal and state supervision requirements, the requirement with the greater level of supervision will apply.
- Only PT's may supervise PT assistants, and only OT's may supervise OT assistants.
- All SLP services must be provided by a licensed SLP, or by a physician, nurse practitioner, or physician's assistant, who is licensed or certified by the state to furnish therapy services.

Minutes of Therapy:

- Do no include time spent on documentation or initial evaluation.
- Include actual minutes of therapy, do not round to the nearest 5th minute.
- Document different modes of therapy and set up minutes.
- Include only minutes when the resident was living/being cared for in LTC facility.

- Include therapist's time spent on subsequent reevaluations.
- Include time when providing family education when resident is present.
- Include skilled therapy time.
- Include time required to adjust equipment or otherwise prepare the treatment area.
- For purposes of the MDS, when the payer for therapy services in not Med Part B, follow coding for Med Part A.

Days of Therapy:

- Number of days therapy provided in the last seven days
- Must be 15 minutes or more during a day

Start of Therapy:

- Most recent therapy regimen started since entry/reentry
- Initial therapy evaluation is conducted, or date resumed if discharged and then resumed
- A1600 of MDS, was this the day therapy started?
- Applicable for SLP, OT, and PT

End of Therapy:

- Date the most recent therapy regimen ended since the most recent entry.
- Applicable for SLP, OT, and PT

Last day receiving skilled therapy treatment. If ongoing (beyond the ARD) put a dash. Therapy ongoing if:

- Discharged and therapy was planned to continue had the resident remained in the facility,
- SNFs benefit exhausted, and therapy continued to be provided, or
- Residents' payer source changed, and therapy continued to be provided.

Non-Skilled Services:

- Request of the resident or family
- Not medically necessary
- Maintenance programs that do not require any skilled services
- Services provided by therapy aides
- Not counted in item O0400

Therapy Aides:

- Cannot provide skilled services
- Only time spent on set-up preceding skilled therapy may be coded and should be coded under appropriate mode for the skilled therapy in O0400. Aide needs to be under direct supervision of the therapist/assistant.

Medicare Part A Student	Medicare Part B Student
Individual – Supervising therapist/assistant shall not be treating or supervising other individuals and is able to immediately intervene/assist the student as needed.	Individual – Supervising therapist/assistant shall not be engaged in any other activity.
Concurrent – Student is treating one resident while the supervising therapist/assistant is treating another resident with both residents in line of sight of the therapist/assistant or student providing therapy to two residents with same criteria.	Concurrent – Treatment of two or more residents who may or may not be performing the same or similar activity at the same time.

Medicare Part A Student	Medicare Part B Student
Group therapy – Student is providing	Group therapy - Student is providing
the group treatment and the	the group treatment and the
supervising therapist/assistant is not	supervising therapist/assistant is not
treating any residents and is not	engaged in any other activity or
supervising other individuals.	treatment.

Section 00420: Distinct Calendar Days of Therapy

- Number of days therapy received for at least
 15 minutes in the past seven days
- Speech-Language pathology and audiology, OT, or PT
- More than one discipline on a given day counts as one calendar day
- Individual, plus concurrent, plus group minutes to determine if a day was met (SLP/OT/PT)

Section O425: Part A Therapies

- Complete only if this is a SNF Part A PPS discharge assessment
- Review medical record and consult with each of the qualified care providers to collect the information required for this item
- Look back extends from start of Part A stay and finishing on the last day of the Part A stay
- Combined amount of group and concurrent therapy provided, by discipline, cannot exceed 25 percent

Section O425: Part A Therapies

Medicare Part A (SLP and Audiology, OT/PT) A2400B through A2400C.

Concurrent – Treatment of two residents who are not performing the same or similar activities at the same time in line of sight.

Group therapy – Treatment of two to six residents who are performing the same or similar activities and are all supervised by a therapist/assistant who is not supervising any other individual.

Individual – Services are provided by one therapist/assistant to one resident at a time.

Co-treatment – Total number of minutes each discipline of therapy was administered.

Days – Number of days skilled services were provided for at least minutes or more during the day.

Example

Following a bilateral knee replacement, Mrs. G. was admitted to the SNF in stable condition for rehabilitation therapy on Sunday 10/06/19 under Part A coverage. While in the hospital, she exhibited some short-term memory difficulties specifically affecting orientation. She was non-weight bearing, had reduced range of motion, and had difficulty with ADLs. She was referred to SLP, OT, and PT with the long-term goal of returning home with her husband. Her initial SLP evaluation was performed on 10/06/19. She was in the SNF for 14 days and was discharged home on 10/19/2019. Mrs. G received the following rehabilitation services during her stay in the SNF.

Example

- SLP services that were provided over the SNF stay:
 - Individual cognitive training; six sessions for 45 minutes each day.
 - Discharged from SLP services on 10/14/2019.
- How would O0425A1 (individual) be coded?
- O0425A2 (concurrent)?
- O0425A3 (group)?
- O0425A4 (co-treatment)?
- O0425A5 (days)?

Section O430: Distinct Calendar Days of Part A Therapy

- Complete if PPS discharge assessment
- Record the number of calendar days resident received SLP and audiology, OT or PT for at least 15 minutes during stay. A2400B through A2400C.



Section O0450: Resumption of Therapy

Wisconsin doesn't require completion of this section.



Section O0500: Restorative Nursing

- Review restorative nursing program notes and/or flow sheets
- Seven day look back
- At least 15 minutes during the 24-hour period is considered a day
- Doesn't require physician's order
- Doesn't include groups with more than four residents per supervising helper/caregiver

Section 00500: Restorative Nursing

Following are to be met in order to code:

- Measurable objective and interventions in the care plan
- Periodic evaluation by licensed nurse
- Nursing assistants/aides to be trained in the techniques
- RN or LPN must supervise the activities

Section 00500: Restorative Nursing

Techniques:

- Range of motion (passive)
- Range of motion (active)
- Splint or brace assistance

Activities provided by restorative nursing staff.



Section 00500: Restorative Nursing

Training and Skill Practice: -

- Bed mobility
- Transfer
- Walking
- Dressing and/or grooming
- Eating and/or swallowing
- Amputation/prosthesis care
- Communication

Activities including repetition, physical or verbal cueing, and/or task segmentation provided by any staff member under the supervision of a licensed nurse.

Forward Health Update NO. 2022-41

- Fee-for-service basis and through BadgerCare Plus, Medicaid SSI, and other managed care programs
- Group PT added as a covered service
- Effective dates of service on and after April 10, 2022



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https://www.dhs.wisconsin.gov/regulations/nh/r ai-mds.htm

References

- License and compact privilege to practice physical therapy
- Medicare Manual Chapter 8