

Slide 1: More WIC Foods



More WIC Foods

Slide 2: Introduction



Sometimes WIC customers have checks with foods that aren't found in every store. You'll need your WIC Approved Foods booklet again as we look at some foods that are bought less often.

Slide 3: Which Organic Food?



Which one category allows organic foods?

- A) Fruits and Vegetables
- B) Juice
- C) Beans/Peas/Lentils
- D) Cereal
- E) Milk
- F) Eggs



Look in the WIC Approved Foods Booklet. Which one category allows organic foods?
Fruits and Vegetables.

Slide 4: Organic Feedback



WIC customers are allowed to purchase organic fruit and vegetables. Because the check has a maximum value, WIC customers may choose the more expensive organic fruit and vegetables and receive a smaller quantity. Organic foods are not allowed in other categories like milk and eggs.

Slide 5: Calcium Juice



Now turn the page to the 100 percent juice section. Occasionally a WIC customer will have a check that includes the refrigerated cartons of calcium-added juice. Look for information on the label that tells you calcium has been added. It's OK if Vitamin D or other vitamins are added. The flavors of calcium added juices are listed in your food booklet.

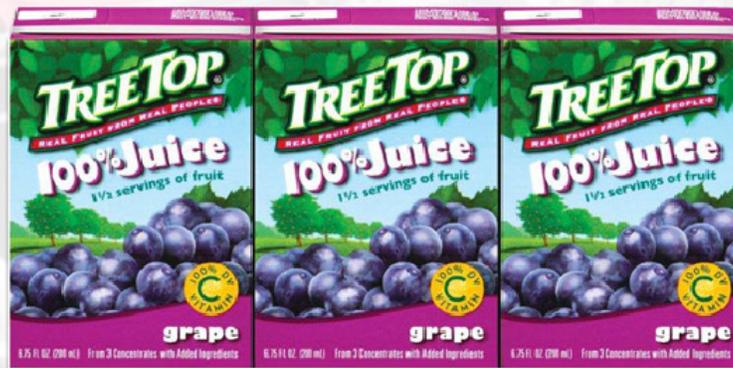
Slide 6: Which Juice Box?

Click on the image of the juice box that is allowed.

Correct.
Only Juicy Juice brand is allowed.



Incorrect.
Only Juicy Juice brand is allowed.



Click on the image of the brand of juice box that is allowed.

Slide 7: Juice Box Size.



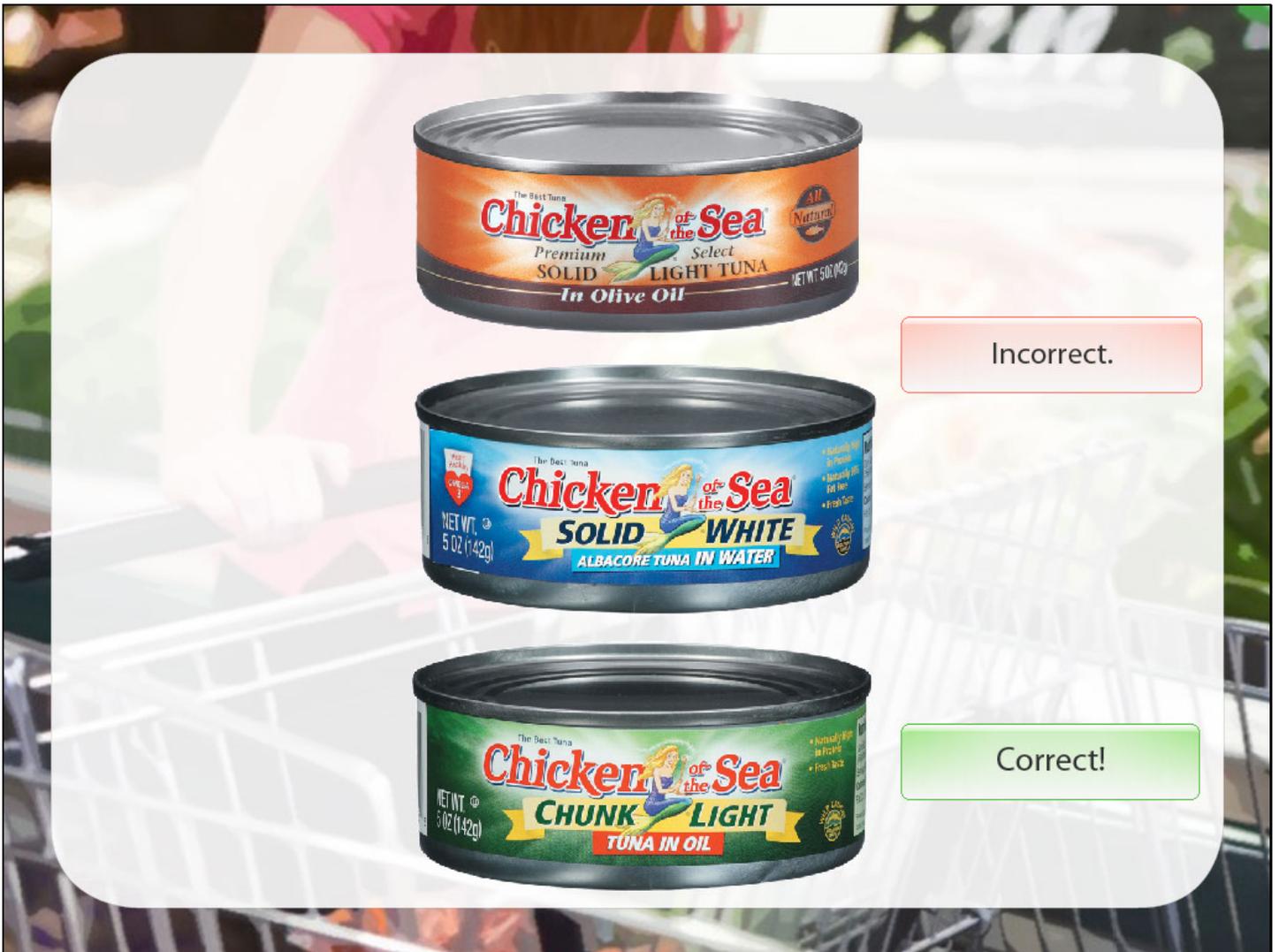
The image shows a box of Nestlé Juicy Juice, Apple flavor, 8-pack. The box is green and yellow, featuring the Nestlé logo and the text "Juicy Juice", "ALL NATURAL", "100% JUICE", and "APPLE". It also includes a "Great for Toddlers!" logo and a "BOX TOPS FOR EDUCATION BRAND" logo. The box is set against a background of a shopping cart filled with produce.

Below the box, there is a form with a text input field, the label "Ounces/oz", and a "Submit" button. The input field contains the value "4.23".

4.23 oz boxes are allowed.

What size of Juicy Juice is allowed? 4.23 oz.

Slide 8: Tuna Click Box



Turn to the page with beans, peanut butter, and canned fish. Some WIC customers will be buying tuna or pink salmon. It can be packed in oil or water. Click on the picture of tuna that is allowed.

Slide 9: Different Milk



Now go to the milk section. You may see some WIC checks with other types of milk on them. It could be lactose free, evaporated, or dry milk powder. WIC customers may choose only the type of milk printed on the check in the container size specified.

Slide 10: Soy Milk



Let's look at the soy milk section for the allowed brand and types. Click on the carton of soy milk that WIC customers are allowed to buy.

Slide 11: Baby Food Jars

Is a jar of vegetables and chicken allowed?

- A) Yes
- B) No

Submit



Turn to the Infant Meats in the Infant Foods section. Is a jar of vegetables and chicken allowed?

Slide 12: Closing



Remember to review the information on the check and in the foods booklet whenever you have questions about WIC approved foods.

Slide 13: Completed



You have completed "More WIC Foods"

Slide 14: Table of Contents



Table of Contents

Click on a topic to continue.

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- 3. More WIC Foods (Optional)
- 4. Understanding WIC Checks
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