



State of Wisconsin

Wisconsin Council on Mental Health
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Meeting of the Wisconsin Council on Mental Health (WCMH)

January 17, 2018 from 10:00 am to 3:30 pm

Division of Vocational Rehabilitation at 1801 Aberg Avenue, Madison, WI and Via Conference Call

MEETING MINUTES

Members of the WCMH in Attendance: Mishelle O'Shasky, Beth Clay, Kimberlee Coronado, Bonnie MacRitchie, Sheli Jo Metzger, Karen Iverson-Riggers, Matt Strittmater (via teleconference), Amy Polsin (via teleconference)

Department of Health Services (DHS) Staff in Attendance: Holly Audley, Kenya Bright, Kay Cram, Ryan Stachoviak

1. Call Meeting to Order

Review and approval of the minutes of November 15, 2017

No vote was taken on the minutes as there was not quorum at the time.

Announcements: Opportunity for Council members to make general announcements

M. O'Shasky announced that she had participated in an interview on local Wisconsin Rapids television, discussing advocacy. The Council was discussed during that interview. That interview can be viewed online: <https://www.youtube.com/watch?v=CnenWDN73e8&t=48s>. K. Coronado announced that Channel 58 is doing a piece on the children's waitlist, and the Office of Children's Mental Health has participated in an interview as part of it.

Public Comment

No public comment was made.

2. WCMH Strategic Planning

K. Iverson Riggers reviewed the Council's recent strategic planning efforts and introduced plans for conducting strategic planning in 2018, stating that the current meeting could be used to focus in on efforts for the coming years. Members of the Council reviewed and discussed WCMH highlights of 2017.

Members of the WCMH discussed the core areas of focus, scope, and role of the Council. Discussion also centered on the capacity and bandwidth of the Council and how this impacts the ability of the Council to take on various topics and issues.

There were several key areas identified by the WCMH through the previous strategic planning efforts: Access, Quality and Evidenced Based Practices, Early Intervention and Prevention, Workforce Development, Advocacy and Stakeholder input, Council Infrastructure, and Integration of Mental Health and Substance Use.

B. Clay suggested that the Council consider what a 'deep dive' into a topic would conceptually look like for the WCMH. What would the structure be like? Who needs to be at the table? B. MacRitchie discussed Children and Youth Committee methods that have been successful.

K. Cram offered that one of the largest barriers among Counties is workforce. B. Buffington noted that in schools people often place a focus on direct service. However, this model is often not sustainable. Investing resources at the universal level, impacting all kids regardless of label, can be more effective and all children receive the benefits. K. Iverson Riggers voiced support for addressing Council infrastructure in year one. Members of the WCMH, through an interactive vote, indicated those areas of priority for the Council to address in the coming years.

Based on the voting Early Intervention and Prevention was selected as the year one area of focus for the WCMH's efforts. The members of the WCMH discussed the potential of also addressing the Council's infrastructure. Membership is an ongoing concern, especially in light of the Council's limited capacity. Members discussed opportunities for engaging members who are not in attendance and how the Council can improve overall attendance and involvement. Additional efforts could center on orientation and onboarding for new Council and committee members. Members agreed to also address Council Infrastructure in 2018 as well.

Members of the WCMH determined to address Quality and Evidence Based Practices in year two, and Integration of Mental Health and Substance Use Disorder in year three. K. Iverson Riggers volunteered to pull together a write-up of the plan.

The WCMH developed a draft outline of how to address Council Infrastructure in 2018:

- Orientation and onboarding
 - Establish a process
 - Establish expectations
 - Develop robust resources
- Establish what a 'deep dive' looks like, develop a framework, who are the parties involved, and what are the outcomes the group is looking for
- What is the scope of the WCMH
 - Mission and Authority
 - Sphere of influence
- Pull together information regarding how the WCMH can provide feedback and input
 - History of the Community Mental Health Services Block Grant (MHBG)
 - Revisit the WCMH basics annually
 - How the WCMH provides input on the MHBG and the budget
 - How does the WCMH incorporate past WCMH positions and motions

- Council/Committee structure
- Strategy for membership
 - Recruitment
 - Participation
 - Coordination with the Governor’s Office
- Technology options
 - Are there means to increase engagement
- How can the WCMH collaborate with other groups such as the State Council on Alcohol and Other Drug Abuse and the Governor’s Council for People with Disabilities

B. Buffington suggested developing a survey to gather information from the members of the WCMH regarding what types of information would be helpful in this process and other suggestions for improving and formalizing Council infrastructure. This survey could also collect information regarding other groups that members of the Council are involved on. B. MacRitchie discussed CYC efforts around strategic planning and addressing legislation. The CYC had tackled School Mental Health as a topic this past year. Members of the CYC would take on the role of lead for various projects to spread the work around.

The WCMH developed a draft outline of how to address Early Intervention and Prevention in 2018:

- Positions papers
- An understanding of current programs
 - What is the landscape
- Best practices
 - Frameworks of practice
 - Areas of best practice
- Engagement with others that are doing this work
- How to fund and sustain
- Advocacy

B. Clay suggested that the Nominating Committee could review and discuss membership and attendance before the next Council meeting. J. Stephens recommended Kumu as a tool that may be beneficial for the group to utilize in the group efforts. R. Stachoviak and J. Stephens will work to pull together a list of other groups that the WCMH may want to consider collaborating with. The WCMH will discuss a strategy for Council membership and onboarding at a future meeting. B. MacRitchie volunteered to be involved in future discussions regarding measuring Council outcomes. M. O’Shasky, K. Coronado, S. Metzger, and L. Collins-Worachek volunteered to participate in a workgroup to better define the WCMH scope. The Executive Committee will address issues of committee structure.

3. Working Lunch

4. WCMH Committee Reports, Discussion, and Consideration of Motions

Executive Committee

K. Iverson Riggers provided an update on recent Executive Committee work. The Committee has had discussions regarding committee challenges, bringing the right people to the table and increasing overall committee and Council engagement. The Executive Committee recommends continued discussion regarding the Adult Quality Committee (AQC) at the March Executive Committee and Council meeting. The Executive Committee also plans to look more into the work being done by each committee and looking at where there is overlap and potential duplication of effort. The Committee also continues to discuss the fall tour and new ideas of how to coordinate the visit by having a Council member 'host' for each organization that the group reaches out to. The Committee had discussions regarding the Second Chance Act and determined it was appropriate to provide testimony on the current bill in-line with the previous Council motion providing support for the legislation in the previous legislative session. This did bring up discussions regarding how to incorporate and balance past Council positions and motions as well as how to address issues or topics that cross the scopes of multiple committees. These are areas for future discussions.

Criminal Justice Committee (CJC)

Motion: Support SB393, regarding pregnant women in correctional facilities

M. O'Shasky introduced the motion from the CJC. There are a wide array of policies and procedures across the state on how to treat pregnant women in correctional facilities. The CJC is in favor of the bill as it would standardize policy regarding shackling pregnant women. However, the bill does contain language regarding shackling being at the discretion of the person with custody. The bill does not address who that person is and the range of discretion. Members of the WCMH noted that they had many questions about the legislation and felt they needed more information to make an informed decision on supporting the motion. Including data regarding these topics would help augment the argument. It would also be helpful for the CJC to provide additional comment on the language used in the bill, what provisions the CJC is in support of and those provisions that could use improvement. Members of the Council suggested that there may be opportunities to have committee's share quality motion examples, and provide training or guidance to other committees.

The WCMH determined that it will postpone addressing the motion, request additional information and clarification from the CJC in order to address the motion at a future WCMH meeting.

Motion: Support SB550, regarding raising the criminal juvenile age to 18

K. Iverson Riggers noted that discussion was held on this bill at the Executive Committee meeting. It was determined to provide Council feedback based on the previous Council support for the legislation. The legislation was previous introduced in the last legislative session; however funding was not included in that legislation, something the WCMH advocated for during that session. These discussions also did lead

to questions regarding the overlap of the committees (in this case CYC and CJC). Also, how does legislation need to differ from previously acted upon legislation to apply that previous motion or action.

Members discussed the current motion on hand from the CJC. M. O'Shasky noted that juvenile justice is an area that the CJC does not feel they have particular expertise in. It would be helpful to gain input or membership from other organizations that work more closely with the juvenile population. B. MacRitchie discussed that while the CYC has interest in discussing areas related to juvenile justice the CYC may not have the expertise nor the current bandwidth to address such issues.

Members of the Council stated that they would like additional information regarding the motion to better define the issue and the impacts of the legislation. The WCMH determined that it will postpone addressing the motion, request additional information and clarification from the CJC in order to address the motion at a future WCMH meeting.

Legislative and Policy Committee (LPC)

The LPC is planning to address state budget recommendations at upcoming meetings. The LPC is also looking at addressing committee membership. Additional efforts will be spent to review options for creating position or white papers in the future. K. Iverson Riggers requested that if any members of the WCMH had ideas they could be shared with her and LPC Co-Chair Crystal Hester. The LPC also had discussed Lincoln Hills/Copper Lake. K. Coronado, B. Buffington, and Joanne Juhnke testified regarding the Teacher Protection ACT.

The LPC had intended on bringing a motion regarding limited release of mental health information of children in the foster care system. There were concerns on how this would impact parental rights. The motion may be brought to a future Council meeting. The LPC continues to have discussions regarding Peer Run Respite and legislation to address zoning. There is work being done to reintroduce this legislation as there are concerns without additional legislation new Peer Run Respite will continue to run into problems.

M. O'Shasky appointed Martina Gollum-Graves to the LPC as an alternative representative for Mental Health America-Wisconsin.

Motion: Support for the reauthorization of the Children's Health Insurance Program (CHIP)

K. Iverson Riggers introduced a motion from the LPC to support the prompt federal reauthorization and full funding of the Children's Health Insurance Program (CHIP). In Wisconsin, funding for the Children's Health Insurance Program (CHIP) supports approximately 117,700 children who get health care benefits through the state's BadgerCare program, which Medicaid and CHIP both fund. Together, Medicaid and CHIP provide health care and long-term supports to one in three Wisconsin children. CHIP helps ensure that these children can get important health services including behavioral health treatment. In Wisconsin, nearly two of every three (63%) of children who access mental health services use publicly-funded services like CHIP and BadgerCare. If Congress fails to renew funding for the CHIP Wisconsin will face a \$135 million budgetary hole requiring the state to fill by raising taxes or cutting services.

Motion to support the prompt federal reauthorization and full funding of the Children's Health Insurance Program (CHIP) carried unanimously.

Motion: Support LRB-5169, regarding operating a text-based suicide prevention service

K. Iverson Riggers introduced a motion from the LPC to support funding for Hopeline. Hopeline is a social-emotional support texting service that is affiliated with the national 741741 Crisis Text Lines. Hopeline utilizes highly trained volunteers, many of whom are in social work and counseling programs in Wisconsin, to respond to texts. The nature of the service and the capabilities of the associated software allow responders to quickly and easily obtain consultation from more experienced clinicians who are able to view the entire text conversation. Hopeline in Wisconsin was previously funded through the Garret Lee Smith Grant.

Motion to support funding for Hopeline carried. B. Clay, K. Iverson Riggers, B. MacRitchie abstained.

K. Iverson Riggers discussed opportunities for the WCMH to request a study from the Legislative Council. The CYC has had discussions regarding submitting an application. Phil Robinson from CYC and Crystal Hester from LPC have voiced their willingness to put together a study proposal regarding the Mental Health workforce shortage. The application deadline is January 29th. Through the process the Legislative Council would want input from the Council and its committees. As this is a strategic priority for the Council this study could be a key factor in this effort to address the application would address the MH workforce shortage. The application would discuss lack of diversity, geographical disparity, reimbursement rates, aging workforce, practice environments that create turnover and difficulty hiring. The proposal would look to address workforce across the continuum of care including psychiatrists, Certified Peer Specialists and so forth.

K. Iverson Riggers moved that the WCMH submit a study proposal to the Legislative Council as discussed.

B. MacRitchie seconded the motion.

Motion carried unanimously.

K. Iverson Riggers will send additional information regarding this process out to the Council. B. Clay suggested that opportunities through the Legislative Council be added to the list of ways the Council can advocate.

Children and Youth Committee (CYC)

B. MacRitchie provided an update on recent CYC efforts. The CYC has had discussions regarding meeting frequency and has decided to move to a meeting schedule of every other month. This will allow for a more thoughtful planning of meetings and allow members to work on various projects in the interim. The CYC also recently reviewed the Committee's accomplishments in 2017. At recent meetings the group has had discussions on the Second Chance Act, Copper Lake/Lincoln Hills, and Youth Crisis Stabilization Facilities. The next CYC meeting will be held in February.

Nominating Committee

K. Iverson Riggers provided an update. Dori Richards has informed the Chairs that she plans to resign from the Council. The Nominating Committee has had four recent Council applicants, three of which have been interviewed. The Committee plans to continue reviewing Council membership and attendance.

5. Break

6. Division of Care and Treatment Services (DCTS) Briefing and Updates

H. Audley provided an update on efforts around a Youth Crisis Stabilization Facility. The DCTS is currently working on developing an emergency rule to enable implementation as well as a permanent rule. The initial effort is a proof of concept. There is also work to develop an advisory committee to provide feedback on the process. Through the rule making process the DCTS is only allowed three advisory committee meetings. As such a proposal is being developed to allow for people to respond to the plan. The advisory committee meetings will be open to the public and there are opportunities for public comment at every meeting.

K. Cram provided an update on Certified Peer Specialist training. The State is currently sponsoring trainings across the state. Organizations can also sponsor their own trainings. There is information regarding the current trainings on the Wisconsin Peer Specialist Employment Initiative website: <http://www.wicps.org/>. Members of the Council suggested that additional information online or webinars regarding trainings, training infrastructure, and overall program efforts would be beneficial. It is also hoped that the WICPS website can be a conduit to connecting Certified Peer Specialists with potential employers.

7. Call for future WCMH agenda items

- Future agenda items that were noted:
 - Early Intervention and Prevention
 - Continued discussion on Council infrastructure
 - Role of the Adult Quality Committee

8. Adjourn

Meeting adjourned at 3:20pm.