

Wisconsin PRAMS

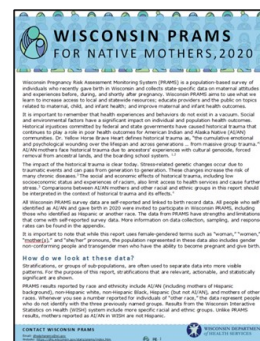
Pregnancy Risk Assessment Monitoring System



Wisconsin PRAMS Quarterly Newsletter—Spring 2025

New Report: *PRAMS for Native Mothers, 2020*

In May 2025, we published a new report about the experiences of Native mothers before, during, and after pregnancy. This report, [*PRAMS for Native Mothers, 2020, P-02500a \(PDF\)*](#), was created in collaboration with the Great Lakes Inter-Tribal Epidemiology Center. Topics in the report include pre-pregnancy health, stressful life events, health care access, health during pregnancy, breastfeeding, infant sleep, mental health, parental leave, and experiences during the COVID-19 pandemic.



New Breastfeeding Data

In April 2025, the Wisconsin Chronic Disease Prevention Program released a new report, [*2025 Wisconsin Breastfeeding Landscape, P-03717 \(PDF\)*](#). This report includes data from Wisconsin PRAMS, vital records, Wisconsin WIC (Women, Infants and Children Supplemental Nutrition Program), and the Maternal Practices in Infant Nutrition and Care (mPINC) survey. Topics in the report include hospital practices, breastfeeding initiation and duration, and reasons for stopping breastfeeding.



Accessing PRAMS Data

Contact Wisconsin PRAMS at DHSDPHPRAMS@dhs.wisconsin.gov with any requests or questions about data access!

Aggregate data or presentation

If you would like to request aggregate data or a presentation using PRAMS data, please email Wisconsin PRAMS with the details of your request. Aggregate data requests may require Division of Public Health Data Governance Board approval.

Research file

If you would like to access the PRAMS research file for your own analysis, please email Wisconsin PRAMS to request an application. Your completed application will be reviewed by the Division of Public Health Data Governance Board. Upon approval, a Data Use Agreement will be drafted granting you access to PRAMS data for your stated purpose.

National PRAMS data

The CDC (Centers for Disease Control and Prevention) provides the option to download PRAMS data across multiple jurisdictions. To access these data, you will need to fill out a form and create an online account. More information can be found on the [CDC PRAMS website](#).



Data Highlight: Perinatal Mental Health

For mothers experiencing perinatal mood and anxiety disorders, it is important that they are connected to supports and resources. Qualitative data—including stories from mothers about their mental health—can help us to better understand their experiences and needs.

19% of Wisconsin mothers experienced depression during their pregnancy (2022).

9% of Wisconsin mothers reported depressive symptoms after their pregnancy (2022).

“ During my most recent pregnancy, I dealt with a lot of anxiety. This anxiety stemmed from me having a miscarriage months before being pregnant with my most recent baby. I had a fear that it would happen again, which made my most recent pregnancy stressful and not fun.

—PRAMS participant

Some mothers described the need for timely follow-up from providers.

“ When I went into labor, nurse asked if I thought of suicide in the last 2 weeks. I said yes. Although I'm aware of it and the resources, I wish someone could've followed up with separately after giving birth while I was still in the hospital. I was aware of "baby blues" during the first two weeks of post partum, but it took a bit before I called and spoke to a nurse about post partum depression/anxiety.

—PRAMS participant

“ When I thought I was experiencing post partum depression and reached out to my [primary care provider] they told me they'd have a nurse call me back and it took an entire week.

—PRAMS participant

Some mothers described how leave policies impacted their mental health.

“ We really couldn't afford to have me be off for twelve weeks but as a first time mom I wanted all the time I could with my baby. I wish I had more time off. I have anxiety of paying back my hospital bills and childcare.

—PRAMS participant

“ My husband had private leave for four months and it really gave me a very different experience with bonding and with mental health.

—PRAMS participant

We want to hear from you!

We are always looking for ways to bring PRAMS data to action. If you are interested in using PRAMS data for your program, we are happy to work together to help meet your needs. Please feel free to email us if you have any questions, ideas, or data needs!

Contact us

Email: DHSDPHPRAMS@dhs.wisconsin.gov

Website: dhs.wisconsin.gov/stats/prams/index.htm



PRAMS website



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