KEY POINTS

- A physical sample of an actual bug or egg is required to be 100% certain that you have bed bugs
- The most effective inspections are conducted by a qualified pest management professional

Occasionally, you may see evidence of a bed bug infestation without actually seeing any bed bugs. Bed bugs leave fecal stains in the areas they inhabit. These stains are actually partially digested blood, but it will not be red unless you crush a bed bug that has just recently fed. As the blood is digested, it turns black which is why bed bug droppings usually consist of several black spots in one area. The fecal spots will not flake off if rubbed but will smear if wiped with a wet rag.

Fecal spotting tends to appear as not as red blood but instead as dark/black stains or smears from the digested blood that is excreted.